



International Powerlifting Federation (IPF)
North American Powerlifting Federation (NAPF)
Aruba Powerlifting Federation (APF)

NAPF

Official Invitation

The International Powerlifting Federation and the North American Powerlifting invite all lifters to the

NAPF North American Regional Bench Press Championships

October 26 – 27, 2006 – Oranjestad, Aruba [Dutch West Indies]

Championship Director: William Woodley – wew_aaa@hotmail.com or telephone: +297-563-2797

Championship Sec: Robert Keller - rhk@verizon.net or telephone: 954.790.2249 / Fax: 954.301.3344

Technical Secretary: Bill Clayton – clayton@ptd.com

Contest Organizer: William Woodley – wew_aaa@hotmail.com or telephone: +297-563-2797

Contest Format: Standard IPF weight classes/age groups [Open, Junior, 40+, 50+, and 60+]

Awards: Medals for 1st, 2nd and 3rd place for each weight class in the open, junior and master categories. Best Lifter Awards will be given to the best overall male and female lifter according to the Wilks Formula. Trophies will be awarded to the top three men and women's teams, and certificates will be given to all participants.

Organizer: Aruba Powerlifting Federation

City: Oranjestad, Aruba

Date of Event: Friday to Saturday, October 26-27, 2007

Venue: Holiday Inn Sunspree Hotel – Oranjestad

Hotel: Holiday Inn Sunspree Hotel - Oranjestad

Hotel Rates: Rate \$ 125.00 per night (double occupancy) - Room rate includes Breakfast, Room and Taxes. For arrangements and other services contact Sherry Arrindell: netesha10@hotmail.com or telephone: +297-592-7487

Hotel bookings: All team members are responsible for their hotel expenses. The organiser of this event will not pay for any hotel accommodations. **Please make you reservations by no later than September 20, 2007, in order to receive the discounted rate.**

Airport: Queen Beatrix International Airport – Oranjestad, Aruba

Transport: From Airport to the hotel will be provided - \$10.00 each way.

Scales: Scale will be available at the championship site and *Holiday Inn Sunspree Hotel*

National Flag: Each nation must provide its national flag - Approximate size 1.5 m x 1.0 m.

National Anthem: Each nation must also provide its national anthem on an audiocassette tape or CD.

Organising-fee: \$20.00 per lifter (USD) – *Payable to Championship Director*

Anti-Doping Fee: \$30.00 per lifter (USD) – *Payable to NAPF*

Drug-Waiver Form: Each lifter will be required present the IPF Doping form at the weigh-in.

Spectator Fee: Free Admission

Technical Meeting: Friday, October 26, 2007 at 1:00 pm (location TBA)

Opening Ceremony: Saturday, October 27, 2007 at 8:00am

Web-site Info: <http://www.usapowerlifting.com/IPF-NorthAmerica>

Provisional Timetable of Events

Date	Event Time	Classes	Start time
Friday, October 26, 2006	Technical Committee Meeting		1:00pm
Saturday, October 27, 2007	Open Ceremony		8:00am
Saturday, October 27, 2006	Weigh-in: All Women + Men 52kg to 82.5kg		9:00am
Saturday, October 27, 2006	Lifting: All Men 52kg – 82.5kg		11:00am
Saturday, October 27, 2006	Victory Ceremony/Drug-testing Protocol		1:00pm
Saturday, October 27, 2006	Weigh-in: All Men 90kg to +125kg		12:00pm
Saturday, October 27, 2006	All Men 90kg – 125+kg		2:00pm
Saturday, October 27, 2006	Victory Ceremony/Drug-testing Protocol		5:00pm
Saturday, October 27, 2006	Championship Banquet		8:00pm

Important Note: Changes may occur to the timetable of events. All changes will take place at the technical meeting.

Dr. Larry Maile
President, NAPF

William Woodley
President, APF

Bill Clayton
Tech. Secretary

Robert Keller
General Secretary, NAPF



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Official Nomination Form

The International Powerlifting Federation and the North American Powerlifting invite all lifters for the
NAPF North American Regional Bench Press Championships
October 26 – 27, 2006 – Oranjestad, Aruba [Dutch West Indies]

<u>Preliminary: August 29, 2007</u>	<u>Not participating: August 29, 2007</u>	<u>Final: September 28, 2007</u>
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The preliminary and final nomination forms must be sent to:
 Robert Keller – rhk@verizon.net Home Telephone: 954.790.2249 / Fax: 954.301.3344
 William Woodley – wew_aaa@hotmail.com or telephone: +297-563-2797 / Fax: +297-585-3575

Submitted by _____ National Powerlifting Federation/Association

Submitting officer: _____ Title: _____ Date: _____

Team Manager : _____ Coach: _____

Referee 1 : _____ Cat : _____ Available for categories: _____

Referee 2 : _____ Cat : _____ Available for categories: _____

Referee 3 : _____ Cat : _____ Available for categories: _____

Total number of lifters: _____ Total amount of _____ Arrival _____ Flight/train/car

Arrival time: _____ On airport/station: _____ Flight nr: _____

Departure time: _____ Time: _____ Flight nr: _____

We need rooms: _____ **Single** – from – to: _____ **Double** – from – to: _____

Nominations – Mens Open

Class	Name	Birth Date	Best Bench	International Titles

Reserve Lifters – Mens Open

***Personal best bench during the past 12 months performed at a national or international championship.**



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Nominations - Men 40+

Class	Name	Birth Date	Best Bench	International Titles

Reserve Lifters – Men 40+

Nominations - Men 50+

Class	Name	Birth Date	Best Bench	International Titles

Reserve Lifters – Men 50+

*Personal best bench during the past 12 months performed at a national or international championship.



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Nominations – Women’s Open

Class	Name	Birth Date	Best Bench	International Titles

Reserve Lifters – Women’s Open

Nominations - Women 40+

Class	Name	Birth Date	Best Bench	International Titles

Reserve Lifters – Women 40+

*Personal best bench during the past 12 months performed at a national or international championship.



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Nominations - Women 50+

Class	Name	Birth Date	Best Bench	International Titles

Reserve Lifters – Women 50+

***Personal best bench during the past 12 months performed at a national or international championship.**

FEDERATION OFFICIALS/COACHES

(Maximum three [6] Referees & [3] Coaches per Country)

Additional coaches' passes will be available for purchase from the contest director.

Name [complete]	Federation Title

Authorizing Federation Agent/Officer

Name: _____ Street: _____ Zipcode: _____

City: _____ Country: _____ Tel./fax: _____

Fax: _____ E-mail: _____

