

# PANAMERICAN CHAMPIONSHIPS WOMEN RECORDS

WOMEN SENIOR RECORDS ----- MARCAS SENIOR FEMENINAS

Class Clase	Name Nombre	Born Nacida	Nation Nación	bwt PC	Mark Marca	Date Fecha m/d/y	Location Lugar
<b>SQUAT</b>				<b>SENTADILLA</b>			
44 kg	Barb Sieps	1966	USA	43.5	125.0	11/9/2005	Miami Florida, USA
48 kg	Vilma Ochoa	1980	Ecuador	48	150.0	11/9/2005	Miami Florida, USA
52 kg	Vilma Ochoa	1980	Ecuador	51.2	175.0	8/7/2007	Sao Paulo, Brazil
56 kg	Rosa Castro	1979	Ecuador	56	180.0	8/7/2007	Sao Paulo, Brazil
60 kg	Angie Overdeer		USA	59.3	157.5	4/5/2000	Chicago Illinois, USA
67.5 kg	Priscilla Ribic	1972	USA	67	237.5	11/9/2005	Miami Florida, USA
75 kg	Liane Blynn	1972	USA	74.2	200.0	11/9/2005	Miami Florida, USA
82.5 kg	Liane Cataldo		USA	77.4	175.0	4/5/2000	Chicago Illinois, USA
90 kg	Bonica Brown	1988	USA	88.7	222.5	11/9/2005	Miami Florida, USA
+90 kg	J. Trujillo		USA		250.0	9/17/1993	Rockville, MD, USA
<b>BENCH PRESS (Three-Lift)</b>				<b>PRES DE BANCA (TRES ALZADAS)</b>			
44 kg	Erin Dickey	1984	USA	43.7	70.0	11/9/2005	Miami Florida, USA
48 kg	A. Delmore		USA	47.8	92.5	8/17/1996	Ontario, Canada
52 kg	Vilma Ochoa	1980	Ecuador	51.2	82.5	8/7/2007	Sao Paulo, Brazil
56 kg	Kelii		USA	56	95.0	4/5/2000	Chicago Illinois, USA
60 kg	Erica Bueno	1980	Brazil	59.3	110.0	8/7/2007	Sao Paulo, Brazil
67.5 kg	Priscilla Ribic	1972	USA	67	135.0	11/9/2005	Miami Florida, USA
75 kg	Liane Blynn	1972	USA	74.2	140.0	11/9/2005	Miami Florida, USA
82.5 kg	Mariela Méndez	1977	Ecuador	76.1	110.0	8/7/2007	Sao Paulo, Brazil
90 kg	Bonica Brown	1988	USA	88.7	105.0	11/9/2005	Miami Florida, USA
+90 kg	Harriet Hall	1948	USA	106	145.0	11/9/2005	Miami Florida, USA
<b>DEADLIFT</b>				<b>PESO MUERTO</b>			
44 kg	Barb Sieps	1966	USA	43.5	132.0	11/9/2005	Miami Florida, USA
48 kg	Vilma Ochoa	1980	Ecuador	48	160.0	11/9/2005	Miami Florida, USA
52 kg	Vilma Ochoa	1980	Ecuador	51.2	185.0	8/7/2007	Sao Paulo, Brazil
56 kg	Kelii		USA	56	170.0	4/5/2000	Chicago Illinois, USA
60 kg	Migdalia Fernández		PR	60	167.5	4/5/2000	Chicago Illinois, USA
67.5 kg	Priscilla Ribic	1972	USA	67	252.5	11/9/2005	Miami Florida, USA
75 kg	Liane Blynn	1972	USA	74.2	205.0	11/9/2005	Miami Florida, USA
82.5 kg	Liane Cataldo		USA	77.4	175.0	4/5/2000	Chicago Illinois, USA
90 kg	Bonica Brown	1988	USA	88.7	197.5	11/9/2005	Miami Florida, USA
+90 kg	Harriet Hall	1948	USA	106	222.5	11/9/2005	Miami Florida, USA
<b>TOTAL</b>							
44 kg	Erin Dickey	1984	USA	43.7	325.0	11/9/2005	Miami Florida, USA
48 kg	Vilma Ochoa	1980	Ecuador	48	380.0	11/9/2005	Miami Florida, USA
52 kg	Vilma Ochoa	1980	Ecuador	51.2	442.5	8/7/2007	Sao Paulo, Brazil
56 kg	Rosa Castro	1979	Ecuador	56	442.5	8/7/2007	Sao Paulo, Brazil
60 kg	Angie Overdeer		USA	59.3	420.0	4/5/2000	Chicago Illinois, USA
67.5 kg	Priscilla Ribic	1972	USA	67	607.5	11/9/2005	Miami Florida, USA
75 kg	Liane Blynn	1972	USA	74.2	545.0	11/9/2005	Miami Florida, USA
82.5 kg	Liane Cataldo		USA	77.4	457.5	4/5/2000	Chicago Illinois, USA
90 kg	Bonica Brown	1988	USA	88.7	525.0	11/9/2005	Miami Florida, USA
+90 kg	Harriet Hall	1948	USA	106	607.5	11/9/2005	Miami Florida, USA