

2007 USAPL Lifter Rankings

Men's Master 40-44

| Squat | | | Bench Press | | | Dealift | | | Total | | |
|--------------|---------------------|-----|--------------------|---------------------|-----|----------------|---------------------|-----|--------------|---------------------|------|
| 123 | | | | | | | | | | | |
| 1 | Ervin Gainer | 485 | 1 | Ervin Gainer | 314 | 1 | Ervin Gainer | 507 | 1 | Ervin Gainer | 1306 |
| 2 | Dava Thomas | 143 | 2 | Dava Thomas | 72 | 2 | Dava Thomas | 215 | 2 | Dava Thomas | 430 |
| 132 | | | | | | | | | | | |
| 1 | Eric Kupperstein | 507 | 1 | Rex Mc Laren | 331 | 1 | Eric Kupperstein | 579 | 1 | Eric Kupperstein | 1356 |
| 2 | Kevin Jones | 408 | 2 | Eric Kupperstein | 276 | 2 | Rex Mc Laren | 463 | 2 | Rex Mc Laren | 1179 |
| 3 | Rex Mc Laren | 386 | 3 | Kevin Jones | 259 | 3 | Kevin Jones | 375 | 3 | Kevin Jones | 1042 |
| 4 | Michael Freecorn | 290 | 4 | Michael Freecorn | 230 | 4 | Michael Freecorn | 350 | 4 | Michael Freecorn | 870 |
| 5 | Bernie Tatulinski | 150 | 5 | Bernie Tatulinski | 115 | 5 | Bernie Tatulinski | 210 | 5 | Bernie Tatulinski | 475 |
| 148 | | | | | | | | | | | |
| 1 | Darren Matsumoto | 584 | 1 | Darren Matsumoto | 419 | 1 | Darren Matsumoto | 496 | 1 | Darren Matsumoto | 1488 |
| 2 | Joe Scribner | 320 | 2 | Joe Scribner | 280 | 2 | Joe Scribner | 380 | 2 | Joe Scribner | 980 |
| 3 | Craig Rabbage | 143 | 3 | Craig Rabbage | 204 | 3 | Craig Rabbage | 237 | 3 | Craig Rabbage | 612 |
| 165 | | | | | | | | | | | |
| 1 | Greg Page | 557 | 1 | Donovan Thompson | 419 | 1 | Mike Stanley | 612 | 1 | Greg Page | 1494 |
| 2 | Greg Simmons | 557 | 2 | Greg Simmons | 375 | 2 | Greg Page | 584 | 2 | Mike Stanley | 1472 |
| 3 | Donovan Thompson | 518 | 3 | Greg Page | 353 | 3 | Scott Lynch | 551 | 3 | Donovan Thompson | 1439 |
| 4 | Mike Stanley | 507 | 4 | Mike Stanley | 353 | 4 | Donovan Thompson | 513 | 4 | Scott Lynch | 1400 |
| 5 | Scott Lynch | 502 | 5 | Scott Steele | 350 | 5 | Francis Kozub | 480 | 5 | Francis Kozub | 1210 |
| 6 | Pat Young | 425 | 6 | Scott Lynch | 347 | 6 | Rick Bertel | 474 | 6 | Scott Steele | 1150 |
| 7 | Francis Kozub | 420 | 7 | Francis Kozub | 320 | 7 | Scott Steele | 440 | 7 | Rick Bertel | 1124 |
| 8 | Dariel Unson | 413 | 8 | Tim Rickett | 309 | 8 | Dariel Unson | 424 | 8 | Greg Simmons | 1097 |
| 9 | Rick Bertel | 402 | 9 | Douglas Myers | 292 | 9 | Pat Young | 420 | 9 | Pat Young | 1085 |
| 10 | Mel Hara | 369 | 10 | Mel Hara | 287 | 10 | Mel Hara | 419 | 10 | Dariel Unson | 1080 |
| 11 | Scott Steele | 360 | 11 | Rick Bertel | 265 | 11 | Douglas Myers | 402 | 11 | Mel Hara | 1075 |
| 12 | Douglas Myers | 325 | 12 | Dariel Unson | 243 | 12 | Tim Rickett | 380 | 12 | Douglas Myers | 1019 |
| 13 | Tim Rickett | 314 | 13 | Pat Young | 240 | 13 | Jackie Johnson | 248 | 13 | Tim Rickett | 1003 |
| 14 | Jackie Johnson | 154 | 14 | Jackie Johnson | 88 | 14 | Greg Simmons | 165 | 14 | Jackie Johnson | 491 |
| 181 | | | | | | | | | | | |
| 1 | Laddie Gibson | 601 | 1 | Laddie Gibson | 457 | 1 | Laddie Gibson | 656 | 1 | Laddie Gibson | 1714 |
| 2 | Joe Braca | 579 | 2 | Lance Slaughter | 402 | 2 | Joe Braca | 606 | 2 | Darren Nemow | 1554 |
| 3 | Darren Nemow | 573 | 3 | Darren Nemow | 380 | 3 | Darren Nemow | 601 | 3 | Joe Braca | 1543 |
| 4 | Tom Scagliarini | 557 | 4 | Vince Johnson | 369 | 4 | Mike Stanley | 573 | 4 | Vince Johnson | 1466 |
| 5 | Vince Johnson | 540 | 5 | Ronald Legarreta | 364 | 5 | Vince Johnson | 557 | 5 | Mike Stanley | 1411 |
| 6 | Vince Stanec | 540 | 6 | Joe Braca | 358 | 6 | Ronald Legarreta | 518 | 6 | Ronald Legarreta | 1394 |
| 7 | Rick Guerrero | 518 | 7 | Joel Ford | 358 | 7 | Tom Scagliarini | 502 | 7 | Tom Scagliarini | 1383 |
| 8 | Mike Stanley | 513 | 8 | Douglas Scarborough | 355 | 8 | Vince Stanec | 502 | 8 | Vince Stanec | 1372 |
| 9 | Ronald Legarreta | 513 | 9 | Dale Pierce | 353 | 9 | Rick Guerrero | 501 | 9 | Rick Guerrero | 1361 |
| 10 | Michael Sichelman | 463 | 10 | Rick Guerrero | 341 | 10 | Douglas Scarborough | 500 | 10 | Douglas Scarborough | 1305 |
| 11 | Joel Ford | 457 | 11 | Donovan Thompson | 336 | 11 | Fotis Kafetzis | 485 | 11 | Lance Slaughter | 1295 |
| 12 | Donovan Thompson | 452 | 12 | Tom Scagliarini | 336 | 12 | Michael Sichelman | 480 | 12 | Joel Ford | 1290 |
| 13 | Lance Slaughter | 452 | 13 | Vince Stanec | 331 | 13 | Joel Ford | 474 | 13 | Dale Pierce | 1253 |
| 14 | Oliver Eehn | 452 | 14 | Mike Stanley | 325 | 14 | Oliver Eehn | 468 | 14 | Donovan Thompson | 1246 |
| 15 | Dale Pierce | 450 | 15 | Bob Poetzel | 303 | 15 | Chris Patton | 463 | 15 | Michael Sichelman | 1213 |
| 16 | Douglas Scarborough | 450 | 16 | Oliver Eehn | 281 | 16 | Donovan Thompson | 457 | 16 | Oliver Eehn | 1202 |
| 17 | Jay Trenhaile | 407 | 17 | Jay Trenhaile | 276 | 17 | Dale Pierce | 450 | 17 | Jay Trenhaile | 1118 |
| 18 | David Connolly | 380 | 18 | Jerome Penn | 270 | 18 | Lance Slaughter | 441 | 18 | Bob Poetzel | 1086 |
| 19 | Bob Poetzel | 375 | 19 | Michael Sichelman | 270 | 19 | Jay Trenhaile | 435 | 19 | Fotis Kafetzis | 1058 |
| 198 | | | | | | | | | | | |
| 1 | Adrian Serio | 685 | 1 | Eliot Feldman | 534 | 1 | Craig Terry | 754 | 1 | Craig Terry | 1796 |
| 2 | Craig Terry | 678 | 2 | Rodney Woods | 507 | 2 | Steve Lemarie | 660 | 2 | Troy Gibson | 1710 |
| 3 | Jim Brown | 623 | 3 | Troy Gibson | 485 | 3 | Troy Gibson | 650 | 3 | Rodney Woods | 1703 |
| 4 | Rodney Woods | 617 | 4 | Jim Brown | 480 | 4 | Adrian Serio | 625 | 4 | Jim Brown | 1648 |
| 5 | Julian Ulvang | 584 | 5 | Julian Ulvang | 419 | 5 | Joe Ascani | 595 | 5 | Adrian Serio | 1625 |
| 6 | Troy Gibson | 575 | 6 | Roger Petzoldt | 413 | 6 | Rodney Woods | 579 | 6 | Steve Lemarie | 1610 |
| 7 | Steve Lemarie | 565 | 7 | Allan Miller | 402 | 7 | Julian Ulvang | 562 | 7 | Julian Ulvang | 1560 |
| 8 | Joe Ascani | 555 | 8 | Steve Lemarie | 385 | 8 | Roger Petzoldt | 557 | 8 | Roger Petzoldt | 1466 |
| 9 | Ford Sheridan | 524 | 9 | Ford Sheridan | 380 | 9 | Jim Brown | 546 | 9 | Joe Ascani | 1450 |
| 10 | Allan Miller | 518 | 10 | Craig Terry | 369 | 10 | Ford Sheridan | 535 | 10 | Allan Miller | 1444 |
| 11 | Eliot Feldman | 518 | 11 | Ivan Valentin | 353 | 11 | Allan Miller | 524 | 11 | Ford Sheridan | 1439 |
| 12 | Roger Petzoldt | 496 | 12 | Brett Masuoka | 325 | 12 | Rick Johnson | 520 | 12 | Ivan Valentin | 1290 |
| 13 | Rick Johnson | 475 | 13 | Adrian Serio | 315 | 13 | Ted Longo | 513 | 13 | Rick Johnson | 1275 |
| 14 | Ivan Valentin | 474 | 14 | Dean Pagonis | 315 | 14 | Eliot Feldman | 496 | 14 | Ted Longo | 1273 |

| | | | | | | | | | | | |
|----|---------------|-----|----|----------------|-----|----|---------------|-----|----|---------------|------|
| 15 | Ted Longo | 474 | 15 | Joe Ascani | 300 | 15 | Dean Pagonis | 495 | 15 | Eliot Feldman | 1257 |
| 16 | Brett Masuoka | 463 | 16 | Mike Braun | 295 | 16 | Ivan Valentin | 474 | 16 | Brett Masuoka | 1251 |
| 17 | Gil Reboton | 452 | 17 | Brian Burnbaum | 287 | 17 | Gil Reboton | 468 | 17 | Dean Pagonis | 1200 |
| 18 | Russ Nielsen | 435 | 18 | Ted Longo | 287 | 18 | Gerald Shaw | 465 | 18 | Gil Reboton | 1196 |
| 19 | Joe Listopad | 400 | 19 | Gerald Shaw | 280 | 19 | Brett Masuoka | 463 | 19 | Gerald Shaw | 1120 |
| 20 | Dean Pagonis | 390 | 20 | Rick Johnson | 280 | 20 | Juan Perez | 452 | 20 | Mike Braun | 1115 |

220

| | | | | | | | | | | | |
|----|-----------------|-----|----|----------------|-----|----|-----------------|-----|----|----------------|------|
| 1 | Henry Gerard | 683 | 1 | Henry Gerard | 513 | 1 | Daniel Mahan | 650 | 1 | Henry Gerard | 1753 |
| 2 | Daniel Mahan | 650 | 2 | Ray Brunck | 474 | 2 | Tim Schepper | 617 | 2 | Ray Brunk | 1675 |
| 3 | Mike Willett | 617 | 3 | Terry Mitchell | 462 | 3 | Ray Brunk | 601 | 3 | Daniel Mahan | 1648 |
| 4 | Ray Brunck | 610 | 4 | Mike Willett | 452 | 4 | Henry Gerard | 595 | 4 | Mike Willett | 1648 |
| 5 | Greg Titus | 590 | 5 | Kevin Farley | 441 | 5 | Dan Mahan | 579 | 5 | Tim Schepper | 1593 |
| 6 | Bob Miller | 573 | 6 | Steve Stout | 418 | 6 | Greg Titus | 579 | 6 | Greg Titus | 1576 |
| 7 | Tim Schepper | 573 | 7 | Greg Titus | 408 | 7 | Mike Willett | 579 | 7 | Bob Miller | 1472 |
| 8 | Tim Fox | 560 | 8 | Isiah Cross | 402 | 8 | Steve Stout | 562 | 8 | Dan Mahan | 1444 |
| 9 | John Hanson | 546 | 9 | Tim Schepper | 402 | 9 | Bill Beekely | 557 | 9 | Tim Fox | 1435 |
| 10 | Dan Mahan | 529 | 10 | Ron Dues | 380 | 10 | James Perry | 550 | 10 | Isiah Cross | 1433 |
| 11 | James Perry | 520 | 11 | Scott Holden | 380 | 11 | Tim Wilson | 550 | 11 | Terry Mitchell | 1420 |
| 12 | Ivan Lambert | 507 | 12 | Bill Hawkins | 369 | 12 | Bob Miller | 540 | 12 | James Perry | 1390 |
| 13 | Scott Holden | 501 | 13 | Bob Miller | 358 | 13 | Tim Fox | 540 | 13 | Scott Holden | 1382 |
| 14 | Terry Mitchell | 501 | 14 | Eddie Shrader | 350 | 14 | Isiah Cross | 535 | 14 | Eddie Shrader | 1350 |
| 15 | Eddie Shrader | 500 | 15 | Daniel Mahan | 347 | 15 | Dave Fusco | 520 | 15 | Bill Beekely | 1345 |
| 16 | Isiah Cross | 496 | 16 | John Hanson | 342 | 16 | Ted Longo | 510 | 16 | John Hanson | 1345 |
| 17 | Bill Beekely | 485 | 17 | Dan Mahan | 336 | 17 | Gilmore Reboton | 507 | 17 | Ron Dues | 1320 |
| 18 | Gilmore Reboton | 485 | 18 | Tim Fox | 335 | 18 | Ivan Lambert | 501 | 18 | Ted Longo | 1315 |
| 19 | Ted Longo | 485 | 19 | Greg Nucci | 320 | 19 | Scott Holden | 501 | 19 | Ivan Lambert | 1311 |
| 20 | Brad Foster | 480 | 20 | James Perry | 320 | 20 | Eddie Shrader | 500 | 20 | Dave Fusco | 1290 |

242

| | | | | | | | | | | | |
|----|------------------|-----|----|------------------|-----|----|------------------|-----|----|------------------|------|
| 1 | Anthony Harris | 843 | 1 | Jeff Douglas | 535 | 1 | Anthony Harris | 788 | 1 | Anthony Harris | 2138 |
| 2 | Jeff Douglas | 816 | 2 | Ennis White | 529 | 2 | Jeff Douglas | 650 | 2 | Jeff Douglas | 2001 |
| 3 | Kurt Weyrough | 645 | 3 | Anthony Harris | 507 | 3 | Bryan Getchell | 623 | 3 | Ennis White | 1780 |
| 4 | Jim Dundon | 639 | 4 | Bryan Getchell | 502 | 4 | Lyndon Samuels | 623 | 4 | Bryan Getchell | 1725 |
| 5 | Ennis White | 634 | 5 | Jim Dundon | 468 | 5 | Ennis White | 617 | 5 | Jim Dundon | 1698 |
| 6 | Bryan Getchell | 601 | 6 | Kurt Weyrough | 441 | 6 | Wilson Martinez | 601 | 6 | Kurt Weyrough | 1670 |
| 7 | Cody Colchado Jr | 540 | 7 | Kevin Farley | 430 | 7 | Jim Dundon | 590 | 7 | Lyndon Samuels | 1521 |
| 8 | Wilson Martinez | 518 | 8 | Cody Colchado Jr | 424 | 8 | Kurt Weyrough | 584 | 8 | Cody Colchado Jr | 1516 |
| 9 | Lyndon Samuels | 513 | 9 | Michael Hill | 408 | 9 | Cody Colchado Jr | 551 | 9 | Wilson Martinez | 1488 |
| 10 | Kevin Farley | 485 | 10 | Peter Maynard | 391 | 10 | Don Gulling | 513 | 10 | Kevin Farley | 1427 |
| 11 | Peter Maynard | 474 | 11 | Lyndon Samuels | 386 | 11 | Kevin Farley | 513 | 11 | Don Gulling | 1350 |
| 12 | Don Gulling | 463 | 12 | Don Gulling | 375 | 12 | Michael Hill | 513 | 12 | Michael Hill | 1345 |
| 13 | Greg Mendoza | 462 | 13 | Wilson Martinez | 369 | 13 | Lee Vander Voste | 502 | 13 | Lee Vander Voste | 1306 |
| 14 | Lee Vander Voste | 452 | 14 | Lee Vander Voste | 353 | 14 | Greg Mendoza | 451 | 14 | Greg Mendoza | 1243 |
| 15 | Michael Hill | 424 | 15 | Greg Mendoza | 330 | 15 | Peter Maynard | 430 | 15 | Peter Maynard | 1235 |

275

| | | | | | | | | | | | |
|----|-------------------|-----|----|-------------------|-----|----|-------------------|-----|----|-------------------|------|
| 1 | Kelvin Hayes | 783 | 1 | Byron Nichols | 585 | 1 | Shawn Baker | 711 | 1 | Kelvin Hayes | 1913 |
| 2 | Kevin Stewart | 722 | 2 | Kevin Stewart | 562 | 2 | Kelvin Hayes | 672 | 2 | Byron Nichols | 1885 |
| 3 | Terrence Gauthier | 705 | 3 | Terrence Gauthier | 524 | 3 | Tom Pennella | 650 | 3 | Kevin Stewart | 1885 |
| 4 | William McDonough | 683 | 4 | William McDonough | 524 | 4 | Kevin Stewart | 628 | 4 | Terrence Gauthier | 1852 |
| 5 | Keith Belisle | 680 | 5 | Bill Collins | 513 | 5 | Byron Nichols | 625 | 5 | William McDonough | 1824 |
| 6 | Byron Nichols | 675 | 6 | Keith Belisle | 480 | 6 | Terrence Gauthier | 623 | 6 | Bill Collins | 1742 |
| 7 | Kenny Malchow | 660 | 7 | Doug Waterman | 474 | 7 | William McDonough | 617 | 7 | Kenny Malchow | 1705 |
| 8 | Bill Collins | 628 | 8 | Kenny Malchow | 465 | 8 | Bill Collins | 601 | 8 | Keith Belisle | 1670 |
| 9 | Joe Kunzman | 584 | 9 | Kelvin Hayes | 458 | 9 | Kenny Malchow | 580 | 9 | Tom Pennella | 1565 |
| 10 | Joe Lewis | 579 | 10 | Pat Rankin | 457 | 10 | Joe Lewis | 573 | 10 | Joe Kunzman | 1560 |
| 11 | Carl Werda | 551 | 11 | Tom Pennella | 457 | 11 | Joe Kunzman | 568 | 11 | Shawn Baker | 1510 |
| 12 | Doug Waterman | 474 | 12 | Cody Colchado | 419 | 12 | Carl Werda | 562 | 12 | Doug Waterman | 1505 |
| 13 | Scott McKelvey | 474 | 13 | Joe Kunzman | 408 | 13 | Doug Waterman | 557 | 13 | Joe Lewis | 1494 |
| 14 | Shawn Baker | 463 | 14 | Cy Hundley | 364 | 14 | Jim Parhach | 551 | 14 | Carl Werda | 1433 |
| 15 | Tom Pennella | 457 | 15 | Fred Dupris | 354 | 15 | Keith Belisle | 525 | 15 | Cody Colchado | 1323 |
| 16 | Cy Hundley | 413 | 16 | Joe Lewis | 342 | 16 | Cody Colchado | 502 | 16 | Scott McKelvey | 1257 |
| 17 | Cody Colchado | 402 | 17 | Shawn Baker | 336 | 17 | Scott McKelvey | 457 | 17 | Cy Hundley | 1202 |
| 18 | Jim Parhach | 303 | 18 | Scott McKelvey | 325 | 18 | Cy Hundley | 424 | 18 | Jim Parhach | 1130 |
| 19 | Fred Dupris | 55 | 19 | Carl Werda | 320 | 19 | Pat Rankin | 375 | 19 | Pat Rankin | 887 |
| 20 | Pat Rankin | 55 | 20 | Jim Parhach | 276 | 20 | Fred Dupris | 165 | 20 | Fred Dupris | 584 |

SHW

| | | | | | | | | | | | |
|---|-----------------|-----|---|-----------------|-----|---|-----------------|-----|---|-----------------|------|
| 1 | Brad Gillingham | 849 | 1 | Brad Gillingham | 612 | 1 | Brad Gillingham | 860 | 1 | Brad Gillingham | 2320 |
| 2 | Sean Culnan | 783 | 2 | Beau Moore | 562 | 2 | Beau Moore | 766 | 2 | Sean Culnan | 2105 |
| 3 | Tom Allred | 750 | 3 | Sean Culnan | 562 | 3 | Sean Culnan | 766 | 3 | Beau Moore | 2056 |

| | | | | | | | | | | | |
|----|-------------------|-----|----|-------------------|-----|----|-------------------|-----|----|-------------------|------|
| 4 | Aaron Foust | 740 | 4 | Tom Allred | 535 | 4 | Brent Mikesell | 705 | 4 | Brent Mikesell | 1923 |
| 5 | Beau Moore | 739 | 5 | Dwight Dunn | 502 | 5 | Tom Allred | 620 | 5 | Tom Allred | 1905 |
| 6 | Brent Mikesell | 733 | 6 | Bobby Bowman | 501 | 6 | Ryan Risner | 606 | 6 | Aaron Foust | 1765 |
| 7 | Ryan Risner | 612 | 7 | Brent Mikesell | 485 | 7 | Ismael Abdulmalek | 579 | 7 | Dwight Dunn | 1653 |
| 8 | Dwight Dunn | 601 | 8 | Aaron Foust | 475 | 8 | Joe Kunzman | 562 | 8 | Bobby Bowman | 1603 |
| 9 | Daniel Cotter | 590 | 9 | Bobbie Patton | 435 | 9 | Bobby Bowman | 551 | 9 | Ryan Risner | 1582 |
| 10 | Joe Kunzman | 590 | 10 | Daniel Cotter | 408 | 10 | Dwight Dunn | 551 | 10 | Joe Kunzman | 1560 |
| 11 | Ismael Abdulmalek | 568 | 11 | Joe Kunzman | 408 | 11 | Aaron Foust | 550 | 11 | Daniel Cotter | 1527 |
| 12 | Terrance Brooks | 568 | 12 | James Myers | 402 | 12 | Daniel Cotter | 529 | 12 | Ismael Abdulmalek | 1522 |
| 13 | Bobby Bowman | 551 | 13 | Ismael Abdulmalek | 375 | 13 | Ronnie Armstead | 525 | 13 | Bobbie Patton | 1480 |
| 14 | Bobbie Patton | 530 | 14 | Terrance Brooks | 375 | 14 | Bobbie Patton | 515 | 14 | Ronnie Armstead | 1399 |
| 15 | Ronnie Armstead | 529 | 15 | Ryan Risner | 364 | 15 | James Myers | 507 | 15 | James Myers | 1361 |
| 16 | James Myers | 452 | 16 | Ronnie Armstead | 355 | 16 | Terrance Brooks | 408 | 16 | Terrance Brooks | 1350 |
| 17 | Jervis Penn | 255 | 17 | Jervis Penn | 345 | 17 | Jervis Penn | 400 | 17 | Jervis Penn | 1000 |
| 18 | Michael Ricker | 220 | 18 | Michael Ricker | 220 | 18 | Michael Ricker | 220 | 18 | Michael Ricker | 661 |