



**USA Powerlifting
National Governing Body Meeting**

6:00pm

Thursday, June 11th, 2009

Denver, Colorado

- 1) Roll call of voting members and credential check of participants**
- 2) Reading of Minutes from NGB 2008**
- 3) President's Report – Larry Maile**
- 4) Vice President's Report – Johnny Graham**
- 5) Treasurer's Report - Geoffrey Plante**
- 6) Committee Reports**
 - a) Coaching – Johnny Graham
 - b) Collegiate – Jon Magendie
 - c) Disabled Athletes – Robert Keller
 - d) Discipline – Eric Kupperstein
 - e) Drug Education –
 - f) Drug Testing Committee – George Bartotti, Cathy Marksteiner
 - g) Finance and Ethics –George Shoemaker
 - h) Law and Legislation – Lucian Gillis
 - i) Masters' – Johnny Graham
 - j) Marketing and Publicity – Lance Slaughter
 - k) Military – Lanette Lopez
 - l) Police and Fire – Tim Anderson
 - m) Raw – Angela Simons
 - n) Referee's – Bill Clayton
 - o) Sport's Medicine Committee – Mike Hartle
 - p) Technical Committee – Robert Keller
 - q) Teenage/Junior – Joe Lewis
 - r) Therapeutic Use Exemption – Dr. Mark W Rodacker
 - s) Women's Committee – Priscilla Ribic
- 7) Unfinished Business –**

8) Proposed By-law Amendments

a) Submitted by: Angela Simons

“Section 2.2 Membership in the National Committee of USA Powerlifting

C. Members at Large Each chair of the following committees shall be considered members at large of the National Committee: Collegiate, Masters, Teenage, Military and Women’s Committee. The four committees shall exist to represent that membership which falls in that category.”

Proposal: Amend this section to state:

Each chair of the following committees shall be considered members at large of the National Committee: Collegiate, Masters, Teenage, Military, Women’s, and Raw Committee. The six committees shall exist to represent that membership which falls in that category.

Rationale: There is no doubt that the population of those lifters that choose to compete raw is growing. This group deserves to have a voting representative.

b) Submitted by Larry Maile

“Q: Drug Testing Policies – 3. Selection of Subjects to be Tested – Page 14 of 69 e. State Chairs are authorized to recommend USA Powerlifting members (in their states) for submission to out-of-meet testing. The amount of testing to be done is based on a ratio of the total USA Powerlifting members, per state...”

Proposal: Amend the last sentence of the above paragraph to state:

The amount of out-of-meet testing to be done is 20% of the amount of in-meet test that are done for any given year, i.e. if 800 in-meet tests are done then 160 out-of-meet tests should also be done.

Rationale: The current statement in the rulebook is vague, stating no particular “ratio” that is to be used; therefore no real guideline is given as to the number of out-of-meet test that are to be done.

9) **New Business – The following motions have been submitted for consideration**

a) Submitted by Ruth Welding

Proposal / Rationale: Addition of a selection criterion for alternates for the Women's or Men's Open and/or Masters' world teams.

Amend the selection criteria to allow women or men who entered and can provide proof of intent to travel to Nationals but not able to participate due circumstances beyond their control (flight cancellations, etc). These lifters may be allowed to enter another approved national caliber meet as a guest lifter to achieve a Wilks number for the class they had entered at the missed world qualifier. This is not to displace a lifter who won the spot on the world team at Nationals but rather to supply a viable pool of lifters for filling empty world team spots as they arise, thereby creating a deeper alternate lifter pool and allowing the U.S. to field their most competitive team.

The meets that a lifter would be allowed to use for this would be a national championship or a meet of similar caliber that can guarantee national or IPF officials in official duties. The list of said officials along with the meet results must be submitted to a designated Executive Committee member in a timely manner (24 or 48 hours) in order for the lifter to become eligible for an alternate spot. (This would be similar to the procedure that occurs when a lifter submits a record form)

b) Submitted by Angela Simons

Proposal: Qualifying totals for Raw Nationals must be achieved raw.

Rationale: At the first Raw Nationals last year there were some weight classes that had to be split into two flights. As is usually the case, this was done based on the lifter's qualifying total. However, since some lifters qualified via an equipped total and others a raw total the flights were not always made up of similar caliber lifters.

c) Submitted by Stephenie Dzurnak

Proposal: A time line needs to be in place for the grading of the State/National Referee exam. After the completion of an exam, within one week of the meet, the exam should be mailed to the correct official for grading. Upon receiving the exam the grading official has a maximum of two weeks to grade the exam. The final grade will then be sent back to the state chair to notify the individual who took the test what the final score was.

Rationale: Individuals who are willing and eager to serve the organization in an official volunteer capacity deserve to have their interest and efforts treated in a respectful manner. One concrete way that this can be done is through the prompt grading of all referee exams. Timely grading of exams allows the examinee, if successful, to become actively involved more quickly and will most likely guarantee their renewed membership due to their greater level of participation. Further, if a person fails to pass the test, the sooner they are cognizant of their results the sooner they may retest.

d) Submitted by Angela Simons

Proposal: The procedures for administering the state and national referee exam be put in writing. These procedures should include the time limitations, test taking conditions and materials that should be provided to the person taking the exam.

Rationale: There have been studies done that testing conditions can affect test performance. Examinees testing under poor conditions, (poor lighting or ventilation, loud noises, etc) may have test scores that are significantly lower than the scores of individuals testing under more favorable circumstances. For this reason tests should be administered under favorable and standard conditions that give each person the opportunity to do his or her best. Further, given that the state referee exam is open book, a copy of the rulebook should be made available to each person taking that exam.

e) Submitted by Angela Simons, Malinda Baum

Proposal: The selection/qualification criteria for all international meets be clearly stated and available from the USA Powerlifting website.

Rationale: The organization clearly states and makes readily available on its website how one qualifies for national meets but fails to do so for any of the international meets in which we take part. By doing so the organization has been accused at times of keeping these criteria hidden so that only a select few have the opportunity to qualify. With the goal of being more transparent to the membership the selection/qualification criteria for each of the following meets should be made public: Women's and Men's Open World Teams (3-lift and bench press), Master Women's and Men's Teams (3-lift and bench press), Sub-Junior and Junior World Teams, North Americans, and World Games

f) Submitted by Steve Mann

Proposal: Creation of Raw High School/Collegiate National Championships

Rationale: The event would not be created to conflict with the current “geared” national championships, but to allow teams who are not geared or not ready to be geared to compete at a USAPL National Championship event. I would also like for the scheduling of this event to be in January of each year, so as not to inhibit lifters from lifting at the USAPL High School/Collegiate National Championships. I think this is a logical approach to getting lifters from both other organizations and non-sanctioned events that do not have the funds to gear their teams. I would propose that the first year of the event would not require a qualifying total, but going forward the lifters should have a USAPL total. We started running the USA Powerlifting RAW High School/Collegiate Championships and had a great turnout and expect the numbers to grow even more. An additional advantage of combining the High School and Collegiate is not only allowing them to qualify for geared nationals, it will also help lifters from the High School program see the options they have from a collegiate perspective.

g) Submitted by Tony Cardella

Proposal: Rename the National Records to National Meet Records

h) Submitted by Charlie Turco

Proposal: The records for Military, Police and Fire, Lifetime Drug Free and Special Olympics should be OPEN records only and eliminate the 15+ different divisions. Also consider eliminating Squat Only National Meet Records.

10) Elections

- A. President
 - a Larry Maile (Incumbent)

- B. 2 Executive Committee Positions
 - a. Tony Cardella
 - b. Paula Houston
 - c. Jack Marcus
 - d. Donovan Thompson

11) Honorary Awards

- A. Brother Bennett Award
 - a. Paul Fletcher
 - b. Dan Gaudreau
 - c. Robert Grisham

- B. Coach of the Year
 - a. Jim Battenfield
 - b. Jeff Douglas
 - c. Dan Gaudreau
 - d. John Magendie
 - e. Gina Stepleton

- C. Referee of the Year
 - a. Eliot Feldman
 - b. Robert Grisham
 - c. Regina Hackney
 - d. Wade Hooper

**12) Meet Bids/ Current USAPL Schedule
2009 Meet Schedule**

Meet	Host	Location	Date
Women's Nationals	Robert Keller	Miami, FL	February 14 – 15
Military/Armed Forces	Johnny Graham	Killeen, TX	March 14
Collegiate Nationals	Paul Fletcher	Baton Rouge, LA	March 27 – 29
High School Nationals	Johnny Graham	Killeen, TX	April 3 – 5
Masters Nationals	Harold Gaines	St Louis, MO	May 1 – 3
Deadlift Nationals/ Push-Pull	Rob Keller	Miami, FL	July 12
Teen/Junior Nationals Men's Nationals	Dan Gaudreau	Denver, CO	June 12 – 14
Raw Nationals	Jim Schiflett Will Morris	Charlottesville, VA	July 24 – 26
Bench Press Nationals	Gary Kanaga	Cleveland, OH	Sept 12 – 13
American Open Police & Fire Nationals	Dan Gaudreau	Denver, CO	December

2010 Meet Schedule

Meet	Host	Location	Date
High School Nationals	Brian Kenney	Wisconsin Dells, WI	March
Military/Armed Forces	James Henderson- Coffey	Pensecola, FL	March 13
Collegiate Nationals*	Robert Keller	Orlando, FL	April 8 – 11
Masters Nationals*	Johnny Graham	Killeen, TX	April 30, May 1 – 2
Women's Nationals*	Gary Kanaga	Cleveland, OH	May 22 – 23
Teen/Junior Nationals Men's Nationals	Lance Slaughter	Palm Springs, CA	June 18 – 20
Raw Nationals	Dan Gaudreau	Denver	
Bench Press Nationals	Jim Schiflett Will Morris	Charlottesville, VA	
Deadlift/ Push-Pull	Dan Gaudreau	Denver, CO	
American Open Police & Fire Nationals			

2011 Meet Schedule: *Meets Selected by Committees and awaiting approval by the NGB

Meet	Host	Location	Date
Military/Armed Forces			
Collegiate Nationals *	Steve Mann	Scranton, PA	
High School Nationals*		Corpus Christi, TX	March 25 – 27
Masters Nationals *	Greg Jones	Atlanta, GA	May
Women's Nationals *	Greg Jones	Atlanta, GA	May
Deadlift/ Push-Pull	Dan Gaudreau	Denver	
Teen/Junior Nationals Men's Nationals			
Raw Nationals			
Bench Press Nationals			
American Open Police & Fire Nationals			

Open Meet Bids:

2010 American Open

Valley Forge, PA Robert Keller

2011 American Open, Police and Fire Nationals

Bay St. Louis, MS – Jim Battenfield / Paul Fletcher

Scranton, PA – Steve Mann

2011 Bench Press Nationals

Denver, CO – Dan Gaudreau

Killeen, TX – Johnny Graham

Omaha, NE – Tim Anderson

Orlando, FL – Robert Keller

Scranton, PA – Steve Mann

2011 Deadlift and Push/Pull Nationals

Charlottesville, VA – John Shifflett, Will Morris

Denver, CO – Dan Gaudreau

Miami, FL – Robert Keller

Scranton, PA – Steve Mann (Squat, Deadlift and Push/Pull)

2011 Teen/Jr/Men's Nationals

Bay St, Louis, MS – Jim Battenfield/Paul Fletcher

Philadelphia, PA – Robert Keller

2011 Raw Nationals

Scranton, PA – Steve Mann

Philadelphia, PA – Robert Keller

13) Items from the floor