

**2007 NAPF North American Regional Powerlifting Championships**  
**Guatemala City, Guatemala / June 20-24, 2007**  
**Women's Open Category**

Name	YOB	Team	Div	BWt (kg)	WtCls (Kg)	Coeff	Squat 1	Squat 2	Squat 3	Best Squat	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Dead lift	PL Total	Wilks Total	Tm Pts
<b>Open</b>																						
Maria Vazquez	1983	GUA	Open	42.4	48	1.4424	115	125	130	<b>130</b>	55	-60	-60	55	185	125	130	-135	130	315	454.35	12
Rowen Lopez	1977	USA	Open	47.4	48	1.3367	107.5	-120	-120	107.5	55	60	62.5	62.5	170	127.5	137.5	-147.5	137.5	307.5	411.02	9
Gladys Serrano	1984	PUR	Open	45.6	48	1.3741	115	-135	-135	115	65	70	75	<b>75</b>	190	110	115	-117.5	115	305	419.10	8
Elma Vazquez	1986	GUA	Open	43.1	48	1.4273	-117.5	117.5	-120	<b>117.5</b>	-65	65	-67.5	<b>65</b>	182.5	110	-112.5	-112.5	110	292.5	417.50	7
Gladys Fajardo	1978	HON	Open	42.9	48	1.4316	-85	-85	85	85	-47.5	-47.5	47.5	47.5	132.5	95	-100	-100	95	227.5	325.70	6
Janel Brown	1977	USA	Open	52	52	1.2466	125	132.5	-137.5	132.5	-60	60	65	65	197.5	137.5	142.5	-145	142.5	340	423.86	12
Marta Carrillo	1960	GUA	Open	50.6	52	1.2730	120	130	-135	<b>130</b>	-65	65	-67.5	65	195	130	-140	-140	130	325	413.74	9
Ashley Matherne	1983	USA	Open	55.6	56	1.1832	125	140	155	155	87.5	95	100	<b>100</b>	255	112.5	132.5	145	145	400	473.29	12
Suzanne Salinis	1989	USA	Open	58.6	60	1.1355	125	137.5	150	<b>150</b>	67.5	75	-82.5	75	225	125	140	-145	140	365	414.47	12
Sayra Pérez	1986	ESA	Open	58.3	60	1.1401	65	-85	-85	65	30	35	-40	35	100	80	90	100	100	200	228.02	9
Christy Tyquiengco	1987	PUR	Open	62.4	67.5	1.0818	127.5	140	-143.5	140	60	-67.5	67.5	67.5	207.5	137.5	150	-160	<b>150</b>	357.5	386.74	12
Lorena Canas	1967	ESA	Open	64.6	67.5	1.0539	125	130	-137.5	130	57.5	65	-70	65	195	125	135	142.5	142.5	337.5	355.70	9
Deysi Montes	1987	ESA	Open	64.3	67.5	1.0576	70	-85	-85	70	45	-55	-55	45	115	90	105	115	115	230	243.25	8
Cydney Smith	1971	USA	Open	72.7	75	0.9698	155	167.5	172.5	172.5	102.5	-140	110	110	282.5	162.5	175	182.5	182.5	465	450.97	12
Priscilla Ribic [TA]	1972	USA	Open	68.5	75	1.0100	222.5	237.5	-245	<b>237.5</b>	95	110	125	125	362.5	227.5	-252.5	252.5	<b>252.5</b>	615	621.15	
Malinda Baum	1963	USA	Open	81.4	82.5	0.9064	165	175	-185	<b>175</b>	97.5	102.5	107.5	107.5	282.5	175	-185	187.5	<b>187.5</b>	470	426.00	12
Maguena Caballeros	1962	GUA	Open	80.6	82.5	0.9112	155	165	175	<b>175</b>	120	125	127.5	<b>127.5</b>	302.5	145	165	-175	165	467.5	426.01	9

Chief Referee

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Side Referee

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Side Referee

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Giselle Costas	1980	PUR	Open	90	90	0.8641	217.5	227.5	232.5	<b>232.5</b>	125	132.5	<del>138.5</del>	132.5	365	210	<del>227.5</del>	<del>227.5</del>	210	575	496.84	12
Katey Dodge	1981	USA	Open	89.6	90	0.8657	<del>155</del>	155	<del>170</del>	155	102.5	<del>107.5</del>	<del>107.5</del>	102.5	257.5	142.5	152.5	<del>160</del>	152.5	410	354.93	9
Lana Allen	1988	USA	Open	132.9	90+	0.7852	170	190	212.5	<b>212.5</b>	125	<del>137.5</del>	142.5	<b>142.5</b>	355	160	175	<del>182.5</del>	175	530	416.13	12
<u>Paralympian</u>																						
Amia Pérez	1973	MEX	BP	54.7	56	1.1985					120	125	<del>132.5</del>	125								12

Chief Referee  
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Side Referee  
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