

**RICKS POWER PRODUCTIONS PRESENTS
THE FIFTH ANNUAL
DRUG FREE
SOUTHERN OHIO POWERLIFTING AND BENCH
CHAMPIONSHIPS**

Saturday, August 9, 2008

**NEO LIMITS FITNESS Center
51 E Spring Valley Pike, Centerville Ohio 45458
937-291-7990**

Meet Director: David Ricks @ (937) 435-2127
e-mail: RICKS181@HOTMAIL.COM.

WEIGH-INS: Regular weigh-ins August 9, 2008 from 7:30 a.m. to 9:00 a.m. at NEO LIMITS Fitness Center

Lifting will start approximately 09:30 a.m.

HOTEL ACCOMMODATIONS

Fairfield Inn Dayton South
8035 Washington Village Dr.
Dayton, OH 45458
Phone: 1-937-428-7736

DIVISIONS AND WEIGHT CLASSES

MEN'S DIVISIONS

123, 132, 148, 165, 181, 198, 220, 242, 275, SHW

WOMENS' DIVISIONS:

105, 114, 123, 132, 148, 165, 181, 198, 198+

Masters will be by Wilks Formula

All entries **MUST** be received by
Saturday, July 19, 2008
Make all Checks Payable to
David Ricks
8835 Winston Farm Lane
Dayton, Ohio 45458
(937)-435-2127



**2008 SOUTHERN OHIO CHAMPIONSHIP ENTRY FORM
DEADLINE 19, JULY 2008**

NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

HOME# _____ E-MAIL _____

WEIGHT CLASS _____ USAPL# _____ AGE _____
SEX _____

T-Shirt Size: S M L XL XXL XXXL

Put an "X" in the Meet & Division you wish to enter.
You may enter more than one Meet and Division.

Bench Press Meet	Powerlifting Meet
<input type="checkbox"/> Open <input type="checkbox"/> Teen 14 – 15 <input type="checkbox"/> Teen 16 – 17 <input type="checkbox"/> Teen 18 – 19 <input type="checkbox"/> Juniors (20 – 23) <input type="checkbox"/> Masters (40 +) <input type="checkbox"/> Raw (only a belt & knee wrap)	<input type="checkbox"/> Open <input type="checkbox"/> Teen 14 – 15 <input type="checkbox"/> Teen 16 – 17 <input type="checkbox"/> Teen 18 – 19 <input type="checkbox"/> Juniors (20 – 23) <input type="checkbox"/> Masters (40 +) <input type="checkbox"/> Raw (only a belt & knee wrap)
<p align="center"><u>ENTRY FEES</u></p> \$45.00 – Adult (Full Meet or BP) \$35.00 – Teen (Full Meet or BP) \$30.00 – Add. Meet/Division \$35.00 – Team Entry Fee \$12.00 – T-Shirt (S-XL) \$15.00 – T-Shirt (XXL-XXXL)	<p align="center"><u>CHECKS PAYABLE TO</u></p> David Ricks 8835 Winston Farm Lane Dayton, OH 45458

DRUG FREE WAIVER

I hereby give my word of honor as an athlete that I have not used any strength inducing drugs (i.e. any anabolic steroids, natural or synthetic growth hormone) as part of my training during the past thirty-six months, nor have I used prescription or psychomotor stimulants during the seven days prior to this meet.

Applicant Signature in Full

RELEASE FROM LIABILITY

Read Carefully. When you sign it you will be giving up important legal rights. In consideration of the acceptance of my entry blank on this powerlifting competition, I intend to be legally bound, for not only myself but also for my heirs, my executors and my administrators. In signing this release from liability I waive and release everyone connected with this competition from any and all liability, including any result of negligence, which may arise from these competition. Moreover, I agree that any testing method, which the meet director and the sponsors of this meet use to detect the presence of strength inducing, drugs "Shall Be Conclusive". That is whether I think the results of the tests are right or wrong I agree that I have no right to challenge the results of the drug tests. I further agree to submit to any physical tests that might be necessary to complete the drug testing. Should I fail to pass the drug tests, I agree to forfeit any trophy or award, which I might otherwise have won. If it is determined that I have failed the drug test, I agree to waive any claim for which legal relief is available. I agree to pay any attorney fee and litigation expenses incurred by any person, real or corporate, which I may sue in an effort to challenge this release from liability form. I understand that my agreement to pay attorney fees and litigation expenses is the some qua non-for the acceptance of my entry in this contest. If any provision of the release from liability shall be deemed by a court of competent jurisdiction to be invalid, the remainder of this release from liability shall remain in full force and effect. I also certify with my signature that this release/agreement cannot be modified orally.

Applicant Signature in Full

Signature of Parent or Guardian
(If applicant is under legal age of 18)