



USA Powerlifting National Governing Body Agenda

6:00pm
Friday, July 13th, 2007
St. Louis, Missouri

- 1) Roll call of voting members and credential check of participants
- 2) Reading of Minutes from NGB 2006
- 3) President's Report
- 4) Vice President's Report
- 5) Treasurer's Report
- 6) Committee Reports
 - a) Coaching – *Johnny Graham*
 - b) Collegiate – *Jon Magendie*
 - c) Disabled Athletes – *Dale DeCamp*
 - d) Drug Education –
 - e) Drug Testing Committee – *George Bartotti*
 - f) Finance and Ethics (vacant) –
 - g) Law and Legislation – *Lucian Gillis*
 - h) Master's – *Johnny Graham*
 - i) Military – *Lanette Lopez*
 - j) Marketing and Publicity – *Lance Slaughter*
 - k) Referee's – *Bill Clayton*
 - l) Sport's Medicine Committee
 - m) Technical Committee – *Rob Keller*
 - n) Teenage/Junior - *Joe Lewis*
 - o) Women's Committee – *Gina Stepleton*
 - p) Police and Fire – *Tim Anderson*
 - q) Discipline – *Eric Kuperstien*
 - r) Therapeutic Use Exemption -*Dr. Mark W Rodacker*
- 7) Unfinished Business

8) Proposed By-law Amendments

a) Submitted by Robb Grisham

Change Article II, Section A., b. which Now says A state powerlifting committee chair and any other officers desired by the state powerlifting committee (USA Powerling registered lifters within the state) shall be elected annually by the state powerlifting committee. **This election shall take place at the annual state USA Powerlifting championships.** The newly elected chair shall preside the day following said election.

Change to:

“The election shall take place every TWO years at the state USA Powerlifting championships.”

Rationale: Changing from one year terms to **two** year terms will allow the state chairman time to set up their program. One year does not give the chairman time to train people to be meet directors, to certify state referees, to talk to high schools and other organizations promoting the USAPL and drug free powerlifting in the state. All other USAPL elected positions are for at least, two years and this change would bring the state chairman position in line with other elected positions

9) New Business – The following motions have been submitted for consideration

a) Submitted by Regina Hackney and Jack Marcus
USA POWERLIFTING RULEBOOK June 8, 1998

MOTION TO CHANGE THE WORDING AND REQUIREMENTS FOR TAKING THE NATIONAL REFEREE TEST

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IX USA POWERLIFTING REFEREE TESTING

B. NATIONAL REFEREES. (Change wording or last sentence to read as follows):

These test are evaluated by the appointed member of the Technical/Referee Committee.

The present wording is:

These test are evaluated by the appointed member of the Referee Committee>

1. Requirements the taking the National USA Powerlifting Referees Test.

c. (change wording to read): Candidate must have the approval of the State Chair and the Technical/Referee Committee to take the National Referee Test.

d. Candidate **MUST** be a State Referee for two (@) or more years before taking the National Referees Test.

(please add the following as d. 1.);

1. The candidate must have officiated at six (6) powerlifting meets in the position of platform referee. Included in the six meets will be one session as Chief Referee.

One of the six (6) powerlifting meets shall be out of the candidates registered state. (Exclude Alaska and Hawaii where one extra powerlifting meet (7) will be required)

By "officiating" it is meant to be a full session of a powerlifting meet. (3 lift contest)

Rational:

Candidates are taking the National Referee Exam with almost no experience as a referee. We have candidates who have refereed twice in two years for a total of experience. This is not enough time spent in a chair, and to be blunt, we are running out of room to hide these people since we don't use them at National Meets for the exact reason of not enough experience. ----- WHAT'S THE POINT???

As far as travel requirements---If a candidate is reluctant to travel even once to officiate at a state meet, why do we need them as a National Referee who must travel all over the USA to officiate.

b) Submitted by Regina Hackney and Jack Marcus

USA POWERLIFTING RULEBOOK June 8, 1998

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VII REFEREES

R (page 50) Duties of the Technical Secretary

Last paragraph change. Now reads as follows:

The Technical Secretary will handle all matters pertaining to referee assignments, conduct, disputes, and rule interpretations and will work with the Meet Director, who will have the responsibility for the technical direction of the meet.

Change to Read:

The Technical Secretary will handle all matters pertaining to referee assignments. The Jury will handle conduct, disputes, and rule interpretations and will have the responsibility for the technical direction of the meet.

Please add the following:

R 1. The Technical Secretary will not coach at a meet they are assigned as Technical Secretary nor will they delegate the assignment of Technical Secretary part-time so they can coach at a meet as Technical Secretary.

Rational: At many I have been approached by both lifters and coaches about the Technical Secretary coaching. It presents the appearance of possible biased treatment of some athletes and as officials we should not be put in that position.

c) Submitted by Regina Hackney and Jack Marcus

USA POWERLIFTING RULEBOOK June 8, 1998

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THE WORDING AND REQUIREMENTS FOR TAKING THE INTERNATIONAL POWERLIFTING FEDERATION TEST CATEGORY 2

IX USA POWERLIFTING REFEREE RESTING

C IPF INTERNATIONAL REFEREES (page 57)

- b. 1. Must have officiated as a platform referee six (6) times one of which as Chief Referee at a National Powerlifting Contest. Officiating to mean full session (3 lift)
- c. 1. Must be approved by the Technical/Referee Committee.

Rational: Unqualified persons taking Cat 2 exam with almost no platform experience.

d) Submitted by Regina Hackney

The Drug Committee appoints the Doping Control personal for all National Meets. The Drug Committee holds Training Seminars at all National Meets.

Rational: The Technical Secretary has many other duties and does not have time to check the Drug Custody and Control Forms are filled out completely and correctly. I am not sure we can defend a drug test failure if the forms are not completely and correctly filled out.

e) Submitted by Sherman Ledford

Men's World Team Qualification

We would take the winning Wilkes for each weight class at our USAPL Nationals over the last three years and average that and take 95% to come up with a qualifying Wilkes number. In case of a tie the lifter with the highest placing in his wt class would win. If they both finish the same placing in their respective wt class, the lifter who made the most attempts would win the slot.

f) Submitted by Harold Gaines

Be it resolved that the National Governing Body of USA Powerlifting establish a Raw National Meet. Said contest shall:

1. Consist of all 3 lifts.
2. Require lifters to have a successful total in a USAPL sanctioned meet in the current year or the prior calendar year.
3. Consist of lifters using knee and wrist wraps only.
4. Be subject to the normal National meet bid process.
5. Be held in a month in 2008 to be determined by the USAPL Governing body.
6. Consist of male and female lifters of all lifting ages.
7. Establish national raw records.

g) Submitted by Priscilla Ribic

Proposal: Standardized National Platform Build

Establish a standard build for the National platform, by way of the Technical Committee to determine the best practical materials and build for a solid platform.

Rationale: There are standards to the equipment, weights, the dimensions of the platform, even carpet requirements, but nothing pertaining to what the actual construction of the platform. This has opened up the inconsistencies of the quality of the platform; many times lifters are dealing with a 'soft' platform. Lifters deserve to know what platform conditions to expect when competing at the National level.

h) Submitted by Priscilla Ribic

Proposal: Women's Nationals to be a Bench World qualifier

Allow Women's Nationals to be a qualifier for the Open Bench World team, selecting the highest bench out of both qualifiers.

Rationale: Historically, Bench Nationals has an average of only 20-25 women participate, with approximately 13-18 being Open (or combination of Open/Master) lifters. Opening Women's Nationals as a qualifier would allow the USAPL to have a deeper selection pool for the World Team. These are also the selection meets used for the Master Bench Team.

i) Submitted by Shawn Cain

Change the USAPL's definition of RAW lifting to exclude supportive suits, shirts and knee wraps.

Reason: The use of knee wraps can and do give a lot of pounds to the lifters. It can hardly be called RAW lifting if the lifter is getting up to or more than 100 lbs. added to the lift because of knee wraps

j) Submitted by Shawn Cain

Allow meet directors of sanctioned local or State meets to hold limited gear divisions that restrict supportive gear such as squat/deadlift suits, bench shirts, erector shirts, and knee wraps. The offered division could not be called a RAW division unless the limitations of supportive gear matched the USAPL's official definition of RAW lifting.

Reason: Lifters can get up to 100 lbs or more added to their squats by using knee wraps. This hardly makes it a raw lift. This would also be a division that could be popular in some local areas. It would not hurt the USAPL, and could offer more to our customers.

10) Elections

A. Vice President

- a. Johnny Graham (Incumbent)

B. 2 Executive Committee Positions

- a. Elliot Feldman (*Resume attached*)
- b. Paula Houston (*Resume attached*)
- c. Lance Slaughter (Incumbent)

11) Honorary Awards

A. Brother Bennet Award

- a. Rick Fowler
- b. Dennis 'Niko' Hulslander

C. Coach of the Year

- a. Larry Maile
- b. Don McIrvy
- c. Gina Stepleton

D. Referee of the Year

- a. George Bartotti
- b. Johnny Graham
- c. Joe Marksteiner

12) Meet Bids/ Current USAPL Schedule

2007 Meet Schedule

Meet	Host	Location	Date
Women's Nationals	Paul Fletcher	Baton Rouge, LA	February 16-18
High School Nationals	Duane Urbina	Alexandria, LA	
Collegiate Nationals	Johnny Graham	Killeen, TX	April 13-15
Masters Nationals	Bruce Sullivan	Racine, WI	May 4-6
Teen/Junior Nationals	Tod Miller	Kalamazoo, MI	June 9-10
Men's Nationals	Harold Gaines	St. Louis, MO	July 12-15
Bench Press Nationals*	Dan Gaudreau	Denver, CO	
Deadlift Nationals/Push- Pull	Jim Hart	Lincoln, NE	August
Military/Armed Forces	John Pena	Tuscon, AZ	March 10

2008 Meet Schedule

Meet	Host	Location	Date
Women's Nationals	Johnny Graham	Killeen, TX	Feb 17 th -19 th
High School Nationals	Tod Miller	Plainwell, MI	March 28 - 30
Collegiate Nationals	Dan Gaudreau	Denver, CO	
Masters Nationals	Robert Keller	Miami, FL	May 2-4
Teen/Junior Nationals	Harold Gains	St. Louis, MO	June 13 th -14 th
Men's Nationals	Johnny Graham	Killeen, TX	July 11-13
Bench Press Nationals	Jim Hart	Lincoln, NB	
Police & Fire Nationals			
Deadlift Nationals/Push- Pull	Dan Gaudreau	Denver, CO	
Military/Armed Forces	Pensecola, Fla.		

2009 Meet Schedule– *Meets Selected by Committees and are awaiting approval at NGB

Meet	Host	Location	Date
Women's Nationals	Rob Keller*	Miami, FL	February
High School Nationals	Johnny Graham*	Killeen, TX	
Collegiate Nationals	Paul Fletcher*	Baton Rouge, LA	
Masters Nationals	Harold Gaines*	St Louis, MO	
Teen/Junior Nationals	Dan Gaudreau*	Denver, CO	
Men's Nationals			
Bench Press Nationals			
Police & Fire Nationals			
Deadlift Nationals/Push-Pull			
Military/Armed Forces			

Open Meet Bids:

2009 Deadlift and Push/Pull Nationals

Rob Keller – Miami, FL

John Shifflett and Will Morris - Charlottesville, Virginia

2009 Bench Press Nationals

Rob Keller – Maimi, FL

John Shifflett and Will Morris - Charlottesville, Virginia

Gary Kanaga – Cleveland, Ohio

2009 Men's Nationals

Rob Keller – Philadelphia, PA

13) Items from the floor