

International Powerlifting Federation (IPF)
North American Powerlifting Federation (NAPF)
Aruba Powerlifting Federation (APF)

Official Invitation

The International Powerlifting Federation, the North American Powerlifting Federation, and the Aruba Powerlifting Federation invite all lifters to the:

6th Annual Men/Womens North American Regional & 3rd Men/Womens Tournament of the Americas Open Powerlifting Championships June 18 - 21, 2008 ~ Oranjestad, Aruba [Dutch West Indies]

Contest Director: William Woodley wew_aaa@hotmail.com or Tel: +297-563-2797
Championship Sec: Robert Keller - rhk@verizon.net or Tel: 954.790.2249 / Fax: 954.301.3344
Technical Secretary: Bill Clayton - claytonw@ptd.net or Tel: 908.496.4172
Contest Format: Standard IPF weight classes and categories [Open, Junior and Master]

Awards: Medals for 1st, 2nd and 3rd place for each weight class in the Open category. Junior and master age groups will be divided into categories based on the number of final entries. The placing in the Junior/Master groups will be determined by Wilks Formula. Outstanding lifter awards will be given to the best overall athletes in the Open, Junior and Masters categories, according to the Wilks Formula. Individual medals for the squat, bench press, and deadlift will be given to the top three places in each weight class for the OPEN division only. Trophies will be awarded to the top three teams in the Open, Junior and Master categories, and participation diplomas/certificates will be awarded to all participants that take part in the championship.

Organizer: Aruba Powerlifting Federation (APF)
City: Oranjestad, Aruba
Date of Event: Wednesday to Sunday, June 18 – 21, 2008
Lifting Venue: Frans Figaroa National Sports Complex – Oranjestad, Aruba
Hotel: Holiday Inn Sunspree Hotel – Oranjestad
Hotel Website – <http://www.aruba.sunspreehotels.com/>
Hotel Rates: \$123.00 per night for single, \$139.00 per night for a double, and \$169.00 per night for a triple. Each of the three [3] prices includes the cost of the room, all taxes, and complete buffet breakfast. Also, if a less expensive hotel is required, please contact William Woodley.
Hotel bookings: All team members are responsible for their hotel expenses. The organiser of this event will not pay for any hotel accommodations. **Please make your reservations by no later than June 01, 2008, in order to receive the discounted rate.**
Airport: Queen Beatrix International Airport – Oranjestad, Aruba
Transport: Transport from the Airport to the hotel will be provided - \$10.00 each way. Please send your arrival and departure information with your nomination form.
Scales: Scale will be available at the championship venue and *Holiday Inn Sunspree Hotel*
National Flag: Each nation must provide its national flag - Approximate size 1.5 m x 1.0 m.
National Anthem: Each nation must also provide its national anthem on an audiocassette tape or CD.
Participation Fee: \$50.00 per lifter (USD) – **Payable to NAPF**
Anti-Doping Fee: \$25.00 per lifter (USD) – **Payable to NAPF**
Drug-Waiver Form: Each lifter will be required present identification and IPF Doping Release Form at the weigh-in. Doping Forms distributed at the Technical Meeting.
Spectator Fee: Free Admission
Technical Meeting: Wednesday, June 18, 2008 / Holiday Inn
Opening Ceremony: Thursday, June 18, 2008 @ 9:00am
Banquet Tickets: To be announced at a later date.
NAPF Web-site : <http://www.usapowerlifting.com/IPF-NorthAmerica>

Provisional Timetable of Events

<u>Date</u>	<u>Event Title</u>	<u>Start time</u>
Monday, June 16, 2008	Delegation Arrivals/ Athlete Accreditation	8:00am
Tuesday, June 17, 2008	Media Press Conference	10:00am
Tuesday, June 17, 2008	Athlete Accreditation	12:00am
Wednesday, June 18, 2008	Seminar – Organization Development	10:00am
Wednesday, June 18, 2008	Lunch	12:00pm
Wednesday, June 18, 2008	6 th NAPF Regional Congress	1:00pm
Wednesday, June 18, 2008	Coffee Break	3:00pm
Wednesday, June 18, 2008	Technical Committee Meeting	4:00pm
Wednesday, June 18, 2008	Referee Meeting / Assignments	5:00pm
Wednesday, June 18, 2008	Early Equipment Check – Thursday Lifters	6:00pm
Wednesday, June 18, 2008	Media Press Conference	6:00pm
Thursday, June 19, 2008	Opening Ceremony	9:00am
Thursday, June 19, 2008	All Women (Session Times - Technical Meeting)	10:00am
Thursday, June 19, 2008	Victory Ceremony/Drug-testing Protocol	5:00pm
Thursday, June 19, 2008	Media Press Conference	5:30pm
Thursday, June 19, 2008	Early Equipment Check – Friday Lifters	6:00pm
Friday, June 20, 2008	All Men 52kg – 82.5kg (Session Times TBA)	9:00am
Friday, June 20, 2008	Victory Ceremony/Drug-testing Protocol	5:00pm
Friday, June 20, 2008	Media Press Conference	5:30pm
Friday, June 20, 2008	Early Equipment Check – Saturday Lifters	6:30pm
Saturday, June 21, 2008	All Men 90kg – 125+kg (Session Times TBA)	9:00am
Saturday, June 21, 2008	Victory Ceremony/Drug-testing Protocol	5:00pm
Saturday, June 21, 2008	Closing Ceremony	5:00pm
Saturday, June 21, 2008	Media Press Conference	5:30pm
Saturday, June 21, 2008	Championship Banquet @ Holiday Inn Hotel	7:00pm
Sunday, June 22, 2008	Sightseeing Tour of Aruba	9:00am
Monday, June 23, 2008	Departure of all Delegations	9:00am

Notes:

Changes may occur to the timetable of events. All changes will take place at the technical meeting that will be held on Wednesday, June 18, 2008.

The Holiday Inn Sunspree Hotel is just ten minutes from the Queen Beatrix International Airport and is located in one of the most popular areas of Oranjestad with shopping, restaurants, and night-time entertainment within walking distance.

It will be mandatory that all athletes have their National Warm-up/Track Suit on at all award presentations.

Dr. Larry Maile
President, NAPF

Nestor Gregory
Vice-President, NAPF

Robert Keller
General Sec., NAPF

Bill Clayton
Tech. Sec., NAPF



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Nominations – Mens Junior

Class	Name (complete)	Birthday	Squat	Bench	Deadlift	TOTAL	Titles

Reserve lifters: (Maximum five [5] per team)

Class	Name (complete)	Birthday	Squat	Bench	Deadlift	TOTAL	Titles

Nominations – Mens 40+/50+/60+

Class	Name (complete)	Birthday	Squat	Bench	Deadlift	TOTAL	Titles

Reserve lifters: (Maximum five [5] per team)

Class	Name (complete)	Birthday	Squat	Bench	Deadlift	TOTAL	Titles



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Nominations – Womens Open

Class	Name (complete)	Birthday	Squat	Bench	Deadlift	TOTAL	Titles

Reserve lifters: (Maximum five [5] per team)

Class	Name (complete)	Birthday	Squat	Bench	Deadlift	TOTAL	Titles

Nominations – Womens Junior

Class	Name (complete)	Birthday	Squat	Bench	Deadlift	TOTAL	Titles

Reserve lifters: (Maximum five [5] per team)

Class	Name (complete)	Birthday	Squat	Bench	Deadlift	TOTAL	Titles



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Nominations – Womens 40+/ 50+

Class	Name (complete)	Birthday	Squat	Bench	Deadlift	TOTAL	Titles

Reserve lifters: (Maximum five [5] per team)

Class	Name (complete)	Birthday	Squat	Bench	Deadlift	TOTAL	Titles

FEDERATION OFFICIALS/COACHES

(Maximum six [6] Referees & [3] Coaches per Country)
 Additional coaches' passes will be available for purchase from the contest director.

Name [complete]	Federation Title

Authorizing Federation Agent/Officer

Name: _____ Street: _____ Zipcode: _____
 City: _____ Country: _____ Tel./fax: _____
 Fax: _____ E-mail: _____

