

2007 USAPL Lifter Rankings

Men's M4 to M9

	Squat			Bench Press			Dealift			Total	
55-59											
123											
1	Alex Galant	331	1	Homayoun Shiviae	176	1	Alex Galant	336	1	Alex Galant	827
2	Homayoun Shiviae	298	2	Alex Galant	160	2	Homayoun Shiviae	331	2	Homayoun Shiviae	805
132											
1	Michael Blaize	245	1	Michael Blaize	140	1	Michael Blaize	270	1	Michael Blaize	650
148											
1	Robert Coleman	314	1	Rich Blaumiller	193	1	Robert Coleman	331	1	Robert Coleman	821
2	Rich Blaumiller	265	2	Robert Coleman	176	2	Rich Blaumiller	325	2	Rich Blaumiller	783
165											
1	John Harrop	445	1	Mikhail Brusser	287	1	Nicholas Theodore	546	1	John Harrop	1190
2	Gregory Kleyn	408	2	Gregory Kleyn	254	2	John Harrop	545	2	Gregory Kleyn	1135
3	Joe Rizza	400	3	Alan Sheen	220	3	Gregory Kleyn	474	3	Joe Rizza	960
4	Mike Rosenwald	331	4	Mike Rosenwald	215	4	Mikhail Brusser	424	4	Nicholas Theodore	959
5	Nicholas Theodore	303	5	John Harrop	200	5	Joe Rizza	400	5	Mikhail Brusser	942
6	Alan Sheen	290	6	Joe Rizza	160	6	Alan Sheen	380	6	Mike Rosenwald	909
7	Mikhail Brusser	248	7	Nicholas Theodore	110	7	Mike Rosenwald	364	7	Alan Sheen	890
181											
1	Sid Reid	445	1	Bruce Sullivan	303	1	Sid Reid	475	1	Sid Reid	1200
2	Bruce Sullivan	424	2	Walter Terry	281	2	Bruce Sullivan	468	2	Bruce Sullivan	1196
3	Walter Terry	364	3	Sid Reid	280	3	Bill Weinstock	463	3	Walter Terry	1069
4	Bill Weinstock	353	4	Ken Leisinger	265	4	Walter Terry	424	4	Bill Weinstock	1009
5	Jerry King	287	5	Jerry King	254	5	Ken Leisinger	380	5	Ken Leisinger	882
6	Nick Sinardi	276	6	Bill Weinstock	193	6	Nick Sinardi	342	6	Jerry King	877
7	Aleks Shakin	265	7	Aleks Shakin	182	7	Jerry King	336	7	Aleks Shakin	739
8	Ken Leisinger	231	8	Nick Sinardi	105	8	Aleks Shakin	292	8	Nick Sinardi	722
198											
1	Tom Harman	474	1	Steve Harms	369	1	Mick Stevens	524	1	Tom Harman	1323
2	Mick Stevens	424	2	Joe Nealis	347	2	Tom Harman	502	2	Mick Stevens	1213
3	Steve Harms	419	3	Tom Harman	347	3	Joe Nealis	474	3	Joe Nealis	1202
4	Kevin Conroy	385	4	Kevin Conroy	315	4	Howard Gutnick	463	4	Steve Harms	1179
5	Joe Nealis	380	5	Terry Walt	292	5	Kevin Conroy	430	5	Kevin Conroy	1130
6	Terry Walt	347	6	Mick Stevens	265	6	Terry Walt	413	6	Terry Walt	1053
7	Howard Gutnick	320	7	Howard Gutnick	254	7	Steve Harms	391	7	Howard Gutnick	1036
8	Robert Bienveno Jr	198	8	Robert Bienveno Jr	198	8	Robert Bienveno Jr	342	8	Robert Bienveno Jr	739
220											
1	Larry Wallen	628	1	Floyd Givens	413	1	Larry Wallen	672	1	Larry Wallen	1664
2	Floyd Givens	551	2	Stan Mingus	397	2	Floyd Givens	601	2	Floyd Givens	1565
3	David Clark	463	3	David Barkee	364	3	David Clark	584	3	David Clark	1411
4	Stan Mingus	452	4	David Clark	364	4	Careslay Tony	502	4	Stan Mingus	1323
5	David Barkee	446	5	Larry Wallen	364	5	Alvah Cass	485	5	David Barkee	1257
6	Delvan Worley	419	6	Careslay Tony	276	6	Delvan Worley	485	6	Alvah Cass	1135
7	Alvah Cass	386	7	Alvah Cass	265	7	Stan Mingus	474	7	Careslay Tony	1130
8	Careslay Tony	353	8	Delvan Worley	198	8	David Barkee	446	8	Delvan Worley	1102
242											
1	Frank Panaro	595	1	William Sindelar	413	1	Frank Panaro	661	1	William Sindelar	1571
2	William Sindelar	590	2	Bill Sindelar	402	2	Bill Sindelar	573	2	Frank Panaro	1560
3	Ralph Brown	575	3	Ralph Brown	400	3	William Sindelar	568	3	Bill Sindelar	1527
4	Bill Sindelar	551	4	Steve Slavens	375	4	Stephen Cohle	555	4	Ralph Brown	1475
5	Steve Slavens	452	5	Stephen Cohle	364	5	Steve Slavens	502	5	Stephen Cohle	1355
6	Stephen Cohle	450	6	Ron Beuch	350	6	Ralph Brown	500	6	Steve Slavens	1328
7	Preston Sumner	430	7	Preston Sumner	336	7	Mike Murphy	480	7	Ron Beuch	1205
8	Mike Murphy	380	8	Frank Panaro	303	8	Ron Beuch	475	8	Preston Sumner	1185
9	Ron Beuch	380	9	Mike Murphy	303	9	Preston Sumner	419	9	Mike Murphy	1163
10	Tom Kerrigan	320	10	Tom Kerrigan	290	10	William Rickards	340	10	William Rickards	900
11	William Rickards	300	11	William Rickards	260	11	Joe Marsilio	220	11	Tom Kerrigan	810
12	Joe Marsilio	55	12	Joe Marsilio	220	12	Tom Kerrigan	200	12	Joe Marsilio	634
275											
1	Al Wood	463	1	Al Wood	386	1	Al Wood	485	1	Al Wood	1334

2	Robert Crawford	452	2	Robert Crawford	386	2	Robert Crawford	474	2	Robert Crawford	1312
3	Curt Dreyer	424	3	Curt Dreyer	353	3	Preston Sumner	441	3	Curt Dreyer	1213
4	Preston Sumner	402	4	Preston Sumner	309	4	Curt Dreyer	435	4	Preston Sumner	1152
5	Dan Harkins	364	5	Dan Harkins	287	5	Dan Harkins	380	5	Dan Harkins	1031

SHW

1	Steve Green	683	1	Steve Green	535	1	Steve Green	634	1	Steve Green	1852
2	Milton Miller	225	2	Milton Miller	225	2	Milton Miller	350	2	Milton Miller	800
3	Sean Anderson	135	3	Sean Anderson	135	3	Sean Anderson	135	3	Sean Anderson	405

60-64

132

1	Robert Trujillo	364	1	Robert Trujillo	237	1	Robert Trujillo	435	1	Robert Trujillo	1036
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148

1	Gorden Santee	303	1	Gorden Santee	209	1	Gorden Santee	424	1	Gorden Santee	937
2	James Yeats	397	2	James Yeats	237	2	James Yeats	468	2	James Yeats	1102

165

1	Sam Alduenda	463	1	Sam Alduenda	320	1	Sam Alduenda	535	1	Sam Alduenda	1317
2	Jeff Jacobs	440	2	Jeff Jacobs	270	2	Jeff Jacobs	500	2	Jeff Jacobs	1210
3	Bill Weinstock	391	3	Jerry Ochs	204	3	Bill Weinstock	474	3	Bill Weinstock	1064
4	TJ Fleming	320	4	Bill Weinstock	198	4	TJ Fleming	375	4	TJ Fleming	865
5	Jerry Ochs	281	5	Mark Miklin	198	5	Jerry Ochs	331	5	Jerry Ochs	816
6	Mark Miklin	110	6	TJ Fleming	171	6	Mark Miklin	220	6	Mark Miklin	529

181

1	Roberto Contreras	457	1	Roberto Contreras	331	1	Fred Williams	524	1	Roberto Contreras	1301
2	Robert Batko	450	2	Fred Williams	303	2	Roberto Contreras	518	2	Fred Williams	1257
3	Fred Williams	430	3	Alan Tepper	287	3	Robert Batko	505	3	Robert Batko	1170
4	Pat Currey	347	4	Marlin Hertz	276	4	Alan Tepper	408	4	Alan Tepper	992
5	Alan Tepper	303	5	Mike Settles	276	5	Jack Stevens	408	5	Pat Currey	953
6	Marlin Hertz	276	6	Pat Currey	265	6	Brian Brindle	400	6	Brian Brindle	865
7	Charles Hodupp	270	7	Brian Brindle	215	7	Pat Currey	342	7	Marlin Hertz	865
8	Brian Brindle	250	8	Robert Batko	215	8	Charles Hodupp	336	8	Charles Hodupp	750
9	Mike Settles	220	9	Jack Stevens	187	9	Marlin Hertz	314	9	Mike Settles	750
10	Matthew Jones	192	10	Matthew Jones	171	10	Mike Settles	254	10	Jack Stevens	694
11	Howard Sauls	115	11	Charles Hodupp	143	11	Matthew Jones	248	11	Matthew Jones	600
12	Jack Stevens	55	12	Howard Sauls	83	12	Howard Sauls	138	12	Howard Sauls	335

198

1	Thomas Bugs Bayer	480	1	W. Fred Rice	534	1	W. Fred Rice	582	1	W. Fred Rice	1293
2	W. Fred Rice	468	2	Louie Langlinais	300	2	Thomas Bugs Bayer	552	2	Thomas Bugs Bayer	1241
3	Shane O'Neill	408	3	Don Determann	286	3	Louie Langlinais	475	3	Louie Langlinais	1150
4	Joe Lucio	402	4	Jim Wold	255	4	Jim Wold	460	4	Jim Wold	1110
5	Jim Wold	395	5	Bob Knudsen	254	5	Don Determann	451	5	Shane O'Neill	1086
6	Jim Yakubovsky	375	6	Shane O'Neill	254	6	Shane O'Neill	424	6	Joe Lucio	1064
7	Louie Langlinais	375	7	Joe Lucio	243	7	Joe Lucio	419	7	Jim Yakubovsky	1020
8	Rip Stahura	330	8	Alan Tepper	242	8	Jim Yakubovsky	413	8	Don Determann	1003
9	Richard Schuller	320	9	Jim Yakubovsky	231	9	Alan Tepper	408	9	Alan Tepper	958
10	Alan Tepper	308	10	Richard Schuller	220	10	Richard Schuller	402	10	Richard Schuller	942
11	Don Determann	275	11	Thomas Bugs Bayer	209	11	Rip Stahura	330	11	Bob Knudsen	826
12	Bob Knudsen	253	12	Rip Stahura	145	12	Bob Knudsen	325	12	Rip Stahura	805

220

1	Larry Wallen	639	1	Larry Wallen	353	1	Larry Wallen	678	1	Larry Wallen	1698
2	Brian Briggs	463	2	Brian Briggs	320	2	Brian Briggs	430	2	Brian Briggs	1213
3	Lloyd Harrod	364	3	Al Speech	309	3	Ron Pagal	413	3	Ron Pagal	1086
4	Ron Pagal	364	4	Ron Pagal	309	4	Lloyd Harrod	408	4	Lloyd Harrod	1004
5	John Fox	314	5	Lloyd Harrod	254	5	John Fox	380	5	John Fox	942
6	Richard Hamilton	231	6	John Fox	248	6	Richard Hamilton	375	6	Richard Hamilton	848
7	Al Speech	55	7	Richard Hamilton	242	7	Al Speech	254	7	Al Speech	639

242

1	Crayton Taylor	568	1	Crayton Taylor	336	1	Larry Wallen	705	1	Crayton Taylor	1477
2	Mike Nichols	400	2	Jim Evans	314	2	Crayton Taylor	573	2	Mike Nichols	1200
3	Michael Nichols	358	3	Mike Nichols	300	3	Michael Nichols	502	3	Michael Nichols	1152
4	Jim Evans	143	4	Larry Wallen	298	4	Mike Nichols	500	4	Larry Wallen	1058
5	Larry Wallen	55	5	Michael Nichols	292	5	Jim Evans	397	5	Jim Evans	854

275

1	Will Morris	568	1	Will Morris	408	1	Will Morris	540	1	Will Morris	1516
2	Robert Braunstein	502	2	Robert Braunstein	353	2	Robert Braunstein	452	2	Robert Braunstein	1306
3	Jim "Fossil" McCann	402	3	Jim "Fossil" McCann	336	3	Jim "Fossil" McCann	424	3	Jim "Fossil" McCann	1163
4	Melvin Cochran	303	4	Melvin Cochran	243	4	Melvin Cochran	402	4	Melvin Cochran	948
SHW											
1	Harry Heyman	220	1	Harry Heyman	220	1	Harry Heyman	220	1	Harry Heyman	661
65-69											
123											
1	Mike Lawson	353	1	Mike Lawson	254	1	Mike Lawson	364	1	Mike Lawson	970
2	Connie Bissonette	127	2	Connie Bissonette	77	2	Connie Bissonette	237	2	Connie Bissonette	441
165											
1	Art Menton	474	1	Joe McDermott	303	1	Art Menton	485	1	Art Menton	1224
2	Ben Brent	320	2	Art Menton	265	2	Ben Brent	452	2	Robert Mattison	965
3	Robert Mattison	309	3	Robert Mattison	237	3	Robert Mattison	419	3	Ben Brent	959
4	Jerry Ochs	281	4	Ben Brent	187	4	Jerry Ochs	331	4	Jerry Ochs	799
5	Jack Hudson	154	5	Jerry Ochs	187	5	Jack Hudson	225	5	Joe McDermott	502
6	Edwin Hudson	135	6	William Bauer	187	6	Edwin Hudson	220	6	Jack Hudson	500
7	Joe McDermott	55	7	Jack Hudson	121	7	Joe McDermott	143	7	Edwin Hudson	470
8	William Bauer	55	8	Edwin Hudson	115	8	William Bauer	143	8	William Bauer	391
181											
1	Jim Lyons	424	1	Joe McDermott	303	1	Jim Lyons	402	1	Jim Lyons	1102
2	Tony Nicolini	314	2	Jim Lyons	276	2	Tony Nicolini	303	2	Tony Nicolini	832
3	Joe McDermott	143	3	Tony Nicolini	215	3	Joe McDermott	143	3	Joe McDermott	590
198											
1	Richard Schuller	143	1	Richard Schuller	143	1	Richard Schuller	165	1	Richard Schuller	451
220											
1	Bill McGuire	55	1	Bill McGuire	298	1	Bill McGuire	375	1	Bill McGuire	755
242											
1	Bill Helmich	529	1	Bill Helmich	413	1	Bill Helmich	601	1	Bill Helmich	1538
2	Thomas Arrington	507	2	Thomas Arrington	342	2	Thomas Arrington	507	2	Thomas Arrington	1356
3	Terry Hedstrom	55	3	Terry Hedstrom	226	3	Terry Hedstrom	408	3	Terry Hedstrom	689
275											
1	Thomas Arrington	535	1	Thomas Arrington	331	1	Thomas Arrington	491	1	Thomas Arrington	1356
2	Floyd Hayes	452	2	Floyd Hayes	314	2	Floyd Hayes	485	2	Floyd Hayes	1251
3	Walter Allen	171	3	Walter Allen	243	3	Walter Allen	408	3	Walter Allen	822
70-74											
123											
1	Gordon Norton	72	1	Gordon Norton	83	1	Gordon Norton	154	1	Gordon Norton	309
132											
1	Dillon Maier	280	1	Steve Smith	154	1	Dillon Maier	350	1	Dillon Maier	775
2	Steve Smith	132	2	Dillon Maier	145	2	Steve Smith	243	2	Steve Smith	529
165											
1	Jerry Ochs	303	1	Jerry Ochs	198	1	Dan Goodwin	347	1	Dan Goodwin	716
2	Dan Goodwin	193	2	Dan Goodwin	176	2	Jerry Ochs	342	2	Jerry Ochs	832
181											
1	Ronald Ringewold	386	1	Ronald Ringewold	215	1	Ronald Ringewold	452	1	Ronald Ringewold	1053
2	Lawrence Atkinson	143	2	Lawrence Atkinson	121	2	Lawrence Atkinson	243	2	Lawrence Atkinson	507
198											
1	Carl Francis	275	1	Raymond Curtis	215	1	Carl Francis	485	1	Carl Francis	910
2	Raymond Curtis	275	2	Carl Francis	150	2	Raymond Curtis	315	2	Raymond Curtis	805
220											
1	Mack Branham	270	1	Mack Branham	250	1	Mack Branham	425	1	Mack Branham	945
2	Bill Siebold	243	2	Bill Siebold	165	2	Bill Siebold	364	2	Bill Siebold	772
242											
1	Stan Chatis	95	1	Stan Chatis	330	1	Stan Chatis	490	1	Stan Chatis	915

75-79**148**

1	Robert Cortes	336	1	Robert Cortes	231	1	Robert Cortes	430	1	Robert Cortes	998
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165

1	Dan Goodwin	187	1	Dan Goodwin	182	1	Dan Goodwin	276	1	Dan Goodwin	645
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198

1	Dave Quevrequx	226	1	Dave Quevrequx	198	1	Dave Quevrequx	259	1	Dave Quevrequx	683
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80-84**148**

1	Richard Nolan	149	1	Richard Nolan	132	1	Richard Nolan	265	1	Richard Nolan	546
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165

1	Fred Archambault	342	1	Fred Archambault	220	1	Fred Archambault	408	1	Fred Archambault	970
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