

2013 USAPL High School National Powerlifting Championships

April 5-7, 2013 - Denver, Colorado

Meet Directors: Dan & Jennifer Gaudreau

Girls Varsity Powerlifting

Place	Name	Body Weight	Weight Class	Squat			Bench Press			Deadlift			Total	Wilks Total
				1	2	3	1	2	3	1	2	3		
1	Julia Swigart	43.60	44	102.5	-110.0	110.0	-55.0	57.5	65.0	102.5	115.0	-135.0	290.0	410.8140
2	Celina Johnston	43.70	44	92.5	102.5	-110.0	37.5	42.5	47.5	97.5	105.0	107.5	257.5	364.2337
3	Ashley Cross	43.50	44	82.5	90.0	-97.5	40.0	-42.5	42.5	92.5	97.5	105.0	237.5	336.9650
4	Giulia Mondin	40.80	44	72.5	-80.0	-80.0	35.0	37.5	40.0	92.5	100.0	-105.0	212.5	313.7775
5	Josie Vesely	40.50	44	-72.5	-72.5	72.5	37.5	-40.0	-40.0	75.0	80.0	-82.5	190.0	281.7700
1	Kailee Guth	47.80	48	102.5	112.5	117.5	42.5	50.0	57.5	127.5	145.0	-150.0	320.0	425.1200
2	Marissa Peterson	47.80	48	90.0	97.5	102.5	47.5	55.0	60.0	110.0	117.5	-125.0	280.0	371.9800
3	Autumn Freeman	47.40	48	87.5	97.5	102.5	32.5	37.5	42.5	87.5	100.0	102.5	247.5	330.8332
4	Tiffany Leurquin	47.00	48	80.0	90.0	-97.5	45.0	50.0	-52.5	82.5	95.0	100.0	240.0	322.7760
5	Libby McRaven	47.20	48	82.5	87.5	-92.5	35.0	42.5	-45.0	82.5	90.0	-112.5	220.0	294.9760
1	Lauren Lent	51.10	52	140.0	-147.5	147.5	57.5	-62.5	-62.5	140.0	-147.5	-147.5	345.0	435.9075
2	Cassy Freeman	51.30	52	122.5	-127.5	-127.5	70.0	75.0	77.5	130.0	140.0	-150.0	340.0	428.2980
3	Destiny Walker	49.80	52	112.5	125.0	-135.0	52.5	57.5	62.5	125.0	137.5	-152.5	325.0	418.7625
4	Megan Kutchenriter	50.00	52	112.5	-117.5	-117.5	57.5	62.5	65.0	120.0	125.0	137.5	315.0	404.6490
5	Krystie Kettlewell	51.50	52	-112.5	112.5	-117.5	55.0	-60.0	60.0	130.0	-137.5	137.5	310.0	389.3600
6	Paige Hinzmann	50.40	52	-100.0	105.0	110.0	47.5	-55.0	55.0	100.0	112.5	120.0	285.0	363.9165
7	Deseray Schell	51.60	52	117.5	-122.5	-122.5	52.5	55.0	-60.0	97.5	107.5	110.0	282.5	354.2832
8	Leah Jenk	50.10	52	102.5	112.5	-122.5	35.0	40.0	-45.0	87.5	95.0	105.0	257.5	330.2952
9	Kara Senkerik	51.70	52	92.5	95.0	97.5	47.5	52.5	-55.0	102.5	107.5	-112.5	257.5	322.4415
10	Marissa Erickson	51.80	52	75.0	85.0	92.5	30.0	40.0	-42.5	97.5	105.0	120.0	252.5	315.7260
	Hallie Hackl	51.20	52	-117.5	-130.0	-130.0	-55.0	-55.0						
1	Morgan Schillinger	54.80	56	125.0	135.0	140.0	57.5	62.5	65.0	142.5	152.5	157.5	362.5	433.8037
2	Michelle Wallner	55.50	56	127.5	137.5	142.5	55.0	60.0	65.0	130.0	137.5	-152.5	345.0	408.7905
3	Hannah E. Zimmer	53.70	56	-130.0	-132.5	132.5	60.0	65.0	-72.5	125.0	135.0	-147.5	332.5	404.2867
4	Cecily Ripley	54.70	56	117.5	130.0	137.5	57.5	62.5	-65.0	112.5	122.5	-135.0	322.5	386.5163
5	Leah Morrow	54.70	56	105.0	-110.0	110.0	52.5	57.5	-60.0	125.0	-137.5	-137.5	292.5	350.5613
6	Annalee Sorenson	55.90	56	107.5	-110.0	110.0	-50.0	-50.0	50.0	110.0	115.0	120.0	280.0	329.9240
7	Kaitlyn Schroeder	55.10	56	92.5	107.5	-112.5	47.5	57.5	-60.0	95.0	105.0	110.0	275.0	327.6900
	Jordyn Bonney	55.20	56	90.0	-100.0	-100.0	-62.5	-62.5	-62.5	127.5	-137.5	-137.5		

1	China Storks	84.80	90	160.0	175.0	185.0	77.5	85.0	87.5	172.5	192.5	212.5	485.0	430.4860
2	Jennifer Kosinski	86.60	90	140.0	150.0	160.0	57.5	62.5	67.5	132.5	145.0	147.5	375.0	329.5500
3	Natasha Dusek	89.70	90	-145.0	145.0	-155.0	62.5	-67.5	-67.5	145.0	150.0	-170.0	357.5	309.3447
4	Jenna Wallace	85.60	90	105.0	115.0	120.0	50.0	-55.0	-55.0	150.0	162.5	-167.5	332.5	293.7970
5	Nicole Dannenmueller	85.50	90	-125.0	125.0	-137.5	57.5	-62.5	-62.5	135.0	140.0	-152.5	322.5	285.1223
1	Johannah Theisen	91.00	90+	170.0	190.0	202.5	-90.0	92.5	100.0	155.0	165.0	175.0	477.5	410.7455
2	Drew Rath	143.60	90+	-177.5	185.0	190.0	82.5	-90.0	-92.5	177.5	185.0	-190.0	457.5	354.1965
3	Dawna Bowser	94.30	90+	147.5	162.5	-170.0	85.0	92.5	97.5	142.5	-147.5	-147.5	402.5	341.5615
4	Jasmine Davis	107.80	90+	135.0	147.5	160.0	72.5	82.5	-90.0	125.0	145.0	155.0	397.5	324.6382
5	Courtney Bowen	119.60	90+	152.5	167.5	-172.5	52.5	57.5	62.5	162.5	165.0	-177.5	395.0	316.0395
6	Kathy Francisco	133.40	90+	142.5	-152.5	-152.5	62.5	67.5	72.5	105.0	112.5	122.5	337.5	264.8025

2013 USAPL High School National Powerlifting Championships

April 5-7, 2013 - Denver, Colorado

Meet Directors: Dan & Jennifer Gaudreau

Place	Name	Body Weight	Weight Class	Squat			Bench Press			Deadlift			Total	Wilks Total
				1	2	3	1	2	3	1	2	3		
1	Jerome Leak	51.12	52	117.5	130.0	132.5	65.0	67.5	70.0	147.5	-157.5	-157.5	350.0	349.6850
2	Shawn Womack	50.66	52	120.0	125.0	127.5	67.5	-72.5	72.5	130.0	-140.0	142.5	342.5	345.5140
3	Skylar Miner	51.52	52	107.5	115.0	-122.5	67.5	-75.0	75.0	130.0	140.0	147.5	337.5	334.4287
4	Andrew Dewet	49.72	52	105.0	117.5	-127.5	52.5	57.5	62.5	125.0	137.5	-147.5	317.5	326.8345
5	Salik White	51.32	52	-115.0	-115.0	115.0	67.5	-72.5	72.5	105.0	127.5	-140.0	315.0	313.4250
1	Tyler Schilling	55.72	56	135.0	145.0	-150.0	92.5	97.5	-100.0	152.5	165.0	175.0	417.5	381.9290
2	Michael Voelkel	55.48	56	147.5	157.5	-167.5	80.0	87.5	92.5	145.0	155.0	-165.0	405.0	372.0735
3	Miguel Lule	54.88	56	-120.0	120.0	130.0	77.5	85.0	-87.5	140.0	155.0	162.5	377.5	350.5842
4	Bobby Teel	55.16	56	-137.5	137.5	145.0	60.0	67.5	-70.0	137.5	147.5	155.0	367.5	339.5700
5	Joseph Mui	55.22	56	107.5	117.5	127.5	70.0	75.0	77.5	122.5	135.0	147.5	352.5	325.3575
1	Levi Goolesby	59.50	60	-192.5	197.5	207.5	122.5	132.5	137.5	152.5	165.0	177.5	522.5	449.0365
2	Jesus Flores-Correa	58.70	60	-205.0	-205.0	205.0	77.5	85.0	-90.0	185.0	200.0	-210.0	490.0	426.4470
3	Randy Mortel	58.64	60	157.5	-167.5	-167.5	85.0	-90.0	90.0	177.5	-182.5	-182.5	425.0	370.2175
4	Adonis Brown	59.58	60	122.5	-137.5	-137.5	80.0	-92.5	92.5	137.5	152.5	160.0	375.0	321.9000
1	Troy Monty, Jr.	66.50	67.5	200.0	-205.0	210.0	92.5	97.5	102.5	210.0	222.5	227.5	540.0	421.4160
2	Josh Fejfar	66.86	67.5	182.5	-190.0	190.0	100.0	-112.5	112.5	190.0	202.5	215.0	517.5	402.0457
3	Scott Reviere	65.24	67.5	190.0	197.5	202.5	-115.0	-115.0	115.0	185.0	192.5	197.5	515.0	408.2920
4	Romellow Dawson	65.90	67.5	175.0	-185.0	-185.0	97.5	105.0	-110.0	200.0	217.5	-227.5	497.5	391.1345
5	Jaron Stafford	66.30	67.5	-162.5	162.5	180.0	97.5	110.0	117.5	165.0	185.0	-197.5	482.5	377.4597
6	Jordan Mach	66.98	67.5	190.0	-200.0	-200.0	92.5	97.5	-100.0	185.0	190.0	-197.5	477.5	370.4445
7	Jared Dubois	66.04	67.5	175.0	-185.0	185.0	75.0	80.0	-85.0	195.0	207.5	-217.5	472.5	370.8180
8	Tyrin Hawkins	66.98	67.5	170.0	185.0	-192.5	92.5	102.5	110.0	175.0	-190.0	-197.5	470.0	364.6260
9	Marcell Davis	66.84	67.5	165.0	180.0	-195.0	107.5	-120.0	-120.0	180.0	-195.0	-195.0	467.5	363.2943
10	Eion Donelan	65.54	67.5	162.5	170.0	-182.5	112.5	115.0	120.0	175.0	-197.5	-197.5	465.0	367.2105
11	Ryan Devine	65.90	67.5	137.5	145.0	-155.0	112.5	120.0	127.5	150.0	167.5	172.5	445.0	349.8590
	Jaegar Haubert	66.20	67.5	-205.0	-205.0	-205.0	100.0	105.0	-110.0	192.5	-205.0	-205.0		
	Matt Pederson	60.04	67.5	-127.5										
1	Nathan Stemo	73.60	75	270.0	-282.5	-282.5	107.5	115.0	120.0	227.5	240.0	242.5	632.5	456.7283
2	Dustin Van Asten	74.10	75	225.0	240.0	-250.0	115.0	122.5	130.0	240.0	250.0	-265.0	620.0	445.5320
3	Norell Odi	74.56	75	215.0	-230.0	232.5	-117.5	120.0	-127.5	245.0	267.5	-282.5	620.0	443.6100

4	Trevor Fuller	73.86	75	222.5	235.0	-240.0	120.0	127.5	132.5	197.5	-210.0	-210.0	565.0	406.9695
5	Wilfredo Juarbe	72.52	75	-182.5	182.5	210.0	105.0	120.0	-130.0	197.5	212.5	-227.5	542.5	395.9165
6	Gage Stuttgen	73.16	75	185.0	-190.0	-190.0	-137.5	137.5	142.5	185.0	195.0	202.5	530.0	384.3560
7	Andrew Meyerhofer	74.46	75	187.5	-200.0	205.0	85.0	-95.0	-95.0	205.0	217.5	235.0	525.0	376.0050
8	Cody Anderson	74.58	75	205.0	215.0	225.0	95.0	100.0	-105.0	182.5	195.0	-205.0	520.0	372.0080
9	Chandler Mattis	73.36	75	-182.5	182.5	-210.0	105.0	-120.0	-120.0	197.5	212.5	227.5	515.0	372.7570
10	Riley Porath	73.88	75	182.5	197.5	210.0	90.0	97.5	105.0	185.0	200.0	-217.5	515.0	370.8515
11	Gerald Murray	72.12	75	165.0	182.5	190.0	112.5	127.5	135.0	160.0	182.5	-197.5	507.5	371.8960
12	Mark Mitchell	73.92	75	-192.5	-192.5	192.5	132.5	-135.0	-135.0	182.5	-187.5	-187.5	507.5	365.3493
1	Tyran Garrett	81.32	82.5	262.5	277.5	-285.0	142.5	150.0	160.0	-240.0	240.0	257.5	695.0	469.6810
2	Tyler Titchnell	80.42	82.5	240.0	-257.5	265.0	160.0	-165.0	-165.0	237.5	252.5	257.5	682.5	464.4412
3	Karl Niendorf	80.02	82.5	242.5	262.5	275.0	120.0	130.0	-137.5	255.0	272.5	-290.0	677.5	462.4615
4	Keaton Rodriguez	81.36	82.5	237.5	247.5	-262.5	107.5	122.5	-135.0	240.0	262.5	275.0	645.0	435.7620
5	Ryan Gray	80.14	82.5	227.5	-237.5	-240.0	142.5	152.5	160.0	222.5	235.0	-247.5	622.5	424.4828
6	Sergio Jackson	81.02	82.5	207.5	217.5	-222.5	137.5	142.5	147.5	222.5	235.0	245.0	610.0	413.1530
7	Benjamin Stojcevic	80.30	82.5	227.5	240.0	-250.0	130.0	-137.5	-137.5	217.5	227.5	-237.5	597.5	406.9573
8	Levi Bayer	80.12	82.5	215.0	227.5	-232.5	117.5	122.5	130.0	212.5	230.0	-245.0	587.5	400.7337
9	Israel Crane	81.50	82.5	200.0	217.5	-227.5	105.0	120.0	130.0	210.0	222.5	237.5	585.0	394.8165
10	Zakari Stansberry	80.16	82.5	200.0	220.0	-230.0	110.0	-125.0	127.5	210.0	230.0	-255.0	577.5	393.7395
11	Tanner Stengel	81.42	82.5	192.5	-207.5	207.5	115.0	122.5	127.5	210.0	225.0	-230.0	560.0	378.1680
12	Nate Runde	81.52	82.5	207.5	-220.0	-225.0	90.0	97.5	102.5	210.0	222.5	240.0	550.0	371.1400
13	Steven Williams	80.10	82.5	180.0	185.0	-195.0	110.0	115.0	117.5	222.5	227.5	-232.5	530.0	361.5660
1	Joshua Bickham	89.96	90	292.5	-307.5	-307.5	175.0	185.0	192.5	285.0	297.5	315.0	800.0	510.8000
2	Travis McKinney	87.88	90	272.5	-305.0	-305.0	212.5	-227.5	-227.5	272.5	290.0	-305.0	775.0	500.9600
3	Paul Tajiri	88.08	90	245.0	257.5	265.0	137.5	145.0	-150.0	215.0	230.0	237.5	647.5	418.0260
4	Anthony Wolf	87.78	90	242.5	-265.0	-265.0	132.5	140.0	147.5	220.0	227.5	242.5	632.5	409.1010
5	Nicholas Steffl	87.88	90	-232.5	232.5	242.5	135.0	140.0	142.5	235.0	242.5	-250.0	627.5	405.6160
6	Joshua Malepeai	89.12	90	175.0	197.5	210.0	120.0	137.5	140.0	192.5	215.0	227.5	577.5	370.5240
7	Sam Dionne	85.44	90	197.5	-215.0	225.0	100.0	107.5	112.5	200.0	217.5	230.0	567.5	372.5070
8	Colton Jones	89.62	90	227.5	-242.5	242.5	102.5	120.0	-125.0	182.5	195.0	-200.0	557.5	356.6885
9	Jackeem Graham	86.32	90	182.5	207.5	230.0	-92.5	107.5	-127.5	165.0	210.0	-217.5	547.5	357.3533
10	Dametrious Laws	89.60	90	152.5	177.5	197.5	110.0	-125.0	-137.5	202.5	232.5	235.0	542.5	347.0915
11	Taylor Maciel	89.10	90	180.0	202.5	-215.0	107.5	117.5	-125.0	170.0	-182.5	-182.5	490.0	314.4330
	Connor Perry	88.28	90	-252.5	-252.5	-252.5	122.5	130.0	137.5	200.0	210.0	-222.5		
	Jordan Kaiser	88.80	90	232.5	-247.5	-247.5	112.5	120.0	-127.5	-230.0	-230.0	-230.0		
	Caleb Happel	87.54	90	-210.0	-210.0	-210.0	145.0	-155.0	-155.0	230.0	240.0	250.0		
1	Andrew Belnap	98.08	100	295.0	-305.0	-312.5	172.5	180.0	185.0	250.0	-262.5	267.5	747.5	458.5165

2	Drake Ambroch	97.08	100	-315.0	315.0	330.0	167.5	-180.0	-180.0	230.0	242.5	247.5	745.0	458.9945
3	Chase Irvine	97.82	100	220.0	227.5	235.0	160.0	-167.5	170.0	205.0	212.5	222.5	627.5	385.3477
4	Adam Morrison	97.28	100	220.0	-240.0	250.0	107.5	120.0	130.0	210.0	230.0	-242.5	610.0	375.5160
5	Joseph Hernandez	96.00	100	250.0	-257.5	-257.5	117.5	122.5	127.5	207.5	220.0	-225.0	597.5	369.9122
	Brandon Fonstad	98.34	100	220.0	225.0	232.5	-130.0	-130.0	-130.0	220.0	225.0	230.0		
1	Michael Reichelt	106.32	110	307.5	-322.5	-322.5	195.0	202.5	207.5	257.5	-265.0	265.0	780.0	464.1000
2	Jathan Cutrer	106.16	110	295.0	305.0	-307.5	170.0	-177.5	-177.5	247.5	255.0	-262.5	730.0	434.5690
3	Ryan Dupre	107.92	110	260.0	280.0	-290.0	167.5	180.0	187.5	215.0	230.0	235.0	702.5	415.8800
4	Phillip Fontanyi	107.40	110	-225.0	225.0	240.0	115.0	125.0	-135.0	245.0	272.5	-300.0	637.5	378.0375
5	Benjamin Powers	103.92	110	215.0	232.5	245.0	140.0	145.0	150.0	-220.0	-220.0	220.0	615.0	368.8770
6	Matthew Bluhm	107.80	110	237.5	-250.0	250.0	115.0	142.5	-150.0	207.5	-220.0	-225.0	600.0	355.3800
7	Trevor Caswell	104.38	110	220.0	225.0	-227.5	137.5	142.5	-145.0	207.5	212.5	-217.5	580.0	347.3040
	Daniel Holden	106.50	110	50.0			-220.0	-220.0	-220.0					
1	J.P. Eaton	116.74	125	282.5	305.0	320.0	160.0	-170.0	-170.0	252.5	267.5	277.5	757.5	438.4410
2	Austin Winters	117.12	125	267.5	-275.0	285.0	142.5	157.5	160.0	220.0	230.0	242.5	687.5	397.5812
3	Trent Curler	115.18	125	235.0	255.0	272.5	117.5	135.0	142.5	205.0	220.0	230.0	645.0	374.6160
4	Desjire Beach	122.46	125	230.0	250.0	-272.5	120.0	135.0	145.0	200.0	225.0	245.0	640.0	366.2720
5	Matthew Publitz	116.84	125	250.0	260.0	-272.5	117.5	127.5	132.5	222.5	232.5	245.0	637.5	368.9213
6	Kyle Salzwedel	113.40	125	240.0	255.0	260.0	150.0	160.0	167.5	207.5	-215.0	-215.0	635.0	370.3955
7	Angel Ayala	111.52	125	-215.0	215.0	-245.0	127.5	137.5	152.5	-220.0	242.5	260.0	627.5	367.7777
8	Zechariah Rauch	119.36	125	227.5	237.5	245.0	155.0	165.0	172.5	185.0	200.0	-210.0	617.5	355.4330
9	Keenan Matthews	122.48	125	225.0	230.0	-237.5	-135.0	137.5	-142.5	225.0	230.0	240.0	607.5	347.6723
	Casey Cannon	119.06	125	-282.5	-282.5	-282.5	-177.5							
1	Frank Thompson	150.30	125+	260.0	282.5	-305.0	127.5	142.5	152.5	252.5	272.5	285.0	720.0	398.2320
2	Spencer Stokes	138.94	125+	267.5	277.5	282.5	-142.5	142.5	147.5	222.5	232.5	240.0	670.0	374.7980
3	Billy Schmid	141.30	125+	295.0	307.5	-312.5	115.0	122.5	127.5	220.0	227.5	235.0	670.0	373.8600
	Nicholas Skomaroske	166.82	125+	-337.5	-342.5	-342.5	145.0	155.0	162.5	250.0	265.0	-277.5		

2013 USAPL High School National Powerlifting Championships

April 5-7, 2013 - Denver, Colorado

Meet Directors: Dan & Jennifer Gaudreau

Girls Junior Varsity Powerlifting

Place	Name	Body Weight	Weight Class	Squat			Bench Press			Deadlift			Total	Wilks Total
				1	2	3	1	2	3	1	2	3		
1	Stephanie Rattunde	40.30	44	85.0	90.0	95.0	40.0	45.0	47.5	97.5	102.5	110.0	252.5	375.5180
2	Alena Trinidad	42.30	44	80.0	85.0	92.5	35.0	40.0	-42.5	82.5	87.5	92.5	225.0	325.0125
1	Tristyn Hutchins	48.00	48	100.0	110.0	-117.5	42.5	52.5	-60.0	102.5	107.5	112.5	275.0	364.2100
2	Miranda MacMillan	46.70	48	90.0	97.5	-112.5	35.0	45.0	-47.5	82.5	-100.0		225.0	303.9975
3	Vickie Holbrook	46.90	48	-77.5	77.5	-82.5	32.5	-42.5	-42.5	90.0	100.0	-110.0	210.0	282.8700
	Katelyn Svoboda	47.30	48	-105.0	105.0	-112.5	50.0	-57.5	-57.5	-110.0	-110.0	-110.0		
1	Taylor Klemmensen	51.70	52	100.0	-110.0	110.0	47.5	-52.5	52.5	115.0	122.5	-137.5	285.0	356.8770
2	Sam Kroll	52.00	52	92.5	102.5	-107.5	-50.0	52.5	55.0	102.5	112.5	-130.0	270.0	336.5820
3	Acacia Angelo	51.20	52	95.0	-105.0	-105.0	52.5	-57.5	-57.5	97.5	107.5	115.0	262.5	331.1700
4	Kirsten Olsen	50.80	52	70.0	-80.0	80.0	37.5	42.5	45.0	90.0	102.5	107.5	232.5	295.0890
5	Tristan Koeller	49.30	52	85.0	87.5	-92.5	32.5	35.0	-37.5	92.5	100.0	-110.0	222.5	288.8940
1	Breann Housworth	55.30	56	130.0	140.0	147.5	57.5	62.5	-65.0	122.5	132.5	-137.5	342.5	406.9928
2	Shelby Reukauf	56.00	56	120.0	-127.5	-127.5	55.0	60.0	-65.0	120.0	130.0	137.5	317.5	373.5705
3	Amanda Zielinski	55.80	56	105.0	-112.5	-115.0	55.0	60.0	-62.5	107.5	117.5	122.5	287.5	339.2213
4	Allie Nielsen	55.70	56	95.0	102.5	-110.0	50.0	-55.0	-55.0	97.5	105.0	107.5	260.0	307.2160
5	Kaitlynn Erickson	53.90	56	95.0	-102.5	-102.5	42.5	45.0	-50.0	100.0	107.5	-120.0	247.5	300.0442
6	Sadee Kotowski	53.90	56	102.5	-112.5	-112.5	32.5	37.5	-40.0	85.0	95.0	-110.0	235.0	284.8905
	Michaela Goldammer	54.60	56	-102.5	-102.5	102.5	-40.0	-40.0	-40.0	125.0	-135.0	-135.0		
1	Morgan DeGuire	58.20	60	110.0	-117.5	117.5	45.0	52.5	-55.0	120.0	127.5	-142.5	297.5	339.6260
2	Monica Ueck	60.00	60	97.5	105.0	-110.0	40.0	47.5	-55.0	97.5	105.0	115.0	267.5	298.2357
3	Shelby Stoll	58.30	60	-95.0	95.0	100.0	37.5	42.5	-45.0	115.0	122.5	-127.5	265.0	302.1265
4	Emily Fuhr	59.10	60	-87.5	87.5	-95.0	27.5	32.5	-37.5	120.0	130.0	-135.0	250.0	282.0250
5	Alyssa Carver	59.60	60	82.5	87.5	-97.5	42.5	47.5	-52.5	87.5	97.5	105.0	240.0	268.9680
6	Jennifer Konkel	59.80	60	-80.0	-80.0	80.0	-37.5	40.0	45.0	87.5	92.5	97.5	222.5	248.7105
1	Emily Kopecky	67.40	67.5	140.0	147.5	152.5	60.0	65.0	70.0	150.0	162.5	170.0	392.5	401.0173
2	Carley Miller	64.80	67.5	150.0	160.0	165.0	45.0	50.0	-60.0	155.0	167.5	172.5	387.5	407.4562
3	Amber Kierstyn	65.20	67.5	117.5	125.0	132.5	57.5	62.5	67.5	145.0	155.0	-167.5	355.0	371.5785
4	Miranda Hagadorn	67.30	67.5	102.5	115.0	127.5	55.0	60.0	-62.5	102.5	117.5	-125.0	305.0	311.9540
5	Anastasia Knapinski	66.00	67.5	100.0	117.5	122.5	37.5	45.0	-52.5	107.5	117.5	122.5	290.0	300.8460

	Tamarah Clemmens	62.60	67.5	-110.0	-120.0	-120.0	-55.0	55.0	-60.0	127.5	137.5	145.0		
1	Lacey Winters	74.10	75	132.5	140.0	145.0	57.5	62.5	65.0	160.0	172.5	-185.0	382.5	366.3967
2	Kaija Newman	74.60	75	112.5	125.0	137.5	57.5	65.0	67.5	132.5	137.5	140.0	345.0	329.0610
3	Richele Schulte	73.40	75	122.5	127.5	-137.5	-62.5	62.5	65.0	112.5	117.5	-120.0	310.0	298.7780
1	Hayley Crossland	79.70	82.5	122.5	135.0	-147.5	47.5	52.5	-55.0	125.0	137.5	145.0	332.5	304.8692
2	Sabrina Stacken	78.30	82.5	117.5	127.5	-132.5	60.0	65.0	-70.0	117.5	127.5	137.5	330.0	305.6790
3	Makenzie Hagerty	79.80	82.5	115.0	-122.5	-135.0	45.0	52.5	-62.5	115.0	-127.5	-127.5	282.5	258.8547
1	Andrea Jeffers	88.90	90	135.0	147.5	152.5	62.5	70.0	-80.0	137.5	150.0	157.5	380.0	330.0680
2	Sabrina Keyes	87.10	90	115.0	125.0	-137.5	55.0	60.0	-65.0	142.5	160.0	167.5	352.5	308.9663
3	April St. Pierre	87.30	90	120.0	135.0	142.5	65.0	70.0	75.0	115.0	135.0	-155.0	352.5	308.6138
1	Mckenzie Curtis	103.40	90+	155.0	175.0	-182.5	70.0	80.0	-85.0	152.5	172.5	182.0	437.0	360.4813
2	Sophia Woychik	99.10	90+	135.0	147.5	-157.5	55.0	62.5	-67.5	130.0	140.0	145.0	355.0	296.3540
3	Jacey Ke'Jon Milton	100.00	90+	120.0	135.0	140.0	65.0	70.0	77.5	112.5	132.5	-140.0	350.0	291.4100
4	Cassie Guidry	114.40	90+	125.0	140.0	-155.0	67.5	72.5	80.0	110.0	130.0	-140.0	350.0	282.3450
5	Mikaya Rotering	94.20	90+	135.0	-145.0	-145.0	52.5	57.5	-62.5	130.0	137.5	145.0	337.5	286.5038
6	Cerrina Stokes	131.10	90+	-102.5	107.5	117.5	60.0	-65.0	-65.0	140.0	152.5	-175.0	330.0	259.7430
7	Makayla Richards	92.10	90+	125.0	130.0	-132.5	57.5	62.5	-70.0	120.0	127.5	132.5	325.0	278.2325

2013 USAPL High School National Powerlifting Championships

April 5-7, 2013 - Denver, Colorado

Meet Directors: Dan & Jennifer Gaudreau

Boys Junior Varsity Powerlifting

Place	Name	Body Weight	Weight Class	Squat			Bench Press			Deadlift			Total	Wilks Total
				1	2	3	1	2	3	1	2	3		
1	Danyal Anguey	51.46	52	105.0	117.5	122.5	67.5	72.5	-77.5	130.0	142.5	152.5	347.5	344.7548
2	David Hager	51.72	52	107.5	112.5	122.5	57.5	60.0	-65.0	125.0	132.5	-135.0	315.0	310.8735
3	Nick Stoll	51.88	52	97.5	102.5	112.5	62.5	70.0	-72.5	110.0	115.0	-127.5	297.5	292.6507
4	Dominic Rausch	50.84	52	110.0	-117.5	-117.5	55.0	-60.0	-60.0	117.5	-125.0	-125.0	282.5	283.9125
5	Riley Tschumper	50.78	52	97.5	105.0	112.5	-42.5	42.5	-50.0	102.5	112.5	-135.0	260.0	261.6120
1	Florentino Contreras	54.38	56	112.5	127.5	-135.0	62.5	67.5	75.0	110.0	130.0	-135.0	332.5	311.6190
1	Dedrick Johnson	59.80	60	145.0	162.5	172.5	85.0	95.0	100.0	175.0	195.0	205.0	477.5	408.5012
2	Ciante Carter	59.56	60	130.0	145.0	-150.0	75.0	82.5	87.5	165.0	177.5	-182.5	410.0	352.0260
3	Mark Miller	59.54	60	142.5	157.5	165.0	62.5	70.0	75.0	142.5	157.5	-175.0	397.5	341.4128
4	Kris Nagel	59.58	60	122.5	-127.5	130.0	82.5	-87.5	-87.5	155.0	162.5	165.0	377.5	324.0460
5	Caleb Stanek	57.60	60	122.5	-137.5	-137.5	82.5	92.5	-97.5	135.0	152.5	160.0	375.0	332.2125
1	Sawyer Haubert	66.72	67.5	187.5	-197.5	-197.5	132.5	142.5	-147.5	195.0	207.5	-212.5	537.5	418.3362
2	Sergio Arambula	66.38	67.5	170.0	195.0	-205.0	115.0	130.0	-142.5	165.0	177.5	182.5	507.5	396.6112
3	Steven Bonin	65.72	67.5	172.5	185.0	-192.5	90.0	97.5	102.5	152.5	165.0	-172.5	452.5	356.5700
4	Tyler Logan	67.20	67.5	152.5	-167.5	-167.5	92.5	97.5	-105.0	160.0	175.0	-177.5	425.0	328.8650
	Easton Schuster	64.90	67.5	-177.5	-177.5	-177.5	115.0	-125.0	-125.0	167.5	-175.0	-175.0		
1	Quartney Parker	73.02	75	165.0	187.5	197.5	110.0	-120.0	120.0	185.0	200.0	210.0	527.5	383.0705
2	Stephone Haskins	73.98	75	155.0	-172.5	172.5	110.0	122.5	-130.0	177.5	192.5	-225.0	487.5	350.7563
3	Jason Hanson	75.00	75	175.0	192.5	-195.0	100.0	-125.0	-125.0	-192.5	-192.5	192.5	485.0	345.6110
4	James Goebel	73.76	75	170.0	-180.0	180.0	100.0	107.5	-115.0	170.0	182.5	187.5	475.0	342.4750
5	Nickolai Schneckloth	72.52	75	-165.0	165.0	-182.5	75.0	85.0	-95.0	192.5	210.0	-217.5	460.0	335.7080
1	Collin Schmidt	80.00	82.5	165.0	-185.0	195.0	102.5	107.5	115.0	205.0	217.5	230.0	540.0	368.6580
2	Bomani Basby	77.48	82.5	155.0	172.5	-182.5	97.5	110.0	115.0	195.0	212.5	227.5	515.0	358.9550
3	Musa Makwinja	78.42	82.5	162.5	175.0	-182.5	132.5	-135.0	-135.0	192.5	207.5	-217.5	515.0	356.1225
4	Ja'Heil Francis	80.14	82.5	165.0	187.5	-195.0	102.5	117.5	-122.5	185.0	200.0	-212.5	505.0	344.3595
5	Charles Vandaver	81.44	82.5	177.5	185.0	-195.0	90.0	95.0	-97.5	155.0	170.0	-190.0	450.0	303.8400
1	Tyler Kinder	90.00	90	230.0	255.0	272.5	-132.5	147.5	-152.5	215.0	-237.5	-255.0	635.0	405.3840
2	Dillon Osborn	87.52	90	192.5	215.0	-227.5	120.0	-135.0	135.0	175.0	190.0	200.0	550.0	356.2900
3	Dakota Winchell	88.82	90	200.0	-207.5	-207.5	117.5	125.0	130.0	192.5	-197.5	-222.5	522.5	335.8630

1	Andrew Montoya	95.58	100	215.0	227.5	240.0	120.0	132.5	-140.0	225.0	240.0	-250.0	612.5	379.9337
2	Alex Stoll	92.86	100	215.0	225.0	-237.5	117.5	125.0	130.0	227.5	242.5	-245.0	597.5	375.5885
3	Austin Dimick	96.86	100	205.0	215.0	-227.5	87.5	95.0	-105.0	182.5	-195.0	195.0	505.0	311.4335
4	Theodore Steffl	95.56	100	-162.5	162.5	-182.5	-102.5	102.5	107.5	175.0	-192.5	-192.5	445.0	276.0780
	Logan Kobernusz	99.50	100	177.5	-190.0	190.0	-90.0	-90.0	-90.0	200.0	205.0	-212.5		
	Harrison Speltz	95.58	100	-185.0	-185.0	-195.0	110.0	115.0	120.0	195.0	205.0	-215.0		
1	Derek Lutes	104.44	110	-200.0	210.0	222.5	117.5	125.0	130.0	185.0	197.5	212.5	565.0	338.2655
2	Jordan Zentzis	106.36	110	200.0	215.0	-227.5	115.0	117.5	122.5	180.0	-192.5	200.0	537.5	319.7588
3	George Porter	108.40	110	205.0	225.0	230.0	100.0	110.0	117.5	172.5	187.5	190.0	537.5	317.7700
1	Zack Hager	112.50	125	232.5	-247.5	-260.0	115.0	125.0	-137.5	172.5	187.5	207.5	565.0	330.2990
1	Eli Peterson	136.32	125+	202.5	-215.0	-215.0	-97.5	97.5	-102.5	205.0	217.5	-227.5	517.5	290.3693