

7/3/2013

7th NAPF Caribbean Region Powerlifting Championships Results
Orlando, Florida, USA
July 1 - 6 2013

Fit B	Name	Team	Div	Bwt (kg)	WtCls (kg)	lot#	Wilks Coeff	YOB	SQ-1	SQ-2	SQ-3	BP-1	BP-2	BP-3	DL-1	DL-2	DL-3	(1) PL Total	(2) Wilks Pts	Pl-Div- WtCls-Evt
Female Open 47Kg																				
A	Maria Luisa Vasquez Sique	PUR	F-OC	46.8	47	7	1.349	1983	-160	162.5	-170.5	90	92.5	-95	145	-155	-155	400	539.600	1-F-OC-47-PL
Female Open 52Kg																				
A	Frances Baez	PUR	F-OC	51.8	52	16	1.2504	1988	115	122.5	-130	60	65	70	120	130	137.5	330	412.632	1-F-OC-52-PL
Female Open 57Kg																				
B	Jannitzzi Tapia	PUR	F-OC	54	57	20	1.2106	1994	125	-132.5	-132.5	57.5	65	-67.5	130	140	-145	330	399.498	1-F-OC-57-PL
Female Open 63Kg																				
A	Rebeca Diaz Lopez	PUR	F-OC	61.6	63	10	1.0925	1985	147.5	-155	160	52.5	60	65	132.5	142.5	-150	367.5	401.494	1-F-OC-63-PL
Female Open 72Kg																				
A	Ladys Burgos	PUR	F-OC	72	72	17	0.976	1989	167.5	175	-182.5	-85	85	87.5	170	180	-185	442.5	431.880	1-F-OC-72-PL
A	Giselle Ann Jackman	TRI	F-OC	71.7	72	15	0.9788	1993	110	115	120	47.5	50	55	140	150	155	330	323.004	2-F-OC-72-PL
Female Open 84Kg																				
B	Kimberly Mars-Loncke	GUY	F-OC	82	84	24	0.9028	1978	-160	160	-177.5	70	-80	80	160	170	-175	410	370.148	1-F-OC-84-PL
B	Truvia Plaskett	ISV	F-OC	76.4	84	23	0.9399	1971	-110	120	-127.5	57.5	-65	67.5	115	-137.5	137.5	325	305.467	2-F-OC-84-PL
Female 84+Kg																				
B	Giselle Costas Delgado	PUR	F-OC	102.1	84+	30	0.8277	1980	200	-212.5	-217.5	147.5	157.5	-165	192.5	202.5	-207.5	560	463.512	1-F-OC-84+-PL

Best Lifter	Maria Luisa Vasquez Sique	539.6
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Teams Awards		
Team	Pos	Pts
Puerto Rico	1	60
Guyana	2	12
Trinidad and Tobago	3	9
US Virgin Islands	4	9