



International Powerlifting Federation (IPF)  
North American Powerlifting Federation (NAPF)  
Federación Mexicana de Powerlifting A.C. (FEMEPO)

### Official Invitation

The International Powerlifting Federation, the North American Powerlifting Federation,  
and the Federation of Mexico Powerlifting invite all NAPF member federations to the:

## **16<sup>th</sup> Annual NAPF North American Regional Powerlifting Championships Tournament of the Americas Championships August 1 to August 4, 2018 Mexico City, Mexico**

**Last Updated: March 01, 2018**

**Contest Director:** Gabriel Garcia / Cell: +52-55-2859-5045 / Email: [powerliftingmexicoipf@hotmail.com](mailto:powerliftingmexicoipf@hotmail.com)

**Championship Secretary:** Robert Keller / Email: [rhk@verizon.net](mailto:rhk@verizon.net) / Tel: +954.790.2249

**Technical Secretary:** Bill Clayton / Email: [claytonw@ptd.net](mailto:claytonw@ptd.net) / Tel: +908.303.9267

**All Correspondence and Visa:** Please send all correspondence and visa request to Robert Keller  
Email: [rhk@verizon.net](mailto:rhk@verizon.net) / Tel: +954.790.2249. Please send the attached Visa Support Document with the  
preliminary nomination form.

**Host City:** Mexico City, Mexico – The Capital City of Mexico

**Dates:** August 1 to August 4, 2018

**Contest Venue:** Murillo Grand Ballroom - Sevilla Palace Hotel

**Technical Meeting:** Wednesday, August 1, 2018 @ 1300hrs in the Sevilla Palace Hotel.

**Hotel Information:** Sevilla Palace Hotel / Telephone: +52-55-5705-2800 / [www.sevillapalace.com.mx](http://www.sevillapalace.com.mx)

#### **Hotel Room Rate(s):**

There are two (2) hotel room options at the Sevilla Palace Hotel:

Plan A: \$90.00 USD per room (includes tax), per night for **Single** Occupancy with Breakfast Buffet.

Plan B: \$125.00 USD per room (includes tax), per night for **Double** Occupancy with Breakfast Buffet.

If you require a triple or quad room, please contact Gabriel Garcia at: [powerliftingmexicoipf@hotmail.com](mailto:powerliftingmexicoipf@hotmail.com)

The organizer will not be responsible for any hotel bills of the participating IPF Member Federations. Each Member Federation Team Manager will be responsible. All rooms must be booked by **July 1, 2018**. After the deadline the organizer cannot guarantee room accommodations in the Sevilla Palace Hotel.

**Important Note:** All athletes, coaches, referees and officials from each federation must stay in the championships hotel for the duration of the championship -- From the time of the delegation arrives into Mexico City until the close of the championship or your departure. If the athletes, coaches, referees or officials do not stay in the official hotel during the championship, they will be obliged to pay an administration fee of € 100 per person to the organizer of the competition. Failure to comply with this rule, will result in the withdrawal of accreditation and exclusion from that championship (By-Laws 105.4.4).

**Arrivals/Transportation:** The designated Airport for this championship is the Benito Juarez Mexico City International Airport (MEX). A professional company has been contracted to provide transport from the airport to the Sevilla Palace Hotel and back to the Mexico City International Airport. Note: Your member federation must provide the Transport Form by no later than July 1, 2018. The cost per person will be \$20.00 USD round trip.

**Scales:** Scales will be available beginning Wednesday morning, August 1, 2018. Scales will be available 24hrs.

**Training:** Training facilities available at the venue commencing on Tuesday morning, July 31, 2018.

**Flag and anthem:** Will be provided by the championship director.

**Credentials:** All nominated athletes, coaches, officials and referees be allowed into the championship venue upon presentation of accreditation credentials. Those persons not accredited will be charged the admission of \$3.00 USD per day.



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**Closing Banquet:** Saturday evening, August 4, 2018 at 19:00 in the Torre de Oro Panoramic Ballroom at the Sevilla Palace Hotel. Each ticket will cost 40.00 USD, per person for a buffet meal. Banquet Reservations will need to be paid upon arrival by each Team Manager. Please see the attached form located on page 18. A DJ and entertainment will be provided at the banquet.

**IPF World and NAPF Records:** At this competition, lifters will be able to set both Classic (Raw) and Equipped IPF World Records and NAPF Regional Powerlifting Records in the Open, Sub-Junior, Junior and Masters Categories. The NAPF records can be found here: [www.goheavy.net](http://www.goheavy.net) and the IPF World Records can be found here: [www.powerlifting-ipf.com](http://www.powerlifting-ipf.com)

**North American Championship Divisions:**

Classic (Raw): Open, Sub-Junior, Junior, Master 1, Master 2, Master 3, and Master 4

Equipped: Open, Sub-Junior, Junior, Master 1, Master 2, Master 3, and Master 4

**Participation Fee:** 100.00 USD per athlete / **Anti-Doping Fee:** 65.00 USD per athlete

If you enter both the Equipped and Classic competitions, you will be required to pay two participation fees. If you enter more than one division, the second division will cost 15.00 USD (e.g. Open and Junior). All Fees (participation, anti-doping) will be wired in advance to the NAPF. **At the conclusion of the competition, all anti-doping monies will be wired to the Treasurer of the International Powerlifting Federation.**

**Championship Web-site Info:** [www.usapowerlifting.com/IPF-NorthAmerica](http://www.usapowerlifting.com/IPF-NorthAmerica)

**Championship T-shirts:** 10.00 USD Each

**Awards:** Custom medals will be awarded to the 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place contestants in the men/women's open, sub-junior, junior and master equipped and classic divisions for each weight class. Awards will be given to the best overall male and female lifter for Open, Junior, and best overall Master lifter in both the equipped and classic competitions. Team trophies will be awarded in the open categories only.

**Nominations:** Team Nomination Forms must be sent to Robert Keller, the Championship Secretary, and Alex Alvarado, the NAPF Secretary General by no later than:

**Preliminary:** **June 1, 2018 (fully complete preliminary form must be sent. No final nomination form will be accepted if complete preliminary form was not sent).**

**Final:** **July 1, 2018 (late entries will not be accepted).**

**21 Days before Technical Meeting: July 10, 2018** is the latest date for the removal of nominated lifters or cancellation of booked hotel rooms. If no withdrawal is made 21 days prior to the Technical Meeting before a World championships or Regional Championship, federations are bound to pay the reserved hotel rooms, participation and anti-doping fees for all lifters specified at the final nomination form (IPF-By-Laws105.5.2).



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### Provisional Timetable of Events

Day	Event			Start
July 31, 2018	Accreditation			09:00
August 1, 2018	Accreditation			09:00
	NAPF General Assembly			10:00
	Technical Meeting			13:00
	Referee Meeting			14:00
	Opening Ceremony @ Venue			17:00
Day	Weigh-in Time	Classes		Start
August 2, 2018	07:00 – 08:30	Classic Women	43.00 – 63.00 kg	09:00
	12:00 – 1:30	Classic Men	53.00 – 83.00 kg	14:00
August 3, 2018	07:00 – 08:30	Classic Women	72.00 – 84.00+ kg	09:00
	12:00 – 1:30	Classic Men	93.00 – 120.00+ kg	14:00
August 4, 2018	07:00 – 08:30	Equipped Women	43.00 – 84.00+ kg	09:00
	12:00 – 1:30	Equipped Men	53.00 – 120.00+ kg	14:00
	Farewell / Closing Banquet – Sevilla Palace Hotel			19:00
August 5, 2018	Sightseeing / Shopping			09:00
August 6, 2018	Departure of Delegations			07:00



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**Important Items to Remember**

Preliminary nomination forms must be sent not later than 60 days before the date of the Championship – June 01, 2018. Final nominations must be submitted by no later than July 1, 2018 and must include only names from the preliminary nomination (i.e. only lifters from the preliminary nomination can be replaced by a nominated reserve lifter. No new nominations will be accepted).

According to the IPF Technical Rules (Page 4, item 7) on the submitted Final Nomination Form you must send the definite list the athletes that will take part in the championship. At the Technical Meeting you can only delete athletes from your final nomination form and the change of weight class of any athlete is forbidden and not possible.

Changes may occur to the timetable of events. All changes will take place at the Technical Meeting that will be held on Tuesday, July 31, 2017 at 1300 hrs at the Sevilla Palace Hotel.

Victory Ceremonies will be held at the end of each lifting session. It will be absolutely mandatory that each athlete wear a complete National Team Warm-up/Track Suit, to include pants, for the award presentation.

If the organizer does not receive confirmed cancellations of hotel rooms at least 21 days prior to the championship, all hotel costs will be the responsibility of the team manager/member federation. The same shall apply for all Participation and Anti-doping fees (IPF-By-Laws105.5.2).

All athletes, coaches, referees or officials from each federation must stay in the official hotel for the duration of the championship – From the time of arrival and departure from Mexico City for the championship. If athletes, coaches, referees or officials do not stay in the official hotel during the championship, they will be obliged to pay an administration fee of 125.00 USD (100 Euros) per person to the organizer. Delegation members failing to comply with this rule, will not receive accreditation and will be excluded from the championship (IPF By-laws 105.4.4).

**Indemnity & Insurance:** All participating federations and its delegation athletes, and officials agree to indemnify and not hold the organizing committee accountable for and against any claims for personal injury, financial loss, death or property damage, in any form, arising out of or in any way resulting from the participation in, postponement or cancellation of the said Championship. All delegate members must have a valid health insurance. The organiser and the IPF nor the NAPF will not incur any expenses for a doctor or a stay in hospital. We recommend travel insurance for covering loss of luggage, theft, delayed planes, etc.

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**Larry Maile**  
NAPF President

**Hugo Velasquez**  
IPF EC North America

**Alex Alvarado**  
NAPF Secretary General

**Robert Keller**  
NAPF Champ. Secretary



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**Official Nomination Form**

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**16<sup>th</sup> Annual NAPF North American Powerlifting Championships**  
**August 1 to August 4, 2018**  
**Mexico City, Mexico**

Last Updated: March 01, 2018

<b>Preliminary: June 01, 2018</b>	<b>Not Participating: July 1, 2018</b>	<b>Final: July 1, 2018</b>
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**The preliminary and final nomination forms must be sent to:**

Robert Keller / Email: [rhk@verizon.net](mailto:rhk@verizon.net) / Cell: 954.790.2249

Alex Alvarado / Email: [alexalvaradoalvarado@yahoo.com](mailto:alexalvaradoalvarado@yahoo.com) / Cell: 787.607.0132

Submitted by \_\_\_\_\_ National Powerlifting Federation

Submitting officer: \_\_\_\_\_ Title: \_\_\_\_\_ Date: \_\_\_\_\_

Team Manager : \_\_\_\_\_ Coach: \_\_\_\_\_

Referee 1 : \_\_\_\_\_ Cat : \_\_\_\_\_ Available for categories: \_\_\_\_\_  
 Referee 2 : \_\_\_\_\_ Cat : \_\_\_\_\_ Available for categories: \_\_\_\_\_  
 Referee 3 : \_\_\_\_\_ Cat : \_\_\_\_\_ Available for categories: \_\_\_\_\_  
 Referee 4 : \_\_\_\_\_ Cat : \_\_\_\_\_ Available for categories: \_\_\_\_\_

Total number of lifters: \_\_\_\_\_ Total amount of team : \_\_\_\_\_ Arrival : \_\_\_\_\_ Flight/train/car

Arrival time: \_\_\_\_\_ On airport/station: \_\_\_\_\_ Flight nr: \_\_\_\_\_

Departure time: \_\_\_\_\_ Time: \_\_\_\_\_ Flight nr: \_\_\_\_\_

**We need rooms:** \_\_\_\_\_ **Single** – from – to: \_\_\_\_\_ **Double** – from – to: \_\_\_\_\_

**Nomination Guidelines**

The National Secretary must designate which categories each nominated referee is available to referee at the championship. If nominated by the Technical Committee to referee at the championships, each referee must be available for the designated categories.

Furthermore, it is the obligation of every National Federation to confirm the participation of all their Referees declared on the Final Nomination Form and/or cancel the referees that will not participate in the championship. Please be sure to state each lifter’s personal best achieved at national or international championship during the previous 12 months. Enter the lifter’s family name and first name separately into an appropriate column below.

Latest date for changes of categories or referee assignments allocated by the Technical Chairman and the Championship Secretary must be made latest 21 days prior to the Technical Meeting – July 10, 2018. If referee availability is not finalized on the nomination form, referees are obliged to be available for the original categories stated on the NAPF website on “Referees/Jury duty” section. All nominated referees attending a championship, must be available to referee for at least two days!

Please be sure to state each lifter’s personal best achieved at national or international championships during the previous 12 months. Enter the lifter’s family name and first name separately into an appropriate column below.







**International Powerlifting Federation (IPF)**  
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**Nominations – Men’s Equipped Masters III / 60+**

Wt. Class	Family Name	Given / First Name	Birthday	Squat	Bench	Deadlift	Total

**Reserve lifters, Maximum 5 per team**


**Nominations – Men’s Equipped Masters IV / 70+**

Wt. Class	Family Name	Given / First Name	Birthday	Squat	Bench	Deadlift	Total

**Reserve lifters, Maximum 5 per team**


**Nominations – Men’s Classic Open**

Wt. Class	Family Name	Given / First Name	Birthday	Squat	Bench	Deadlift	Total

**Reserve lifters, Maximum 5 per team**






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**Nominations – Men’s Classic Sub Junior**

Wt. Class	Family Name	Given / First Name	Birthday	Squat	Bench	Deadlift	Total

**Reserve lifters, Maximum 5 per team**


**Nominations – Men’s Classic Junior**

Wt. Class	Family Name	Given / First Name	Birthday	Squat	Bench	Deadlift	Total

**Reserve lifters, Maximum 5 per team**


**Nominations – Men’s Classic Masters I / 40+**

Wt. Class	Family Name	Given / First Name	Birthday	Squat	Bench	Deadlift	Total

**Reserve lifters, Maximum 5 per team**








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**Nominations – Women’s Equipped Masters I / 40+**

Wt. Class	Family Name	Given / First Name	Birthday	Squat	Bench	Deadlift	Total

**Reserve lifters, max. 5 per team**


**Nominations – Women’s Equipped Masters II / 50+**

Wt. Class	Family Name	Given / First Name	Birthday	Squat	Bench	Deadlift	Total

**Reserve lifters, max. 5 per team**


**Nominations – Women’s Equipped Masters III / 60+**

Wt. Class	Family Name	Given / First Name	Birthday	Squat	Bench	Deadlift	Total

**Reserve lifters, max. 5 per team**








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**Nominations – Women’s Classic Masters III / 60+**

Wt. Class	Family Name	Given / First Name	Birthday	Squat	Bench	Deadlift	Total

**Reserve lifters, max. 5 per team**


**Nominations – Women’s Classic Masters IV / 70+**

Wt. Class	Family Name	Given / First Name	Birthday	Squat	Bench	Deadlift	Total

**Reserve lifters, max. 5 per team**


**Address for contact:**

Name \_\_\_\_\_ Street: \_\_\_\_\_ Zipcode \_\_\_\_\_



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City: \_\_\_\_\_ Country: \_\_\_\_\_ Phone: \_\_\_\_\_  
 Fax: \_\_\_\_\_ E-mail: \_\_\_\_\_

**Visa Support Document**

Country: \_\_\_\_\_

Full names of athlete	Birth Date	Passport Number	Expiration Date
Full names of coach / official	Birth Date	Passport Number	Expiration Date

**VISA INSTRUCTIONS**

If you require a letter of invitation to obtain a VISA to enter the **Mexico**, please send the completed VISA Support Document and send to Robert Keller at: [rhk@verizon.net](mailto:rhk@verizon.net) **Important:** The Visa Support Document should include each athlete/official/coaches complete and full name as indicated on their passport, birthday, and passport number with the expiration date. The request should include the arrival and departure dates to the USA. **It is very important that you apply as early as possible.** Recommendation is to apply no later than 60 days (June 01, 2018) prior to you leaving for your trip to Mexico.

\_\_\_\_\_  
 (Signature) National Federation – General Secretary

\_\_\_\_\_  
 (Signature) National Federation President/Executive Officer

\_\_\_\_\_  
 (Print) National Federation – General Secretary

\_\_\_\_\_  
 (Print) National Federation President/Executive Officer







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 Tournament of the Americas Championships  
 August 1 to August 4, 2018  
 Mexico City, Mexico  
 Last Updated: March 01, 2018**

**BANQUET TICKET ORDER FORM**

The Farewell / Closing Banquet will be held on Saturday evening, August 4, 2018 at 1900hrs, in the Sky Terrace Ballroom of the Sevilla Palace Hotel. Banquet ticket cost is \$40.00 USD per ticket.

The Banquet Ticket Order Form must be sent with the final nomination form – July 1, 2018.

The last day to cancel this order will be July 10, 2018. All monies will be collected from each team manager upon their arrival to the Sevilla Palace Hotel or they may be wired in advance. Please request wire transfer information from the Mexico Federation.

Buffet Meal will be provided as well as a DJ and Entertainment will be provided at the banquet.

Please complete the following information below to order your banquet tickets.

National Federation:	
Total Number of Tickets:	
Name of Team Manager:	
Total Amount Submitted:	
Date of Submission:	

Questions, please contact Mr. Gabriel Garcia Corona at: [powerliftingmexicoipf@hotmail.com](mailto:powerliftingmexicoipf@hotmail.com)

Thank you very much,

Robert Keller  
 Championship Secretary  
 North American Powerlifting Federation