



AMERICA'S CHOICE
FOR DRUG-FREE STRENGTHSPORTSM

2010 ARNOLD SPORTS FESTIVAL INVITATION

Promoted by: USA Powerlifting Federation

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USA Powerlifting invites members from your Federation to participate at the **2010 Arnold Sports Festival**. Events to be held are the **USAPL Raw Challenge, IPF GNC Pro Deadlift Competition, IPF Titan Pro Bench Bash Competition** and **NAPF Quest Pro American Invitational**. Athletes have been selected based off of set criteria that can be found on the official website (located below).

Invitee Lists:

USAPL Raw Challenge: www.usapowerlifting.com/nationals/arnold/2010/10ARNOLD_raw.htm

IPF GNC Pro Deadlift Competition: www.usapowerlifting.com/nationals/arnold/2010/10ARNOLD_dl.htm

IPF Titan Pro Bench Bash: www.usapowerlifting.com/nationals/arnold/2010/10ARNOLD_bp.htm

NAPF Quest Pro American: www.usapowerlifting.com/nationals/arnold/2010/10ARNOLD_quest.htm

Acceptance Deadline: 1 November 2009. Athlete acceptance for International Lifters must be submitted through Federation President for non-U.S. lifters.

Host City : Columbus, Ohio / USA

Date: 4-7 March 2010

Venue: Columbus Convention Center

Technical Meeting: Thursday, 4 March 2010 – 7:00pm

Hotels: University Plaza Hotel (www.universityplazaosu.com)
3110 Olentangy River Road
Columbus, Ohio 43202
Phone: 614-267-7461
Fax: 614-267-3978

Room: 129.00 USD per night, (hotel taxes additional).

Additional meet hotel to be designated at a later date. Hotels may also be found at:

www.arnoldsportsfestival.com/h_hotels.asp

All delegates to make own reservations and pay the hotel directly by credit card or cash. Please make reservations early.

Arrivals/Transportation: Port Columbus International Airport (airport code: CMH)

Scales: Scales available at venue

Photos: Identification is necessary for security reasons; each nation must send one photo for each lifter, coach and official. Digital photos preferred.

Entry/Anti-Doping Fee: 150.00 USD for each International lifter declared must be paid by federation at the technical meeting. **US lifters must pay fee by 30 November 2009 to the USAPL National Office.** (Entry/Anti-doping fees are non-refundable.)

USAPL Official ASF Website: www.usapowerlifting.com/nationals/arnold/index.shtml

Arnold Sports Festival Website: www.arnoldsportsfestival.com

The American Drug Free Powerlifting Association, Inc.

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<http://www.usapowerlifting.com> • <http://www.adfpa.com>