

**North America Powerlifting Federation**  
**7th Caribbean Islands Powerlifting Championships, USA, Orlando, Fla, 01-06.07.2013**  
**Nominations on 25 of June 2013**

Name/Firstname/B.Year	Nation	Squat	Bench press	Dead lift	Sum	Total
<b>Open</b>						
<b>- 47 kg</b>						
1 Vasquez Sique Maria Luisa /83	Puerto Rico	167.5	90.0	152.5	410.0	410.0
<b>- 52 kg</b>						
1 Baez Frances /88	Puerto Rico	125.0	65.0	130.0	320.0	320.0
<b>- 57 kg</b>						
1 Tapia Jannitzzi /94	Puerto Rico	132.5	65.0	140.0	337.5	337.5
<b>- 63 kg</b>						
1 Diaz López Rebeca /85	Puerto Rico	152.5	52.5	137.5	342.5	342.5
2 Bsalis Silvana /76	Dominican Republic	92.5	35.0	92.5	220.0	220.0
<b>- 72 kg</b>						
1 Burgos Ladys /89	Puerto Rico	177.5	92.5	182.5	452.5	452.5
2 Jackman Giselle Ann /93	Trinidad and Tobago	102.5	45.0	120.0	267.5	267.5
<b>- 84 kg</b>						
1 Mars-Loncke Kimberley /78	Guyana	147.5	62.5	150.0	360.0	360.0
2 Plaskett Truvia /91	United States Virgin Island	115.0	55.0	117.5	287.5	287.5
<b>84+ kg</b>						
1 Costas Delgado Giselle /80	Puerto Rico	210.0	140.0	212.5	562.5	562.5

**In the Competitions were participating 10 lifters**