

Open Women

| Cat | Name | Country | Birth | Squat | Bench | Deadlift | Total |
|------------|----------------------|--------------------------|--------------|--------------|--------------|-----------------|--------------|
| 48.00 | Rowen Lopez | United States of America | 1977 | 120 | 65 | 155 | 340 |
| 48.00 | Elma Vasquez | Guatemala | 1986 | 112.5 | 70 | 112.5 | 295 |
| 48.00 | Maria Vasquez | Guatemala | 1983 | 112.5 | 65 | 112.5 | 290 |
| 48.00 | Gladys Serrano | Puerto Rico | 1984 | 110 | 67.5 | 102.5 | 280 |
| 48.00 | Gladys Fajardo | Honduras | 1978 | 85 | 50 | 100 | 235 |
| 52.00 | Janel Brown | United States of America | 1977 | 142.5 | 72.5 | 150 | 365 |
| 52.00 | Marta Carillo | Guatemala | 1960 | 132.5 | 80 | 130 | 342.5 |
| 56.00 | Ashley Matherne | United States of America | 1983 | 142.5 | 97.5 | 150 | 390 |
| 60.00 | Suzanne Salinas | United States of America | 1988 | 150 | 75 | 150 | 375 |
| 60.00 | Sayra Perez | El Salvador | 1986 | 60 | 35 | 80 | 175 |
| 67.50 | Priscilla Ribic | United States of America | 1972 | 222.5 | 137.5 | 240 | 600 |
| 67.50 | Christy Tyquiengco | Puerto Rico | 1987 | 142.5 | 65 | 147.5 | 355 |
| 67.50 | Lorena Canas | El Salvador | 1967 | 125 | 57.5 | 125 | 307.5 |
| 67.50 | Deysi Montes | El Salvador | 1986 | 60 | 35 | 80 | 175 |
| 75.00 | Cyndey Smith | United States of America | 1971 | 165 | 107.5 | 177.5 | 450 |
| 75.00 | Carolina Ramos | El Salvador | 1968 | 125 | 52.5 | 137.5 | 315 |
| 82.50 | Malinda Baum | United States of America | 1963 | 182.5 | 100 | 192.5 | 475 |
| 82.50 | Maguena deCaballeros | Guatemala | 1962 | 160 | 137.5 | 132.5 | 430 |
| 82.50 | Margarita Ortiz | El Salvador | 1968 | 117.5 | 50 | 122.5 | 290 |
| 90.00 | Giselle Costas | Puerto Rico | 1980 | 225 | 132.5 | 217.5 | 575 |
| 90.00 | Katey Dodge | United States of America | 1985 | 160 | 147.5 | 160 | 417.5 |
| 90+ | Lana Allen | United States of America | 1992 | 210 | 140 | 165 | 515 |

Sub-Junior Women

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|-------|--------------------|--------------------------|------|-------|-------|-------|-------|
| 48.00 | Gina Trinidad | United States of America | 1990 | 110 | 47.5 | 100 | 257.5 |
| 48.00 | Kati Durham | United States of America | 1993 | 102.5 | 52.5 | 105 | 260 |
| 52.00 | Michelle Van Dusen | United States of America | 1993 | 97.5 | 32.5 | 115 | 245 |
| 56.00 | Vanessa Baldwin | United States of America | 1990 | 125 | 62.5 | 130 | 317.5 |
| 67.50 | Meagan Chappell | United States of America | 1989 | 130 | 75 | 155 | 360 |
| 67.50 | Christy Tyquiengco | Puerto Rico | 1987 | 142.5 | 65 | 147.5 | 355 |
| 67.50 | Elissa Parker | United States of America | 1989 | 130 | 72.5 | 137.5 | 340 |
| 75.00 | Desiree Marin | United States of America | 1990 | 175 | 102.5 | 175 | 452.5 |

Junior Women

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|-------|---------------------|--------------------------|------|-------|-------|-------|-------|
| 48.00 | Elma Vasquez | Guatemala | 1986 | 112.5 | 70 | 112.5 | 295 |
| 48.00 | Gladys Serrano | Puerto Rico | 1984 | 110 | 67.5 | 102.5 | 280 |
| 52.00 | Jackie Nieland | United States of America | 1988 | 120 | 57.5 | 120 | 297.5 |
| 56.00 | Katie Van Dusen | United States of America | 1988 | 162.5 | 92.5 | 160 | 415 |
| 60.00 | Suzanne Salinas | United States of America | 1988 | 150 | 75 | 150 | 375 |
| 60.00 | Michelle Youngblood | United States of America | 1988 | 125 | 72.5 | 122.5 | 320 |
| 60.00 | Sayra Perez | El Salvador | 1986 | 60 | 35 | 80 | 175 |
| 67.50 | Deysi Montes | El Salvador | 1986 | 60 | 40 | 80 | 180 |
| 90.00 | Katey Dodge | United States of America | 1985 | 160 | 147.5 | 160 | 417.5 |
| 90+ | Lana Allen | United States of America | 1988 | 210 | 140 | 165 | 515 |

Master Women 40+

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|-------|---------------|--------------------------|------|-------|-----|-------|-------|
| 52.00 | Joni Mach | United States of America | 1965 | 117.5 | 50 | 127.5 | 295 |
| 52.00 | Marta Carillo | Guatemala | 1960 | 132.5 | 80 | 130 | 342.5 |
| 67.50 | Donna Marts | United States of America | 1960 | 142.5 | 100 | 150 | 392.5 |

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|-------|----------------------|--------------------------|------|-------|-------|-------|-------|
| 67.50 | Lorena Canas | El Salvador | 1967 | 125 | 57.5 | 125 | 307.5 |
| 82.50 | Malinda Baum | United States of America | 1963 | 182.5 | 100 | 192.5 | 475 |
| 82.50 | Rhonda Clark | United States of America | 1967 | 162.5 | 92.5 | 195 | 450 |
| 82.50 | Maguena deCaballeros | Guatemala | 1962 | 160 | 137.5 | 132.5 | 430 |

Master Women 50+

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|-------|----------------|--------------------------|------|-------|----|-------|-------|
| 67.50 | Gail Moore | United States of America | 1947 | 112.5 | 65 | 120 | 297.5 |
| 75.00 | Teresa Merrick | United States of America | 1957 | 85 | 45 | 132.5 | 262.5 |
| 82.50 | Regina Hackney | United States of America | 1943 | 102.5 | 75 | 125 | 302.5 |

Member Federations

- 1 El Salvador
- 2 Guatemala
- 3 Honduras
- 4 Puerto Rico
- 5 United States of America

Key

R = Reserve Lifter

TA = Tournament of the Americas Lifter

Nominations from the Bahamas, Canada, Cayman Islands, and Nicaragua still pending