

North American Powerlifting Federation
12th Annual North American Regional Powerlifting Championships
St. Croix, USVI, Kings Hill, 08-13.07.2014
Nominations on 8th of June 2014

Name/Firstname/B.Year	Nation	Squat	Bench press	Deadlift	Total
Open					
- 47 kg					
1 Vasquez Maria Luisa /83	Puerto Rico	170.0	97.5	147.5	415.0
2 Anderson Cheryl /75	United States of America	87.5	67.5	150.0	305.0
- 52 kg					
1 Najera Juanita /81	United States of America	140.0	95.0	170.0	405.0
2 Baez Frances /88	Puerto Rico	132.5	60.0	152.5	345.0
3 Rivera Juliana /97	Puerto Rico	115.0	55.0	120.0	290.0
- 57 kg					
1 Tapia Jannitzi /94	Puerto Rico	142.5	72.0	140.0	354.5
2 Chaparro Mariselys /82	Puerto Rico	140.0	75.0	130.0	345.0
- 63 kg					
1 Veiras Sophia /91	United States of America	142.5	92.5	147.5	382.5
- 72 kg					
1 Myers Erika /90	United States of America	180.0	105.0	182.5	467.5
- 84 kg					
1 Blynn Liane /72	United States of America	230.0	175.5	217.5	623.0
2 Nieves Norma /70	Puerto Rico	197.5	125.0	190.0	512.5
3 Bland Monet /91	United States of America	207.5	87.5	187.5	482.5
4 McIntyre Yoland /81	Trinidad and Tobago	160.0	87.5	152.5	400.0
84+ kg					
1 Costas Delgado Giselle /80	Puerto Rico	205.0	135.0	182.5	522.5
2 Arnow Jill /59	United States of America	165.0	120.0	175.0	460.0

In the Competitions were participating 16 lifters

Subjuniors

1 Ziepke Alexandra /96	United States of America	140.0	77.5	137.5	355.0
2 Mata Ashley /97	United States of America	127.5	65.0	130.0	322.5
3 Rivera Juliana /97	Puerto Rico	115.0	55.0	120.0	290.0
4 Delgado Gabriela /97	Puerto Rico	65.0	45.0	80.0	190.0

In the Competitions were participating 4 lifters

Juniors

1 Bland Monet /91	United States of America	207.5	87.5	187.5	482.5
2 Veiras Sophia /91	United States of America	142.5	92.5	147.5	382.5
3 Tapia Jannitzi /94	Puerto Rico	142.5	72.0	140.0	354.5

In the Competitions were participating 3 lifters

Masters 1

1 Nieves Norma /70	Puerto Rico	197.5	125.0	190.0	512.5
2 Clark Rhonda /65	United States of America	165.0	85.0	220.0	470.0
3 Bohlen Sarah /69	United States of America	150.0	87.5	155.0	392.5

4 Crawford Tina /65	United States of America	142.5	75.0	152.5	370.0
5 Plaskett Truvia /71	United States Virgin Island	120.0	67.5	132.5	320.0

In the Competitions were participating 5 lifters

Masters 2

1 Arnow Jill /59	United States of America	165.0	120.0	175.0	460.0
2 Armstead Chandra /61	United States of America	120.0	67.5	140.0	327.5

In the Competitions were participating 2 lifters

Masters 3

1 Kemmerer Annemarie /53	United States of America	112.5	67.5	142.5	322.5
2 Rodriguez Norma /49	Puerto Rico	70.0	37.5	87.5	195.0

In the Competitions were participating 2 lifters

Classic Division

Open

- 47 kg

1 Anderson Cheryl /75	United States of America	87.5	67.5	150.0	305.0
2 MacFarlane Jill /77	Canada	75.0	45.0	105.0	225.0

- 52 kg

1 Chambers Miranda /00	United States of America	97.5	55.0	125.0	277.5
2 Reiber Joanna /76	Canada	92.5	72.5	130.0	295.0

- 57 kg

1 Stephens Susan /68	United States of America	112.5	67.5	142.5	322.5
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- 63 kg

1 Craig Joanne /61	United States of America	117.5	52.5	122.5	292.5
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- 72 kg

1 Stinn Rhaea /88	Canada	180.0	105.0	185.0	470.0
2 Joiner-Wong Jill /69	United States of America	140.0	87.5	157.5	385.0
3 Gant Caitlyn /97	United States of America	107.5	50.0	142.5	300.0

84+ kg

1 Findley Kaylee /96	United States of America	132.5	82.5	170.5	385.5
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In the Competitions were participating 10 lifters

Subjuniors

1 Findley Kaylee /96	United States of America	132.5	82.5	170.5	385.5
2 Gant Caitlyn /97	United States of America	107.5	50.0	142.5	300.0
3 Chambers Miranda /00	United States of America	97.5	55.0	125.0	277.5

In the Competitions were participating 3 lifters

Juniors

1 Gant Chelsea /93	United States of America	82.5	50.0	125.0	257.5
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In the Competitions were participating 1 lifter

Masters 1 & 2

1 Joiner-Wong Jill /69	United States of America	140.0	87.5	157.5	385.0
2 Stephens Susan /68	United States of America	112.5	67.5	142.5	322.5
3 Craig Joanne /61	United States of America	117.5	52.5	122.5	292.5
4 Nahas Debbie /68	United States of America	110.0	52.5	127.5	290.0
5 McFeeters Linda /62	Canada	77.5	60.0	132.5	270.0
GL Yamamoto Lani /65	Iceland	57.5	40.0	80.0	177.5

In the Competitions were participating 5 lifter and 1 Guest Lifter

Masters 3 & 4

1 Elwyn Susan /47	United States of America	82.5	45.0	110.0	237.5
2 Hackney Regina /39	United States of America	67.5	47.5	117.5	232.5
3 Burns BeBe /42	United States of America	46.0	37.5	73.0	156.5

In the Competitions were participating 3 lifters

Caribbean Championship

- 47 kg

1 Vasquez Maria Luisa /83	Puerto Rico	170.0	97.5	147.5	415.0
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- 52 kg

1 Baez Frances /88	Puerto Rico	132.5	60.0	152.5	345.0
2 Rivera Juliana /97	Puerto Rico	115.0	55.0	120.0	290.0

- 57 kg

1 Tapia Jannitzi /94	Puerto Rico	142.5	72.0	140.0	354.5
2 Chaparro Mariselys /82	Puerto Rico	140.0	75.0	130.0	345.0

- 72 kg

1 Ramlochan Chittra /80	Guyana	150.0	62.5	128.0	340.5
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- 84 kg

1 Nieves Norma /70	Puerto Rico	197.5	125.0	190.0	512.5
2 Mars-Loncke Kimberley /78	Guyana	170.0	87.5	180.0	437.5
3 McIntyre Yoland /81	Trinidad and Tobago	160.0	87.5	152.5	400.0
4 Plaskett Truvia /71	United States Virgin Island	120.0	67.5	132.5	320.0

84+ kg

1 Costas Delgado Giselle /80	Puerto Rico	205.0	135.0	182.5	522.5
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In the Competitions were participating 11 lifters

		Referees	
Name	Nation	Cat	Availability
1 Onix Rivera	Puerto Rico	1	All
2 Nestor Gregory	Puerto Rico	1	All
3 Robert Keller	USA	1	All
4 Bill Clayton	USA	1	All
5 Elliot Feldman	USA	1	All
6 Michael Licciardi	USA	1	All
7 Gaston Parage	Luxemburg	1	All
8 Edwin Gordon	Guyana	2	July 11 - 12
11 Robert Massey	USVI	2	All
12 Regina Hackney	USA	2	Thur - Sat
13 Robert Grisham	USA	2	Wed & Thur
14 Karen Licciardi	USA	2	All

15	Gabre Mc Taire	Trinidad and Tobago	2
16	Erika Myers	USA	State Thur & Fri
17	Matthew Cassita	USA	State Wed & Sat