

2007 USAPL Lifter Rankings
Women's Teen 14-15

Squat		Bench Press		Dealift		Total					
96											
1	Megan Helein	230	1	Kati Durham	116	1	Monica Johnston	237	1	Kati Durham	573
2	Kati Durham	226	2	Monica Johnston	94	2	Kati Durham	231	2	Monica Johnston	524
3	Monica Johnston	195	3	Megan Helein	80	3	Amanda Docken	200	3	Megan Helein	500
4	Kelly Naquin	185	4	Amanda Docken	70	4	Megan Helein	190	4	Kelly Naquin	435
5	Amanda Docken	150	5	Kelly Naquin	65	5	Kelly Naquin	185	5	Amanda Docken	420
6	Kayla Vopelak	150	6	Kayla Vopelak	50	6	Kayla Vopelak	165	6	Kayla Vopelak	365
105											
1	Kendra Miller	309	1	Kendra Miller	154	1	Kendra Miller	309	1	Kendra Miller	766
2	Alex Schillinger	275	2	Kati Durham	149	2	Alex Schillinger	305	2	Alex Schillinger	695
3	Shelby Nagel	220	3	Alex Schillinger	115	3	Shelby Nagel	280	3	Shelby Nagel	575
4	Kati Durham	220	4	Erica Parker	90	4	Kati Durham	220	4	Kati Durham	562
5	Liz Bennett	190	5	Liz Bennett	80	5	Cassie McAnallen	215	5	Laura Schneider	465
6	Laura Schneider	185	6	Paige Summers	77	6	Laura Schneider	210	6	Liz Bennett	460
7	Paige Summers	165	7	Shelby Nagel	75	7	Paige Summers	193	7	Cassie McAnallen	440
8	Erica Parker	160	8	Cassie McAnallen	75	8	Liz Bennett	190	8	Paige Summers	435
9	Cassie McAnallen	150	9	Laura Schneider	70	9	Erica Parker	160	9	Erica Parker	410
114											
1	Kendra Miller	320	1	Michelle Van Dusen	182	1	Kendra Miller	314	1	Kendra Miller	799
2	Amanda Kolar	275	2	Kendra Miller	165	2	Michelle Van Dusen	298	2	Amanda Kolar	665
3	Roxanne Shankster	259	3	Amanda Kolar	140	3	Amanda Kolar	250	3	Michelle Van Dusen	650
4	Charlie Lauer	245	4	Brandy Taylor	127	4	Roxanne Shankster	248	4	Roxanne Shankster	623
5	Michelle Van Dusen	243	5	Jenna Britzke	121	5	Brandy Taylor	243	5	Brandy Taylor	612
6	Brandy Taylor	243	6	Roxanne Shankster	116	6	Charlie Lauer	243	6	Jenna Britzke	557
7	Jenna Britzke	198	7	Marlena Daniel	105	7	Jenna Britzke	237	7	Charlie Lauer	555
8	Marlena Daniel	198	8	Jerissa Rice	94	8	Marlena Daniel	220	8	Marlena Daniel	524
9	Lori Peteri	190	9	Charlie Lauer	90	9	Lori Peteri	215	9	Lori Peteri	475
10	Jerissa Rice	160	10	Erin Stroud	83	10	Erin Stroud	215	10	Jerissa Rice	463
11	Erin Stroud	160	11	Olivia Veliner	72	11	Jerissa Rice	209	11	Erin Stroud	457
12	Reiana Mahan	127	12	Lori Peteri	70	12	Olivia Veliner	149	12	Olivia Veliner	342
13	Olivia Veliner	121	13	Reiana Mahan	61	13	Reiana Mahan	132	13	Reiana Mahan	320
123											
1	Maggie Cox	255	1	Haley Horbinski	132	1	Maggie Cox	275	1	Maggie Cox	645
2	Jennifer Gaona	254	2	Laura Vosters	132	2	Jennifer Gaona	265	2	Jennifer Gaona	617
3	Brittney Muester	240	3	Maggie Cox	115	3	Brittney Muester	265	3	Brittney Muester	615
4	Jayne Miller	235	4	Brittney Muester	110	4	Jayne Miller	260	4	Haley Horbinski	606
5	Amber Horak	225	5	Shannon Kane	105	5	Amber Horak	255	5	Jayne Miller	590
6	Haley Horbinski	220	6	Jasmine Williams	105	6	Haley Horbinski	254	6	Laura Vosters	573
7	Laura Vosters	220	7	Jennifer Gaona	99	7	Laura Vosters	237	7	Amber Horak	570
8	Kaitlyn Behnke	215	8	Kendal Moore	99	8	Shannon Kane	231	8	Kaitlyn Behnke	515
9	Alycia Reiss	215	9	Jayne Miller	95	9	Emily Horn	226	9	Alycia Reiss	513
10	Shannon Kane	171	10	Alycia Reiss	94	10	Kaitlyn Behnke	215	10	Shannon Kane	502
11	Jasmine Williams	171	11	Emily Horn	94	11	Jasmine Williams	215	11	Jasmine Williams	491
12	Emily Phipps	154	12	Amber Horak	90	12	Alycia Reiss	204	12	Emily Horn	457
13	Kendal Moore	143	13	Kaitlyn Behnke	85	13	Kendal Moore	176	13	Kendal Moore	419
14	Emma Kreuzar	140	14	Emma Kreuzar	75	14	Emma Kreuzar	165	14	Emma Kreuzar	380
15	Emily Horn	138	15	Emily Phipps	66	15	Emily Phipps	99	15	Emily Phipps	319
132											
1	Taylor Castillo	245	1	Eryn Moon	143	1	Eryn Moon	292	1	Eryn Moon	667
2	Taylor Buchinger	245	2	Taylor Castillo	138	2	Taylor Castillo	276	2	Taylor Castillo	650
3	Elizabeth Feller	243	3	Haley Horbinski	116	3	Jena Roscizewski	270	3	Haley Horbinski	606
4	Eryn Moon	235	4	Sarah Droher	115	4	Haley Horbinski	265	4	Kelsey Miller	595
5	Sarah Droher	235	5	Elizabeth Feller	110	5	Kelsey Miller	260	5	Taylor Buchinger	595
6	Kelsey Miller	230	6	Kelsey Miller	105	6	Taylor Buchinger	255	6	Sarah Droher	585
7	Haley Horbinski	226	7	Amanda Berg	105	7	Amanda Berg	250	7	Elizabeth Feller	573
8	Jena Roscizewski	205	8	Taylor Buchinger	95	8	Sarah Droher	235	8	Jena Roscizewski	570
9	Amanda Berg	200	9	Jena Roscizewski	95	9	Nicole Moyer	226	9	Amanda Berg	555
10	Kristin Muse	160	10	Kristin Muse	88	10	Elizabeth Feller	220	10	Nicole Moyer	463
11	Nicole Moyer	154	11	Nicole Moyer	83	11	Emily Semmens	215	11	Kristin Muse	452
12	Emily Semmens	143	12	Emily Semmens	83	12	Kristin Muse	204	12	Emily Semmens	441
13	Shannon Hibbard	110	13	Shannon Hibbard	77	13	Demi Davis	155	13	Shannon Hibbard	342
14	Demi Davis	98	14	Demi Davis	60	14	Shannon Hibbard	154	14	Demi Davis	313

148

1	Kamie Bluell	320	1	Randi Kaplan	185	1	Randi Kaplan	325	1	Randi Kaplan	825
2	Randi Kaplan	315	2	Kalyssa Maile	143	2	Kamie Bluell	309	2	Kamie Bluell	761
3	Kalyssa Maile	276	3	Kamie Bluell	132	3	Shelby Steele	309	3	Kalyssa Maile	695
4	Eileen Applegate	259	4	Eileen Applegate	132	4	Paris Piotter	287	4	Shelby Steele	672
5	Jessica Thornton	254	5	Cassie Sperber	132	5	Kalyssa Maile	276	5	Eileen Applegate	650
6	Shelby Steele	248	6	Jessica Thornton	127	6	Kirsten Olson	270	6	Jessica Thornton	645
7	Paris Piotter	231	7	Sarah Biddle	121	7	Jessica Thornton	265	7	Kirsten Olson	605
8	Marissa Jones	231	8	Shelby Steele	116	8	Cheri Clayton	265	8	Paris Piotter	601
9	Kirsten Olson	230	9	Kirsten Olson	105	9	Eileen Applegate	259	9	Beverly Crawford	562
10	Danielle Kolman	210	10	Beverly Crawford	99	10	Beverly Crawford	254	10	Cheri Clayton	557
11	Beverly Crawford	209	11	Cheri Clayton	99	11	Hannah Whatley	254	11	Marissa Jones	546
12	Cheri Clayton	193	12	Hannah Whatley	99	12	Courtney Parker	243	12	Hannah Whatley	529
13	Courtney Parker	182	13	Marissa Jones	94	13	Sarah Biddle	236	13	Cassie Sperber	519
14	Hannah Whatley	176	14	Danielle Kolman	90	14	Marissa Jones	220	14	Courtney Parker	513
15	Cassie Sperber	176	15	Courtney Parker	88	15	Cassie Sperber	211	15	Sarah Biddle	511
16	Sarah Biddle	154	16	Paris Piotter	83	16	Danielle Kolman	210	16	Danielle Kolman	510
17	Jaclyn DiMaria	121	17	Jaclyn DiMaria	72	17	Jaclyn DiMaria	171	17	Jaclyn DiMaria	364

165

1	Brandi Decker	369	1	Brittany Gamble	171	1	Brandi Decker	358	1	Brandi Decker	893
2	Brittany Gamble	342	2	Brandi Decker	165	2	Kamie Bluell	335	2	Brittany Gamble	810
3	Kamie Bluell	330	3	Randi Kaplan	150	3	Mary Hooper	320	3	Kamie Bluell	775
4	Danielle Wagner	280	4	Danielle Wagner	149	4	Brittany Gamble	309	4	Danielle Wagner	700
5	Jennifer Ottman	280	5	Taylor Jensen	143	5	Liz Van Beek	300	5	Dannielle Wagner	672
6	Dannielle Wagner	270	6	Dannielle Wagner	132	6	Randi Kaplan	300	6	Mary Hooper	667
7	Angeline Winchel	265	7	Kamie Bluell	121	7	Angeline Winchel	290	7	Angeline Winchel	645
8	Liz Van Beek	250	8	Mary Hooper	116	8	Danielle Wagner	287	8	Taylor Jensen	645
9	Emily Kijek	250	9	Emily Kijek	105	9	Taylor Jensen	281	9	Liz Van Beek	640
10	Jennine Holmes	235	10	Jennifer Ottman	100	10	Jennine Holmes	280	10	Jennifer Ottman	635
11	Mary Hooper	231	11	Jennine Holmes	100	11	Dannielle Wagner	270	11	Emily Kijek	615
12	Taylor Jensen	220	12	Jasmine Williams	99	12	Emily Kijek	260	12	Jennine Holmes	615
13	Jasmine Williams	171	13	Angeline Winchel	90	13	Jennifer Ottman	255	13	Jasmine Williams	485
14	Randi Kaplan		14	Liz Van Beek	90	14	Jasmine Williams	215	14	Randi Kaplan	450

181

1	Brandi Decker	405	1	Ashley Centers	185	1	Brandi Decker	375	1	Brandi Decker	930
2	Kenzi Hower	325	2	Brandi Decker	160	2	Stacie Pomrening	285	2	Kenzi Hower	716
3	Stacie Pomrening	265	3	Stacie Pomrening	143	3	Kenzi Hower	276	3	Stacie Pomrening	689
4	Shea Leger	254	4	Kenzi Hower	116	4	Shea Leger	243	4	Shea Leger	573
5	Ashley Centers	135	5	Shea Leger	88	5	Ashley Centers	225	5	Ashley Centers	545
6	Sarah Jayne Lamb	330	6	Sarah Jayne Lamb	160	6	Sarah Jayne Lamb	305	6	Sarah Jayne Lamb	770
7	Olivia Bundy	275	7	Antoinette Harris	160	7	Antoinette Harris	298	7	Antoinette Harris	722
8	Brittany Grant	270	8	Brittany Grant	116	8	Olivia Bundy	285	8	Olivia Bundy	670
9	Antoinette Harris	265	9	Olivia Bundy	110	9	Brittany Grant	265	9	Brittany Grant	650
10	Amy Moe	200	10	Amy Moe	90	10	Amy Moe	250	10	Amy Moe	540

SHW

1	Claire Seeke	358	1	Claire Seeke	154	1	Becky Cook	364	1	Claire Seeke	843
2	Sheenah Ott	340	2	Becky Cook	149	2	Claire Seeke	340	2	Becky Cook	816
3	Mikyla Borski	315	3	Cassie Hall	138	3	Brittney Grant	314	3	Sheenah Ott	765
4	Becky Cook	303	4	Sheenah Ott	125	4	Sheenah Ott	300	4	Mikyla Borski	690
5	Brittney Grant	204	5	Alexis Rios	121	5	Mikyla Borski	275	5	Brittney Grant	628
6	Cassie Hall	204	6	Brittney Grant	110	6	Cassie Hall	254	6	Cassie Hall	595
7	Kayla Contreras	182	7	Mikyla Borski	100	7	Alexis Rios	215	7	Alexis Rios	468
8	Alexis Rios	132	8	Kayla Contreras	83	8	Kayla Contreras	187	8	Kayla Contreras	452