International Powerlifting Federation (IPF)
North American Powerlifting Federation (NAPF)

Official Invitation

The International Powerlifting Federation, the North American Powerlifting Federation, and the Canadian Powerlifting Union invite all IPF member federations to the:

13th Annual IPF / NAPF
North American Regional Powerlifting Championships
Moose Jaw, Saskatchewan, Canada
July 7 – 12, 2015

Championship Director: Ryan Stinn / Email: stinndler@gmail.com / Tel: 306.630.8500
Championship Secretary: Robert Keller / Email: rhk@verizon.net / Tel: 954.790.2249
Technical Secretary: Bill Clayton / Email: claytonw@ptd.net / Tel: 908.303.9267
CPU Secretary General: Mike Armstrong / Email: mike@powerlifting.ca / Tel: 403-402-4142

All Correspondence and Visa: Please send all correspondence and visa request to Robert Keller Email: rhk@verizon.net / Tel: 954.790.2249 / Please send the attached Visa Support Document with the preliminary nomination form.

Host City: Moose Jaw, Saskatchewan, Canada
Dates: July 7-12, 2015
Hotel Information: Heritage Inn Hotel, Moose Jaw, Saskatchewan, Canada / www.heritageinn.net
Hotel Room Rate(s): $130.00 CAD (Canadian Dollars) including tax, per night for single to quad occupancy hotel room. Please note, the room comes with only two double beds. Breakfast is not included with the rate. The organizer will not be responsible for the hotel bills of the participating IPF Member Federations. Each member federation and member federation team manager will be responsible. All rooms must be booked by NLT June 1, 2015. No exceptions. After the deadline the organizer cannot guarantee room accommodations at the group rate.
Meals: Located inside the Heritage Inn Hotel is the Seasons Cafe & Eatery Restaurant which has seating for 140 people. The hotel also has both a lounge and pub.

Special Note: All athletes, coaches, referees or officials from each federation must stay in the official hotel during the championship. If the nominated athletes, coaches, referees or officials do not stay in the championship hotel, they will be obliged to pay an administration fee of $125.00 USD per person to the organizer. Failure to comply will have the effect that they will not receive accreditation and will be excluded from that championship (By-Laws 105.4.4).

Contest Venue: Heritage Inn – Jubilee Grand Ballroom
Technical Meeting: Tuesday, July 07, 2015 at 14:00 hrs in the
Arrivals/Transportation: Transport from the Regina International Airport to the Heritage Inn Hotel in Moose Jaw and back to the Regina International Airport will be provided for a cost of **$50.00 CAD** (Canadian Dollars), per person. One way will be **$30.00 CAD** (Canadian Dollars).
Scales: The scales will be available starting Monday, July 06, 2015. Scales will be available 24hrs for the entire duration of the competition.
Training: Training facilities will be available at the venue commencing on Monday morning, July 06, 2015.
Flag and anthem: Will be provided by the NAPF.
Credentials*:* All nominated athletes, coaches, officials and referees be allowed into the venue free of charge for each member federation. A maximum of the three coaches can be nominated by each team.

Closing Banquet: Saturday Evening, July 11, 2015 at 19:00 at the Heritage Inn / Jubilee A Room - Cost is **$45.00 CAD** (Canadian Dollars), per person, for a buffet meal. DJ and entertainment will be provided at the banquet.

Participation Fee: 25.00 USD per athlete. / **Anti-Doping Fee:** 75.00 USD per athlete.
All Fees (participation, anti-doping, transport and banquet) will be collected at the conclusion of the technical meeting by the IPF Finance Officer – official, stamped and certified receipts will be provided for all transactions. No exceptions. As a reminder, per the 2013 NAPF NGB Motion, each additional divison will cost $15.00 USD.

Championship Web-site Info: www.usapowerlifting.com/IPF-NorthAmerica

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Championship T-shirts: $20.00 (USD) XL - XXXL

Awards: Custom medals will be awarded to the 1st, 2nd and 3rd place contestants in the men/women's open division for each weight class. The Sub-junior, Junior, Master and Raw/Claissc lifters medalists will be determined by either weight class or by age groups, based on the the total number of entries. Groups will be scored by the Wilks Formula. Awards will be given to the best overall male and female lifter according to the Wilks Formula for Open, Junior, Master and Raw/Classic. Team rophies will be awarded to the top three men and women's teams in Open Class. For Classic/Raw, Junior and Masters categories, one team award will be presented. Paricipation certificates will be given to all participants.

IPF World and NAPF Championship Records: At this competition, lifters will be able to set both Classic (Raw) and Equipped IPF World and NAPF Championship Regional Powerlifting Records in the Open, Sub-Junior, Junior and Masters Categories.

Championships Divisions:
Classic (Raw): Open, Sub-Junior, Junior, Master 1, Master 2, Master 3 and Master 4
Equipped: Open, Sub-Junior, Junior, Master 1, Master 2, Master 3 and Master 4

Nominations: Member Federation Nomination Forms must be sent to both Robert Keller and Ryan Stinn. Deadlines are as follows:
Preliminary: **May 21, 2015 (fully complete preliminary form must be sent).**
Final: **June 07, 2015 (late entries will not be accepted).**

14 Days before Technical Meeting: June 24, 2015 is the latest date for any removal of nominated lifters or cancellation of booked hotel rooms. If no withdrawal is made 14 days prior to the Technical Meeting before a World championships or Cup, federations are bound to pay the reserved hotel rooms, participation and doping fees for all lifters specified at the final nomination form (IPF-By-Laws105.5.2).

Provisional Timetable of Events

Day	Event			Start
July 06, 2015	Accreditation			09:00
July 07, 2015	Accreditation			09:00
	NAPF General Assembly			10:00
	Technical Meeting			14:00
	Referee Meeting			14:30
	Opening Ceremony @ Venue			18:00
Day	**Weigh-in Time**	**Classes**		**Start**
July 08, 2015	07:00 – 08:30	Women	43.00 – 63.00 kg	09:00
	12:00 – 13:30	Women	72.00 – 84.0+kg	14:00
				18:00
July 09, 2015	07:00 – 08:30	Men	53.00 – 66.00 kg	09:00
	11:00 – 12:30	Men	74.00 kg	13:00
	IPF Referee Recertification Seminar			18:00
July 10, 2015	07:00 – 08:30	Men	83.00 kg	09:00
	11:00 – 12:30	Men	93.00 kg	13:00
				18:00
July 11, 2015	07:00 – 08:30	Men	105.00 kg	09:00
	11:00 – 12:30	Men	120.00 / 120.00+	13:00
	Farewell Banquet – Heritage Inn Hotel			19:00
July 12, 2014	Sightseeing Tours			09:00
July 13, 2014	Departure of Delegations			07:00

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Important Items to Remember

Preliminary nomination forms must be sent not later than 45 days before the date of the Championship. Final nominations must be submitted by no later than June 07, 2015 and must include only names from the preliminary nomination (i.e. only lifters from the preliminary nomination can be replaced by a nominated reserve lifter. No new nominated lifters will be accepted).

According to the IPF Technical Rules (Page 4, item 7) on the submitted Final Nomination Form you must send the definite list the athletes that will take part in the championship. At the Technical Meeting you can only delete athletes from your final nomination form and the change of weight class for any athlete is forbidden and not possible.

Changes may occur to the timetable of events. All changes will take place at the technical meeting that will be held on Tuesday, July 07, 2015. The Technical Meeting will be held in the Heritage Hotel – Exact Room TBD.

Victory Ceremonies will be held at the end of each lifting session. It will be absolutely mandatory that each athlete wear a complete National Team Warm-up/Track Suit, to include pants, for the award presentation.

If the organizer does not receive confirmed cancellations of hotel rooms at least 14 days prior to the championship, all hotel costs will be the responsibility of the team manager/member federation. The same shall apply to participation and anti-Doping fees (IPF-By-Laws105.5.2).

All athletes, coaches, referees or officials from each federation must stay in the official hotel during the championship. If athletes, coaches, referees or officials do not stay in the official hotel during the championship, they will be obliged to pay an administration fee of 125.00 USD (100 Euros) per person to the organizer. Failure to comply will have the effect that they will not receive accreditation and will be excluded from that championship (IPF By-laws 105.4.4).

Indemnity & Insurance: All participating federations and its delegated athletes and officials agree to indemnity and not hold the organizing committee accountable for and against any claims for personal injury, financial loss, death or property damage, in any form, arising out of or in any way resulting from the participation in, postponement or cancellation of the said World Championships. All delegate members must have a valid health insurance. The organiser and the IPF will not incur any expenses for a doctor or a stay in hospital. We recommend travel insurance for covering loss of luggage, theft, delayed planes etc.

Specially priced and discounted tours and activities will be available for sale during the championship.

Larry Maile	**Fernando Baez**	**Robert Keller**	**Bill Clayton**
NAPF President	**NAPF Vice-President**	**NAPF Championship Secretary**	**NAPF Technical Chair**

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Official Nomination Form

The International Powerlifting Federation, the North American Powerlifting Federation, and the Canadian Powerlifting Union invite all IPF member federations to the:

13th Annual IPF / NAPF
North American Regional Powerlifting Championships
Moose Jaw, Saskatchewan, Canada
July 7 – 12, 2015

Preliminary: May 21, 2015	**Not Participating: May 21, 2015**	**Final: June 07, 2015**

The preliminary and final nomination forms must be sent to:
Robert Keller / Email: rhk@verizon.net / Cell: 954.790.2249
Sergio Centeno / E-Mail: Sergio Centeno / Email: centeno@choicecable.net / Tel: 787.607.9895

Submitted by _____ National Powerlifting Federation

Submitting officer: _____ Title: _____ Date: _____

Team Manager : _____ Coach: _____

Referee 1 : _____ Cat : ____ Available for categories: _____
Referee 2 : _____ Cat : ____ Available for categories: _____
Referee 3 : _____ Cat : ____ Available for categories: _____

Total number of lifters: _____ Total amount of team : _____ Arrival : _____ Flight/train/car

Arrival time: _____ On airport/station: _____ Flight nr: _____

Departure time: _____ Time: _____ Flight nr: _____

We need rooms: _____ **Single –** from – to: _____ _____ **Double –** from – to: _____

The National Secretary must designate which categories each nominated referee is available to referee at the championship. If nominated by the Technical Committee to referee at the championships, each referee must be available for the designated categories. Furthermore, it is an obligation of every Federation to confirm the participation of all their Referees nominated on the Final Nomination Form and/or cancel the referees who will not participate in the championship.

State each lifter's personal best achieved at a national or international championships during the previous 12 months. Enter the lifter's family name and first name separately into an appropriate column below.
Please, use each lifter's full first name, not his or her nickname!

BANQUET TICKET ORDER

International Powerlifting Federation (IPF)
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The Farewell Banquet will be held on Saturday evening, July 12, 2015 at 1900hrs, at the Heritage Hotel. The cost for each banquet ticket is $35.00 USD. All Banquet Ticket orders must be sent with the final nomination form. All monies will be collected from each team manager after the Technical Meeting. DJ and Entertainment will be provided at the banquet. Our federation will be ordering [ ] banquet tickets.

ACCREDITATION OF FEDERATION OFFICIALS/COACHES

Full and Complete Name	Federation Title

NORTH AMERICAN CHAMPIONSHIPS

Nominations – Men Open

Wt. Class	Family Name	Given / First Name	Birthday	Squat	Bench	Deadlift	Total

Reserve lifters, Maximum 5 per team

Nominations – Men Sub Junior

Wt. Class	Family Name	Given / First Name	Birthday	Squat	Bench	Deadlift	Total

Reserve lifters, Maximum 5 per team

Nominations – Men Junior

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Wt. Class	Family Name	Given / First Name	Birthday	Squat	Bench	Deadlift	Total

Reserve lifters, Maximum 5 per team

Nominations - Men Masters I / 40+

Wt. Class	Family Name	Given / First Name	Birthday	Squat	Bench	Deadlift	Total

Reserve lifters, Maximum 5 per team

Nominations - Men Masters II / 50+

Wt. Class	Family Name	Given / First Name	Birthday	Squat	Bench	Deadlift	Total

Reserve lifters, Maximum 5 per team

Nominations - Men Masters III / 60+

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Wt. Class	Family Name	Given / First Name	Birthday	Squat	Bench	Deadlift	Total

Reserve lifters, Maximum 5 per team

Nominations - Men Masters IV / 70+

Wt. Class	Family Name	Given / First Name	Birthday	Squat	Bench	Deadlift	Total

Reserve lifters, Maximum 5 per team

Nominations – Men Raw/Classic

Wt. Class	Family Name	Given / First Name	Birthday	Squat	Bench	Deadlift	Total

Reserve lifters, Maximum 5 per team

Nominations - Women Open

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Wt. Class	Family Name	Given / First Name	Birthday	Squat	Bench	Deadlift	Total

Reserve lifters, max. 5 per team

Nominations - Women Sub Junior

Wt. Class	Family Name	Given / First Name	Birthday	Squat	Bench	Deadlift	Total

Reserve lifters, max. 5 per team

Nominations - Women Junior

Wt. Class	Family Name	Given / First Name	Birthday	Squat	Bench	Deadlift	Total

Reserve lifters, max. 5 per team

Nominations - Women Masters I / 40+

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Wt. Class	Family Name	Given / First Name	Birthday	Squat	Bench	Deadlift	Total

Reserve lifters, max. 5 per team

Nominations - Women Masters II / 50+

Wt. Class	Family Name	Given / First Name	Birthday	Squat	Bench	Deadlift	Total

Reserve lifters, max. 5 per team

Nominations - Women Masters III / 60+

Wt. Class	Family Name	Given / First Name	Birthday	Squat	Bench	Deadlift	Total

Reserve lifters, max. 5 per team

Nominations - Women Masters IV / 70+

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Wt. Class	Family Name	Given / First Name	Birthday	Squat	Bench	Deadlift	Total

Reserve lifters, max. 5 per team

Nominations - Women Raw / Classic

Wt. Class	Family Name	Given / First Name	Birthday	Squat	Bench	Deadlift	Total

Reserve lifters, max. 5 per team

Address for contact:

Name _____ Street: _____ Zipcode _____
City: _____ Country: _____ Phone: _____
Fax: _____ E-mail: _____

Visa Support Document

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Country: _____

Full names of athlete	Birth Date	Passport Number	Expiration Date
Full names of coach / official	**Birth Date**	**Passport Number**	**Expiration Date**

VISA INSTRUCTIONS

If you require a letter of invitation to obtain a VISA to enter to the Canada please send the completed VISA Support Document to Robert Keller by Email: rhk@verizon.net / **Important**: The Visa Support Document should include the each athlete/official/coaches complete and full name as indicated on their passport, birthday, passport number with the expiration date. The request should include the arrival and departure dates into the Canada. **It is very important that you apply as early as possible.** Recommendation is to apply no later than 90 days (May 01, 2015) prior to you leaving for your trip to the Canada.

_____
(Signature) National Federation – General Secretary

_____
(Signature) National Federation President/Executive Officer

_____
(Print) National Federation – General Secretary

_____
(Print) National Federation President/Executive Officer

Hotel Booking Form

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Country: _____

Visitors Name	Single (or) Double Room	Arrival Date	Departure Date	Total Room Nights
Room 1				
Room 2				
Room 3				
Room 4				
Room 5				
Room 6				
Room 7				
Room 8				

_____
(Signature) National Federation – General Secretary

_____
(Signature) National Federation President/Executive Officer

_____
(Print) National Federation – General Secretary

_____
(Print) National Federation President/Executive Officer

Airline Arrival – Departure Form

Country: _____

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No.	Name of Traveller	Name of Airline	Flight Number	Arrival Date	Arrival Time
1.					
2.					
3.					
4.					
5.					
6.					
7.					
8.					
9.					
10.					
11.					
12.					
13.					
14.					
15.					
16.					
17.					
18.					
	Name of Traveller	**Name of Airline**	**Flight Number**	**Departure Date**	**Departure Time**
1.					
2.					
3.					
4.					
5.					
6.					
7.					
8.					
9.					
10.					
11.					
12.					
13.					
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15.					
16.					
17.					
18.					

_____
(Signature) National Federation – General Secretary

_____
(Signature) National Federation President/Executive Officer

_____
(Print) National Federation – General Secretary

_____
(Print) National Federation President/Executive Officer