



**USA Powerlifting
National Governing Body Meeting**

6:00pm

Thursday, June 17th, 2010

Palm Springs, California

- 1) Roll call of voting members and credential check of participants**
- 2) Reading of Minutes from NGB 2009**
(Available at <http://www.usapowerlifting.com/admin/ngb.shtml>)
- 3) President's Report – Larry Maile**
- 4) Vice President's Report – Johnny Graham**
- 5) Treasurer's Report - Geoffrey Plante**
- 6) Committee Reports**
 - a) Coaching – Dan Gaudreau (received)
 - b) Collegiate – Jon Magendie
 - c) Disabled Athletes – Robert Keller
 - d) Discipline – Eric Kupperstein (received)
 - e) Drug Education –
 - f) Drug Testing Committee – Cathy Marksteiner, OMT (received)
 - g) Finance and Ethics –George Shoemaker (received)
 - h) Law and Legislation – Lucian Gillis (nothing to report)
 - i) Marketing and Publicity – Lance Slaughter (received)
 - j) Masters' – Johnny Graham
 - k) Military – Lanette Lopez
 - l) Police and Fire – Tim Anderson
 - m) Raw – Angela Simons (received)
 - n) Referee's – Bill Clayton
 - o) Sport's Medicine Committee – Mike Hartle
 - p) Technical Committee – Robert Keller
 - q) Teenage/Junior – Joe Lewis (received)
 - r) Therapeutic Use Exemption – Dr. Mark W Rodacker
 - s) Women's Committee – Priscilla Ribic (received)
- 7) Unfinished Business –**

8) Proposed By-law Amendments

- a) Submitted by Dan Gaudreau, Jennifer Gaudreau, Cathy Marksteiner, Joe Marksteiner

Currently the By-laws state

“**Section 9.3** Age Group Categories. For the purposes of competition within USA Powerlifting and for the establishment of records for Masters competition within USA Powerlifting, the following age group categories apply:

40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89”

Proposal: Adopt the use of calendar year (January 1 to December 31), rather than birth date for all Master divisions.

Men and Women

- a. Master 1a: from 1 January in the calendar year he/ she reaches 40 years and throughout the full calendar year he/ she reaches 44 years.
- b. Master 1b: from 1 January in the calendar year he/ she reaches 45 years and throughout the full calendar year he/ she reaches 49 years.
- c. Master 2a: from 1 January in the calendar year he/ she reaches 50 years and throughout the full calendar year he/ she reaches 54 years.
- d. Master 2b: from 1 January in the calendar year he/ she reaches 55 years and throughout the full calendar year he/ she reaches 59 years.
- e. Master 3a: from 1 January in the calendar year he/ she reaches 60 years and throughout the full calendar year he/ she reaches 64 years.
- f. Master 3b: from 1 January in the calendar year he/ she reaches 65 years and throughout the full calendar year he/ she reaches 69 years.
- g. Master 4a: from 1 January in the calendar year he/ she reaches 70 years and throughout the full calendar year he/ she reaches 74 years.
- h. Master 4b: from 1 January in the calendar year he/ she reaches 75 years and throughout the full calendar year he/ she reaches 79 years.
- i. Master 5a: from 1 January in the calendar year he/ she reaches 80 years and throughout the full calendar year he/ she reaches 84 years.
- j. Master 5b: from 1 January in the calendar year he/ she reaches 85 years and throughout the full calendar year he/ she reaches 89 years.

Rationale:

1. In 2009 the Master’s Committee passed this by a resounding margin.
2. Record updates and database would be easier to maintain and update. Currently, birth date is required for the Record database. If the scoring personnel do not have the birth date information, records cannot be easily updated. This applies to state, American and National records.
3. The Technical Secretary tries to keep lifters vying for the same IPF Championship slot in the same flight. Birth year information will make this easier.
4. Reduce confusion for Master 3 lift or Bench Press World Team Selection.

- b) **Proposal:** Approve the updated and reformatted USA Powerlifting By-Laws

Rationale: The by-laws have recently undergone an update and revision to bring them into line with the current status of the organization. These changes need to be approved by the National Governing Body.

9) **New Business – The following motions have been submitted for consideration**

- a) Submitted by Dan Gaudreau, Jennifer Gaudreau, Cathy Marksteiner, Joe Marksteiner

Proposal: Adopt the use of calendar year (January 1 to December 31), rather than birth date for all divisions.

Men and Women

- a. Sub-Junior: from the day an athlete reaches 14 years and throughout the full calendar year he/ she reaches 18 years.
- b. Junior: from 1 January in the calendar year he/ she reaches 19 years and throughout the full calendar year he/ she reaches 23 years.

Rationale:

1. Record updates and database would be easier to maintain and update. Currently, birth date is required for the Record database. If the scoring personnel do not have the birth date information, records cannot be easily updated. This applies to state, American and National records.
2. The Technical Secretary tries to keep lifters vying for the same IPF Championship slot in the same flight. Birth year information will make this easier.
3. Reduce confusion for 3 lift Championship or Bench Press Championship Sub-Junior and Junior World Team Selection.

- b) Submitted by Jennifer and Dan Gaudreau

Proposal: Any team that enters a USAPL meet must submit a roster that includes a USAPL member as a coach, to the meet director. The coach may also be a lifter on said roster.

Rationale: At USAPL competitions we have had a number of coaches that are not USAPL members. Not being a USAPL member affects the coach's ability to represent their team in USAPL meetings as well as not being privy to USAPL/IPF rule updates.

c) Submitted by Lance Slaughter

Proposal: Formally adopt Rule 4.5 (c) under Miscellaneous Rules of Performance
All lifters must weigh-in within the 1½ hour period beginning 2 hours prior to the start of their session.

Rationale: In response to public discussion on various online powerlifting forums in January 2010 and evidence of confusion on whether USAPL allows use of 24 hour weigh-ins.

Although a rule requiring a 2 hour weigh-in is currently published in the most recent USAPL rule book/handbook, this specific rule has not been adopted by the NGB. The basis on which it has been placed and published as part of the USA Powerlifting Handbook is from a vote at the NGB meeting in 2003 to adopt the Technical Rules of the International Powerlifting Federation. In fact, the motion approved was amended to read "Follow IPF technical and equipment rules pertaining to supportive equipment and Rules of Performance."

It was amended in part to provide allowable exceptions to other sections to the IPF Technical Rules book outside of the "rules of performance" and "supportive gear". For ex., use of plates measured in pounds, meets not having to be organized in sessions, use of lot numbers not required to establish order of weigh-in, etc. It is also important to note that rules relating to WEIGHING-IN are not in the section for the "rules of performance".

Consequently, there has not been a consistent understanding or interpretation on whether or not the weigh-in requirements applied to what was adopted in 2003. This motion is to formally adopt this rule and end any confusion about rules on weigh-in.

d) Submitted by Cathy Marksteiner

Proposal: Develop a mentoring program for Technical Secretary.

Rationale: Develop a pool of referees who can act as Technical Secretary for National level meets. All levels of competition will benefit from more referees with this information, skills, knowledge, coordination, and referee scheduling. Our biggest meets: Collegiate Nationals, High School Nationals and Raw Nationals, would be excellent meets for this mentoring.

e) Submitted by Cathy Marksteiner

Proposal: Publish the schedule or list of assigned National meet Technical Secretaries and the appropriate contact information.

Rationale: The Technical Secretary is responsible for scheduling referees. Often this involves seeking out and recruiting referees, via online Forum (www.USAPowerliftingForum) or by phone. Publishing the associated meet Technical Secretary on the web site could be another communication tool and contact information site.

f) Submitted by Cathy Marksteiner

Proposal: Renew National Referee commitment at National Level meets by:

- i. Mailing a calendar of meets to referees, requesting their help for at least one meet per year. The commitment to help would not include meets they coach or lift in.
- ii. Maintain a current database of referees, updated with state and certification level.
- iii. Communicate and work with the State Chair, of the state hosting the meet, to recruit local and appropriately certified referees.

Rationale: Increased participation and commitment helps keep our National referees current with their certification and enhances communication about current equipment, Doping Control, and technical rules. Referees are needed for all meets. However, we frequently experience periodic “shortages” because referees, though present, are not available for a session, an entire day or the entire meet, due to other commitments. Large numbers of referees are needed for the 3 multi-platform, multi-day meets: Raw Nationals, High School Nationals, and Collegiate Nationals. Everyone benefits from increased referee participation: the lifter, the meet director, fellow referees, the Technical Secretary, the State Chairman, our sport and our organization.

g) Submitted by Jason Eggers and Brad Madvig

Proposal: Require the creation and maintenance of a rankings system

Rationale: The most basic reason why athletes compete in powerlifting is to measure themselves against everyone else. To know how one does against lifters from across the country is a powerful draw to our organization. A top-notch ranking system would further separate our organization from the other organizations and would strengthen our position as being lifter-friendly. To accomplish this goal, the organization needs to create and maintain an online rankings system.

Benefits of an Online Rankings System:

- Encourage new members to join to compete to be the best in USA Powerlifting
- Encourage retention of members so they can stay motivated to compete in USA Powerlifting

h) Submitted by Jason Eggers and Brad Madvig

Proposal: Require the creation of guidelines for third party use of USA Powerlifting features and trademarks

Rationale: It is critical for USA Powerlifting to protect its brand while nurturing its presence online for continued growth and success. To better protect this asset an identity guide should be made available in some manner. The guide could either be distributed on request or made available from the www.usapowerlifting.com site as is industry norm.

Why have an Identity Guide:

- To enhance marketing and membership efforts so that effective use of the brand logo, design, and expression generate a positive impact
- To avoid physical distortions and deviations from the true design and character of the USAPL brand
- To remind people that behind the USAPL brand is an organization that invites trust and confidence

What can happen if there isn't an Identity Guide:

- Inappropriate or indiscriminate use of the USAPL brand, its logo, and its tag lines
- Wrong colors, different characters, and improper position of the logo and slogan on promotional material
- Careless handling of the USAPL brand causing confusion and a feeling of cheapness
- Discrepancies in brand elements; no cohesion or harmony in presenting the various elements into a unifying whole
- Inconsistent messages that result in lower membership

The Identity Guide should contain and cover the following:

- Full brand description and what it stands for
- A list of situations for which the brand and its symbols can be used and cannot be used
- Specific colors, dimensions, lines, accents, inclusion of trademark, brand signature, image styles such as USAPL logos
- Tone and use of works relating to the brand
- Typographical elements
- Reproduction guidelines for items such as USAPL photos
- Do's and don'ts such as don't use USAPL trademarks as second-level domain names

This action would also be a good step in the direction of becoming a more transparent organization which is what our current members are asking for.

Excellent examples of an online identity guide/brand manual:

<http://www.google.com/permissions/guidelines.html>

<http://www.heinekenidentity.com/heiway/viwebsite.nsf/wwwVwContent/11home.htm>

<http://www.scribd.com/doc/201995/Good-Technology-Brand-Identity-Guide>

i) Submitted by Cathy Marksteiner

Proposal: Discontinue the National Squat, National Deadlift/ Push-Pull meet after 2011.

Rationale:

- 1) Currently, we have 10 National level meets on the USAPL calendar, in addition to the Arnold Sports Festival.
 - Arnold Sports Festival
 - Armed Forces/ Military Nationals
 - High School Nationals
 - Collegiate Nationals
 - Masters Nationals
 - Women's Nationals
 - Men's/ Jr/ Sub-Jr Nationals
 - Deadlift/ Squat/ Push-Pull Nationals
 - Raw Nationals
 - Bench Press Nationals
 - American Open/ Police-Fire Nationals

- 2) Discontinuing the Deadlift/ Push-pull meet would not diminish the status of the other National meets. Rather, it would maintain their status as National meets, reducing our National meet calendar overload.
- 3) Unlike Bench Press Nationals, which is the qualifier for the IPF World Bench Press Championship, this meet does not have an international single lift equivalent.
- 4) Athletes wanting to qualify for the Arnold Sports Festival have several meets already listed on the selection list. With the exception of the ASF Pro Deadlift, all of the other qualifying opportunities are 3 lift meets. The qualifying criteria for invitation to the 2010 Arnold was:
 - SELECTION:** All athletes by invitation only.
 - Primary selection***
 - 2009 ASF Pro Deadlift competitor
 - 2009 USAPL Nationals (All Nationals)
 - 2008/2009 IPF/NAPF event completed by October 3, 2009

- 5) Records can be set as Bench only. However, in order to establish Squat or Deadlift records, you must lift in a 3 lift meet.
- 6) Finally, the history of this National meet shows low competitor numbers. (Average 40 lifters in published results 156 lifters over 4 meets)

1997 – 2001	No meet
2002: Squat and Deadlift	26 lifters
2003: Squat and Deadlift	46 lifters
2004: Deadlift and Ironman	54 lifters
2005 – 2006	No meet
2007	No web results
2008: Squat, DL, Push pull	30 lifters
2009	No web results

Proposal: To allow lifters, who achieve the appropriate qualifying total at their respective state high-school championship, to compete at the High School, Women's or Men's/Teen/Junior nationals.

Provisions:

1. The governing federation of the state championship must be a "high-school only" federation. High-school championships sponsored by other open federations (NASA, APF etc.) will not be recognized.
2. The allowance to compete expires after the Mens/Teen/Junior Nationals of the year in which the qualifying total was achieved. Since these high-school state championships take place in the spring, this will only allow these lifters to compete at the upcoming national meets that apply.
3. Lifters who qualify for nationals in this manner, must purchase their USAPL membership no less than 30 days prior to the national meet in which they will compete. This gives USAPL the opportunity to give lifters an OMT prior to competing at the national level.

Rationale: Background and Benefits of this proposal:

1. There are at least 7 states with high-school state championships each spring. Ohio, Pennsylvania, Texas, Mississippi, Louisiana, Oklahoma, and Michigan all hold their state meets outside of the sanction of USAPL. Between these 7 states, there are more than 2000 lifters competing at the championship level.
2. The high school powerlifting season runs from January to March. A vast majority of the lifters are participating in up to 8 meets during that time. A national level championship is the next logical step for a competitive athlete. USAPL can provide that next step with or without a high school federation's support. Furthermore, it gives USAPL an opportunity to reach lifters/volunteers in parts of the country without a strong USAPL presence (i.e. Oklahoma).
3. Most high school powerlifting federations have an internal focus only. They do not promote powerlifting past the high school state level. Allowing lifters to qualify for nationals in this manner will provide another way to promote USAPL to one of the organizations strongest demographics.
4. By accepting totals achieved at a high school state championship, you are targeting the best of the best lifters at that level. The increase in membership is good, but it also improves our talent pool for international teams and special invite only events (i.e. Arnold Sports Festival).

10) Elections

- A. Vice-President
 - a. Johnny Graham (Incumbent)

- B. 2 Executive Committee Positions
 - a. Jim Brown
 - b. Eliot Feldman (Incumbent)
 - c. Ken Gack
 - d. Joe Marksteiner

Jim Brown Bio

Personal life:

I am 44 years old.

Married to Janel Brown and we have been married 11 years.

No children, 2 dogs Hoosier and Roadie and 2 cats Sif and I don (don't ask me, my wife named the cats)

My hobbies are hunting and racing. I build my own race cars from the ground up and I built my own home- cleared the land, designed and engineered the home, put together every stick and nail by myself.

Professional life:

I started Brown's Gym Inc. December 1992

I started in a little 2300 square foot location and since expanded 4 different times to current location and is now in a 25, 000 square foot location with more than 3000 members. Brown's Gym is open 24 hours a day 7 days a week.

Currently employ 53 full and part time employees

We offer health insurance, paid holidays, paid vacations, and 401 k plans, to our full time employees.

I have a second company Named JAB Motor sports Marketing Inc.

Started 2001

Involving Business Advertising Placement on a NASCAR Late Model Race Car

Displaying the car at major arenas, race tracks and businesses

Maintenance, rebuilding, and finally racing the car

Current National and local corporate sponsorships include

Roto – Rooter

Scranton / Wilkes- Barre Pioneers Football

GEM 107.7 radio station

5 Star Bodies

Brown's Gym Inc.

Phil's Auto Body

Powerlifting Career

Started lifting weights at age 11.

My first ever competition was the 1986 ADFPA North Americans held in Hanover high school in Wilkes-Barre , PA

Consistent member with the ADFPA / USAPL since 1986

14 time ADFPA / USAPL PA State Champion

3 Time IPF /NAPF North American Champion

2008 Women's team head coach for North Americans in Aruba

2008 4th place at IPF Masters Worlds

2009 Women's team Head coach for North Americans in Miami
2009 10th place IPF Open Worlds
2009 IPF Worlds I was asked to coach the Women's team from Indonesia – it was very difficult with the language barrier but it was my honor to do what I could for them.
2010 USAPL NATIONAL M-1 National Champion
2010 Women's team head coach for North Americans

I hope my business, powerlifting, and personal life lessons will be of value to the future USAPL growth

Thank you for your consideration
Sincerely
Jim Brown

Ken Gack Bio

Professional History:

Shortly after graduating high school I entered active duty service with the US Air Force. During my 10 years on active duty I maintained the air base computer and network systems where I was stationed. Since leaving the Air Force I have remained in the Washington Air National Guard (ANG), where I received a commission, and now hold the rank of Captain. In my current role with the Washington ANG, I assess air base computer and network security across the entire Air Force and Air National Guard.

When I left the Air Force, IBM hired me as a technical project manager. Among the many projects I have managed at IBM are 2 of the largest nationwide server and desktop computer deployments in IBM's history, deploying thousands of servers and tens of thousands of desktop computers across the United States and Canada.

Lifting History:

I began strength training at 18 years old when I joined the Air Force. It quickly became a lifestyle. While stationed in Germany, Gene Bell invited me to join the Ramstein Air Base Powerlifting Team. I lifted with them under IPF rules in competitions across Germany and England, and was hooked. I am currently active in the Washington State chapter of the USAPL. In Washington I've been State Champion multiple times, hold the current state record on the bench press, and was the 2008 Washington State USAPL Athlete of the Year. I also actively compete at the national and world level, and have competed twice at the Arnold Sports Festival. To begin giving back to my sport, I have recently become certified as a state referee.

I'm keenly interested in leveraging my professional skills to become more involved with the USAPL at the national level as well.

11) Honorary Awards

- A. Brother Bennett Award
 - a. Robert Crawford
 - b. Dan Gaudreau
 - c. David Ricks
 - d. Priscilla Ribic

To the USAPL National Governing Body:

It is with great pleasure and an honor for me to nominate Priscilla Ribic for one of USA Powerlifting's most prestigious honors- the Brother Bennett Award.

The award is presented to persons who provide extraordinary service to the athletes of our organization and demonstrate leadership in furthering the cause of drug free sport. There are few, if any, who meet the criteria of this award more than Priscilla.

Over the years, I had the opportunity to witness first-hand how Priscilla's outstanding achievements and dedicated service have made significant contributions to promote drug free powerlifting, advance women's powerlifting and provide tremendous support to the growth of USA Powerlifting. As an athlete, Priscilla has achieved unparalleled success on the platform. Priscilla began competing in the sport in December 1999. Since that time, Priscilla has become one of the most decorated lifters of our time. To summarize (as of the time of this nomination)

7-time Open powerlifting national champion

3-time Open bench press national champion

Numerous American & national meet records

10-time IPF Open world team member (powerlifting and bench press)

4-time IPF Open powerlifting and bench press world champion

7 Open IPF World records broken

2 time World Games participant and silver medalist

2009 inductee into the IPF Hall of Fame

Priscilla's success on the platform, combined with her being drug tested over 30 times at every level, has made her one of the most recognizable figures in the sport while serving as a role model for many women- young and old- (and many men as well) and being a great ambassador and example of drug-free lifting.

Priscilla has also been a dedicated leader in advancing women's powerlifting. She has served as a member and Chair of the USAPL Women's Committee and led the effort to establish a USA Powerlifting Women's Hall of Fame. She acted as the Women's World Team Manager from 2005 to 2008. Prior to that, Priscilla created the USAPL Women's Team Calendar fund raiser project from 2002 to 2004.

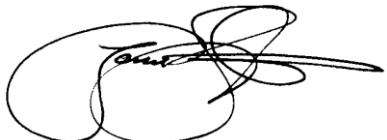
Over the last decade, Priscilla has committed considerable time and effort to promote awareness of and revenue growth to USA Powerlifting by overseeing the development and implementation of the USAPL e-store, supporting the expansion of the USAPL merchandising program, producing content for online and printed newsletter communications and assisting as webmaster for the USAPL national website. Most recently, Priscilla has been largely responsible for developing and coordinating the USA Powerlifting events at the Arnold Sports Festival, a project that has brought unprecedented interest and attention to our sport, and to USA Powerlifting.

As an advocate and champion of USAPL members, Priscilla has served as an athlete's representative and currently serves as a member of the IPF Athletes Commission. On behalf of USA Powerlifting, she has served as a referee, meet director, State Chair and sponsor.

To close, Priscilla has amassed a distinguished career of achievement and service to USA Powerlifting that is unmatched.

I respectfully request that the governing body recognize Priscilla's years of dedicated service by bestowing upon her this year's Brother Bennett Award, our organization's highest honor.

Respectfully submitted,



Lance Slaughter

- B. Coach of the Year
 - a. Donovan Thompson
 - b. Jim Brown

- C. Referee of the Year
 - a. Bill Clayton
 - b. Regina Hackney
 - c. Bill Sindelar

Regina Hackney Nomination

Regina is at many National meets acting as a referee or Doping Control Officer. We all know how precious time is. And time to help at meets does not just “appear” in anyone’s schedule. You make the time for the commitment. Like many volunteers, out of pocket expenses and time commitment are precious sacrifices.

Many times in a year, Regina made the time for a meet, to help as a referee and/ or Doping Control Officer. This means she was there for the entire meet. Not as a lifter, not as a coach, but as an official. All day, every day.

For this reason, Regina deserves recognition. .

12) Meet Bids/ Current USAPL Schedule

2010 Meet Schedule

Meet	Host	Location	Date
High School Nationals	Brian Kenney	Wisconsin Dells, WI	March
Military/Armed Forces	James Henderson-Coffey	Pensecola, FL	March 13
Collegiate Nationals*	Robert Keller	Orlando, FL	April 8 – 11
Masters Nationals*	Johnny Graham	Killeen, TX	April 30, May 1 – 2
Women's Nationals*	Gary Kanaga	Cleveland, OH	May 22 – 23
Teen/Junior Nationals Men's Nationals	Lance Slaughter	Palm Springs, CA	June 18 – 20
Raw Nationals	Dan Gaudreau	Denver	July 16 – 18
Bench Press Nationals	Jim Schiflett Will Morris	Charlottesville, VA	August 28 – 29
Deadlift/Push-Pull	Dan Gaudreau	Denver, CO	October 16
American Open Police & Fire Nationals	Robert Keller	Philadelphia, PA	December 4 – 5

2011 Meet Schedule

Meet	Host	Location	Date
Military/Armed Forces			
Collegiate Nationals	Steve Mann	Scranton, PA	
High School Nationals	Hector Munoz	Corpus Christi, TX	March 25 – 27
Masters Nationals	Greg Jones	Atlanta, GA	May
Women's Nationals	Greg Jones	Atlanta, GA	May 20 – 22
Deadlift/Push-Pull	Dan Gaudreau	Denver	
Teen/Junior Nationals Men's Nationals	Jim Battenfield Paul Fletcher	Bay St. Louis, MS	June 10 – 12
Raw Nationals	Steve Mann	Scranton, PA	
Bench Press Nationals	Robert Keller	Orlando, FL	September 3 – 4
American Open Police & Fire Nationals	Jim Battenfield Paul Fletcher	Bay St. Louis, MS	December 10 – 11

2012 Meet Schedule: *Meets Selected by Committees and awaiting approval by the NGB

Meet	Host	Location	Date
Military/Armed Forces			
Collegiate Nationals			
High School Nationals			
Masters Nationals *			
Women's Nationals *	Steve Rayborn	Boise, Idaho	May 19 – 20
Deadlift/Push-Pull			
Teen/Junior Nationals Men's Nationals			
Raw Nationals			
Bench Press Nationals			
American Open Police & Fire Nationals			

Open Meet Bids:

2012 American Open, Police and Fire Nationals
Atlanta, GA – Greg Jones

2012 Bench Press Nationals
Killeen, TX – Johnny Graham
Palm Springs – Lance Slaughter

2012 Collegiate Nationals
Baton Rouge – Paul Fletcher

2012 Deadlift and Push/Pull Nationals
Denver, CO – Dan Gaudreau

2012 High School Nationals
Denver, CO – Dan Gaudreau
Wisconsin Dells, WI – Brian Kenney
(Vote needs to take place at NGB due to tie vote at High School Nationals
Teen Junior Committee meeting)

2012 Raw Nationals
Killeen, TX – Johnny Graham
Orlando, FL – Robert Keller

2012 Teen/Jr/Men's Nationals
Orlando, FL – Robert Keller

13) Items from the floor