



**USA Powerlifting
National Governing Body**
4:00pm
Thursday, June 12th, 2008
Killeen, Texas

- 1) Roll call of voting members and credential check of participants
- 2) Reading of Minutes from NGB 2007
- 3) President's Report
- 4) Vice President's Report
- 5) Treasurer's Report
- 6) Committee Reports
 - a) Coaching – Johnny Graham
 - b) Collegiate – Jon Magendie
 - c) Disabled Athletes – Dale DeCamp
 - d) Drug Education –
 - e) Drug Testing Committee – George Bartotti
 - f) Finance and Ethics (vacant) –
 - g) Law and Legislation – Lucian Gillis
 - h) Master's – Johnny Graham
 - i) Military – Lanette Lopez
 - j) Marketing and Publicity – Lance Slaughter
 - k) Referee's – Bill Clayton -
 - l) Sport's Medicine Committee – Mike Hartle
 - m) Technical Committee – Rob Keller
 - n) Teenage/Junior - Joe Lewis
 - o) [Women's Committee](#) – Priscilla Ribic
 - p) Police and Fire – Tim Anderson
 - q) Discipline – Eric Kuperstien
 - r) Therapeutic Use Exemption -Dr. Mark W Rodacker
- 7) Unfinished Business

8) Proposed By-law Amendments

a) Submitted by: Mike Womelsdorf

On page # 22 of 69 and continuing on to page 23 of 69 under B. Shirt , Letter G. It reads :
T-shirts with EMBLEMS/LOGOS may be worn at all USA Powerlifting sanctioned competitions if the EMBLEMS/LOGOS meet the following requirements:

- I. They are USA Powerlifting related, or
- II. They are Powerlifting related, or
- III. They are not obscene or degrading, or
- IV. They do not have an EMBLEM/LOGO from Powerlifting organizations other than USA Powerlifting or the IPF or its member nations.
- VI. They may bear the logo of a manufacturer, but such use may be subject to an annual Sponsor's fee.

Proposal: To add that a lifter can wear a T-shirt from a sponsor on the platform that is willing to help an individual lifter or team without the requirements of I, II, IV, or VI.

Rational: I believe this will benefit a lifter or team that could now find monies from many other sources other than the Powerlifting Community. And I turn give many lifters the chance to afford to go compete at more National Contests and meets requiring travel expenses.

Also not charging a sponsor any fees or paper work would increase the chances of a lifter or team finding sponsors much easier, Businessmen tend to sponsor with more enthusiasm and much quicker when no restrictions are placed upon them.

9) New Business – The following motions have been submitted for consideration

a) Submitted by: Travis Werner

Motion: To include the respective school of record holders of Collegiate American and Collegiate National records on the USAPL homepage.

Rational: Collegiate powerlifting is a team sport and student-athletes take pride in representing their University. The team aspect of collegiate powerlifting is very evident at the National meet, but is generally overlooked in published meet results and records. I (Travis Werner) will volunteer to research the respective schools of all current record holders. A section for "University Represented" will have to be included on the record form for future record setters.

b) Submitted By: Steve Mann Part #1: USAPL RAW HS National Championships

This event would not be created to conflict with the current “geared” National Championships, but to allow teams who are not geared or not ready to be geared, to

compete at a USAPL National Championship event. I would also like for the scheduling of this event to be in January of each year, so as to not inhibit lifters from lifting at the USAPL High School National Championships.

I think this is a logical approach to getting lifters from both other organizations and non sanctioned events who do not have the funds to gear their teams.

I would propose that the first year of the event, would not require a qualifying total, but going forward, the lifters should have a USAPL total.

Part #2

USAPL RAW Collegiate National Championships

This event would not be created to conflict with the current “geared” National Championships, but to allow teams who are not geared or not ready to be geared, to compete at a USAPL National Championship event. I would also like for the scheduling of this event to be in January of each year, so as to not inhibit lifters from lifting at the USAPL High School National Championships.

I think this is a logical approach to getting lifters from both other organizations and non sanctioned events that do not have the funds to gear their teams.

I would propose that the first year of the event, would not require a qualifying total, but going forward, the lifters should have a USAPL total.

c) Submitted by Shawn Cain

Motion: In any RAW division within a USAPL sanctioned meet, knee sleeves will be restricted to single ply, slip on type sleeves that do not have velcro or any other means of attachment or tightening other than the friction or pressure against the skin that comes from slipping the sleeve onto the leg.

Rational: When the knee sleeve issue came up at the 2007 NGB meeting, it was clearly stated that velcro was not legal. Since that time, the IPF has approved knee sleeves that have velcro incorporated into approved sleeves. This opens the door for abuse of the intent of what was passed in the 2007 NGB meeting.

d) Submitted by Sioux-z Hartwig-Gary

Motion: To only allow knee sleeves made from a neoprene or “store bought” material. This would exclude knee wraps.

Rational: We need clarify what we are allowing in the raw division vs. what is legal in the IPF.

e) Submitted by Elliot Feldmen

Proposal: to combine Police and Fire Nationals with the American Open. The combined meet will allow Police and Fire lifters to compete at the American Open against elite lifters. The proposal will take effect starting with the 2008 American Open in St. Louis.

10) Elections

A. Treasurer

- a. Geoff Plante (Incumbent)

B. Secretary

- a. Angela Simon

C. 2 Executive Committee Positions

- a. Betina Altizer (Incumbent)
- b. Rob Grisham
- c. Paula Houston (Incumbent)
- d. Jack Marcus
- e. Greg Page

11) Honorary Awards

A. Brother Bennett Award

- a. Phillip Battle
- b. Regina Hackney
- c. Joe Marksteiner

D. Coach of the Year

- a. Joe Lewis
- b. Don McIrvy
- c. Gina Stepleton
- d. James Townsend

E. Referee of the Year

- a. Joe and Cathy Marksteiner

12) Meet Bids/ Current USAPL Schedule
2008 Meet Schedule

Meet	Host	Location	Date
Women's Nationals	Johnny Graham	Killeen, TX	Feb 17-19
High School Nationals	Tod Miller	Plainwell, MI	April 4-6
Collegiate Nationals	Dan Gaudreau	Denver, CO	April 11-13
Masters Nationals	Robert Keller	Miami, FL	May 2-4
Teen/Junior Nationals	Johnny Graham	Killeen	June 12, 13-14
Men's Nationals	Johnny Graham	Killeen, TX	June 13-15
Raw Nationals	Harold Gains	St. Louis, MO	July 25-27
Bench Press Nationals	Jennifer Thompson	Charlotte, NC	Aug 30-31
Police & Fire Nationals	Steve Mann	Scranton PA	March 29
Deadlift Nationals/Push-Pull and Squat Nationals	Dan Gaudreau	Denver, CO	Sept 13-14
Military/Armed Forces	James Henderson-Coffey	Pensacola, Fla.	March 8

2009 Meet Schedule

Meet	Host	Location	Date
Women's Nationals	Rob Keller	Miami, FL	February 14-15
High School Nationals	Johnny Graham	Killeen, TX	April 3-5
Collegiate Nationals	Paul Fletcher	Baton Rouge, LA	April 3-5
Masters Nationals	Harold Gaines	St Louis, MO	May
Teen/Junior Nationals	Dan Gaudreau	Denver, CO	June 17-19
Men's Nationals	Dan Gaudreau	Denver, CO	June 17-19
Bench Press Nationals	Gary Kanaga	Cleveland, OH	Sept 12-13
Raw Nationals			
Police & Fire Nationals			
Deadlift Nationals/Push-Pull	Rob Keller	Miami, FL	
Military/Armed Forces			

2010 Meet Schedule– *Meets Selected by Committees and are awaiting approval at NGB

Meet	Host	Location	Date
Women's Nationals*	Gary Kanaga	Cleveland, OH	Feb 13-14
High School Nationals*		Wisconsin Dells, WI	March
Collegiate Nationals*	Rob Keller	Orlando, FL	
Masters Nationals*			
Teen/Junior Nationals			
Men's Nationals			
Raw Nationals			
Bench Press Nationals			
Police & Fire Nationals			
Deadlift Nationals/Push-Pull			
Military/Armed Forces			

Open Meet Bids:

2009 Raw Nationals

Charlottesville, VA - John Shifflett, Will Morris

2010 Raw Nationals

Denver, CO – Dan Gaudreau

2010 Deadlift **and** Push/Pull Nationals

Denver, CO - Dan Gaudreau

Charlottesville, VA - John Shifflett, Will Morris (Push/Pull only)

2010 Bench Press Nationals

Charlottesville, VA - John Shifflett, Will Morris

2010 Teen/Jr/Men's Nationals

OPEN – Will be taking bids from the floor at the NGB

13) Items from the floor