

2013 USAPL Masters National Powerlifting Championships

May 4-5, 2013 - Orlando, Florida

Meet Director: Robert Keller

Place	Name	Division	Body Weight	Weight Class	Squat			Bench Press			Sub Total	Deadlift			Total	Wilks Total
					1	2	3	1	2	3		1	2	3		
1	Eric Kupperstein	Masters (45-49)	58.7	59	207.5	227.5	227.5	117.5	122.5	127.5	335.0	220.0	240.0	250.5	555.0	483.0165
1	Stephen Soukup	Masters (50-54)	54.3	59	125.0	125.0	147.5	75.0	92.5	92.5	240.0	125.0	140.0	147.5	387.5	363.7075
1	John Corsello	Masters (54-59)	58.8	59	125.0	137.5	145.0	102.5	110.0	115.0	260.0	142.5	157.5	162.5	422.5	367.1103
	John Bissen	Masters (54-59)	58.2	59	115.0	130.0	145.0	70.0	82.5	82.5	215.0	192.5	192.5	192.5		
1	Dillon Maier	Masters (75-79)	57.9	59	92.5	110.0	110.0	42.5	47.5	52.5	140.0	105.0	112.5	117.5	257.5	227.0120
1	Brian Sato	Masters (50-54)	65.9	66	192.5	200.0	210.0	125.0	127.5	130.0	327.5	192.5	202.5	207.5	535.0	420.6170
1	Rick Esposito	Masters (54-59)	64.2	66	180.0	182.5	182.5	120.0	125.0	127.5	310.0	205.0	215.0	225.0	535.0	429.8725
1	Joe Marksteiner	Masters (60-64)	65.8	66	182.5	192.5	192.5	105.0	110.0	112.5	295.0	182.5	182.5	200.0	495.0	389.6640
2	Bruce Hagan	Masters (60-64)	64.2	66	97.5	102.5	107.5	82.5	85.0	85.0	185.0	142.5	147.5	155.0	340.0	273.1900
1	Jeff Jacobs	Masters (65-69)	65.8	66	172.5	182.5	190.0	105.0	110.0	110.0	295.0	192.5	207.5	215.0	502.5	395.5680
1	Jules Pellegrino	Masters (70-74)	65.5	66	145.0	145.0	155.0	132.5	140.0	140.0	277.5	142.5	152.5	152.5	420.0	331.8420
1	Brian Morrison	Masters (40-44)	71.6	74	105.0	117.5	117.5	102.5	112.5	117.5	222.5	132.5	150.0	165.0	387.5	285.4712
1	Darren Matsumoto	Masters (45-49)	73.3	74	262.5	262.5	262.5	210.0	220.0	220.0	482.5	230.0	240.0		722.5	523.2345
2	Damian Fronzaglia	Masters (45-49)	73.7	74	210.0	225.0	232.5	200.0	205.0	210.0	430.0	210.0	225.0	232.5	655.0	472.5170
1	Gregory Page	Masters (50-54)	73.9	74	255.0	267.5	280.0	165.0	165.0	175.0	442.5	252.5	262.5	280.0	705.0	507.6000
2	Jose Perez	Masters (50-54)	73.1	74	262.5	262.5	275.0	180.0	180.0	180.0	442.5	245.0	252.5	252.5	687.5	498.8500
3	Mark Sigala	Masters (50-54)	73.6	74	200.0	210.0	220.0	140.0	140.0	145.0	360.0	240.0	250.0	262.5	610.0	440.4810
4	Abe Roman	Masters (50-54)	73.3	74	202.5	212.5	212.5	145.0	145.0	150.0	347.5	207.5	215.0	215.0	555.0	401.9310
1	Bob Yamasaki	Masters (60-64)	73.3	74	202.5	215.0	222.5	120.0	127.5	137.5	350.0	215.0	215.0	237.5	587.5	425.4675
2	Mike Rosenwald	Masters (60-64)	72.7	74	125.0	135.0	145.0	65.0	70.0	77.5	222.5	125.0	135.0	147.5	370.0	269.5450
1	Art Menton	Masters (70-74)	73.3	74	162.5	162.5	190.0	70.0	75.0	80.0	265.0	170.0	190.0		455.0	329.5110

Place	Name	Division	Body Weight	Weight Class	Squat			Bench Press			Sub Total	Deadlift			Total	Wilks Total
					1	2	3	1	2	3		1	2	3		
2	LD "Nick" Shriner	Masters (70-74)	74.0	74	67.5	75.0	75.0	75.0	80.0	92.5	147.5	100.0	105.0	127.5	275.0	197.8075
1	John Dalessio	Masters (40-44)	82.5	83	250.0	265.0	272.5	165.0	170.0	170.0	437.5	250.0	260.0	262.5	700.0	468.9300
2	Donald Bigham	Masters (40-44)	82.3	83	195.0	195.0	212.5	142.5	147.5	152.5	360.0	200.0	212.5	227.5	587.5	394.1537
3	Kurt Sokolski	Masters (40-44)	80.5	83	175.0	197.5	197.5	105.0	137.5	137.5	280.0	192.5	217.5	220.0	497.5	338.3000
4	Jay Todia	Masters (40-44)	76.4	83	125.0	135.0	140.0	100.0	105.0	110.0	240.0	160.0	175.0	175.0	415.0	291.9940
1	Donovan Thompson	Masters (45-49)	82.3	83	255.0	260.0	260.0	200.0	202.5	202.5	455.0	220.0	232.5	242.5	697.5	467.9527
2	Ronald Legarreta	Masters (45-49)	81.5	83	205.0	220.0	227.5	147.5	155.0	160.0	387.5	210.0	227.5	245.0	632.5	426.8742
1	Russell Clark	Masters (50-54)	82.6	83	242.5	252.5	252.5	165.0	175.0	175.0	417.5	242.5	265.0	275.0	692.5	463.5595
2	Thomas Cencich	Masters (50-54)	82.5	83	200.0	200.0	210.0	195.0	208.0	208.0	395.0	187.5	197.5	200.0	595.0	398.5905
1	David Wiley	Masters (54-59)	82.2	83	215.0	227.5	237.5	125.0	137.5	142.5	365.0	210.0	220.0	227.5	592.5	397.8045
1	Gregory Kleyn	Masters (60-64)	80.5	83	205.0	217.5	227.5	110.0	120.0	135.0	337.5	235.0	250.0	260.0	587.5	399.5000
2	Jarriel "Jerry" Koplín	Masters (60-64)	80.6	83	160.0	170.0	170.0	102.5	107.5	112.5	272.5	160.0	175.0	185.0	457.5	310.8712
	Bill Clayton	Masters (60-64)	82.4	83	197.5	197.5	197.5									
1	Patraic Currey	Masters (70-74)	79.6	83	150.0	155.0		130.0	145.0	147.5	302.5	180.0	200.0	210.0	512.5	351.0112
2	Thomas Kalen	Masters (70-74)	81.3	83	137.5	150.0	150.0	97.5	105.0	110.0	260.0	135.0	147.5	155.0	415.0	280.4985
3	Michael Paugh	Masters (70-74)	78.0	83	77.5	87.5	92.5	45.0	50.0	52.5	142.5	127.5	152.5	160.0	295.0	204.7005
	Daniel Martin	Masters (70-74)	81.6	83	175.0	175.0	175.0									
1	Dan Goodwin	Masters (80-84)	75.6	83	62.5	70.0	70.0	62.5	70.0	75.0	140.0	125.0	142.5	155.0	295.0	209.0370
1	Peter Grohoski	Masters (40-44)	92.4	93	252.5	260.0	265.0	245.0	255.0	260.0	520.0	210.0	225.0	237.5	757.5	477.3008
2	Jeff Gerardo	Masters (40-44)	86.9	93	227.5	237.5	250.0	237.5	250.0	255.0	475.0	227.5	242.5	242.5	702.5	456.8358
3	Shane Landenberger	Masters (40-44)	89.3	93	217.5	242.5	250.0	127.5	145.0	155.0	395.0	227.5	255.0	272.5	650.0	416.6500
4	George Sousa	Masters (40-44)	89.7	93	180.0	190.0	200.0	140.0	145.0	150.0	350.0	180.0	200.0	227.5	577.5	369.3113
5	Phillip Rippe	Masters (40-44)	92.6	93	155.0	170.0	182.5	125.0	135.0	135.0	305.0	165.0	175.0	182.5	487.5	306.8812

Place	Name	Division	Body Weight	Weight Class	Squat			Bench Press			Sub Total	Deadlift			Total	Wilks Total
					1	2	3	1	2	3		1	2	3		
1	Mike Jarrett	Masters (45-49)	90.7	93	260.0	282.5	295.0	167.5	177.5	185.0	467.5	250.0	262.5	290.0	757.5	481.6943
2	Angel Munoz	Masters (45-49)	91.0	93	217.5	217.5	217.5	160.0	165.0	170.0	382.5	202.5	220.0	230.0	612.5	388.8762
1	David Ricks	Masters (50-54)	90.6	93	320.0	320.0	355.0	205.0	217.5	227.5	547.5	262.5	292.5	317.5	865.0	550.3995
2	Rick Johnson	Masters (50-54)	92.3	93	215.0	220.0	232.5	117.5	122.5	127.5	360.0	230.0	242.5	260.0	620.0	390.9100
3	Jerry Dally	Masters (50-54)	88.4	93	217.5	235.0	245.0	127.5	135.0	140.0	380.0	220.0	237.5	245.0	617.5	397.9170
4	Ron Falcone	Masters (50-54)	92.0	93	215.0	230.0	240.0	105.0	115.0	147.5	355.0	190.0	207.5	217.5	572.5	361.5338
5	Doug Harney	Masters (50-54)	86.9	93	185.0	190.0	197.5	125.0	130.0	135.0	332.5	207.5	215.0	225.0	557.5	362.5423
6	Wade Sparks	Masters (50-54)	87.6	93	165.0	165.0	165.0	102.5	107.5	107.5	267.5	180.0	190.0	195.0	462.5	299.4687
1	Phillip Rosenstern	Masters (54-59)	92.2	93	155.0	172.5	182.5	100.0	107.5	110.0	290.0	235.0	252.5	260.0	542.5	342.2090
2	Les Newton	Masters (54-59)	83.6	93	170.0	185.0	190.0	127.5	137.5	142.5	327.5	192.5	197.5	207.5	525.0	348.9675
	Aaron Byas	Masters (54-59)	89.7	93	200.0	200.0	210.0	132.5								
	Thomas Marrero	Masters (54-59)	89.8	93	152.5	167.5	180.0	112.5	125.0	125.0		165.0	170.0	182.5		
1	Gary Edwards	Masters (60-64)	92.2	93	200.0	200.0	220.0	155.0	155.0	180.0	375.0	225.0	237.5	245.0	612.5	386.3650
2	Delvan Worley	Masters (60-64)	91.7	93	235.0	245.0		80.0	85.0	87.5	332.5	225.0	230.0		557.5	352.6187
3	Steve Slavens	Masters (60-64)	90.8	93	182.5	192.5	200.0	125.0	135.0	137.5	330.0	185.0	197.5	207.5	537.5	341.6350
4	Larry Robinson	Masters (60-64)	92.6	93	157.5	177.5	177.5	120.0	125.0	130.0	307.5	187.5	222.5	225.0	530.0	333.6350
5	Phil Accordino	Masters (60-64)	88.2	93	175.0	190.0	197.5	130.0	130.0	145.0	327.5	180.0	195.0	200.0	527.5	340.2902
6	Raymond Penland	Masters (60-64)	92.8	93	185.0	195.0	197.5	130.0	135.0	137.5	332.5	187.5	197.5	197.5	520.0	326.9760
1	Denny Yanoscik	Masters (70-74)	92.1	93	145.0	162.5	162.5	57.5	90.0	100.0	252.5	137.5	157.5	165.0	417.5	263.4842
2	Raymond Fougner	Masters (70-74)	83.3	93	100.0	100.0	105.0	75.0	75.0	85.0	180.0	145.0	155.0	162.5	342.5	228.1393
1	Tom O'Keefe	Masters (75-79)	89.8	93	132.5	132.5	147.5	102.5	110.0	110.0	250.0	150.0	162.5	170.0	420.0	268.4220
1	Raymond Curtis	Masters (80-84)	89.3	93	102.5	112.5	117.5	90.0	90.0	100.0	212.5	135.0	145.0	155.0	357.5	229.1575
	Ken Gack	Masters (40-44)	104.5	105	310.0	310.0	310.0	227.5	247.5	255.0		250.0	275.0	300.0		
1	Wilson Martinez	Masters (45-49)	102.9	105	270.0	270.0	270.0	102.5	157.5	162.5	427.5	207.5	245.0	262.5	690.0	415.3110

Place	Name	Division	Body Weight	Weight Class	Squat			Bench Press			Sub Total	Deadlift			Total	Wilks Total
					1	2	3	1	2	3		1	2	3		
	Mark Wynn	Masters (45-49)	104.4	105	247.5	247.5	247.5	170.0								
1	Julian Ulvang	Masters (50-54)	97.2	105	195.0	240.0	255.0	220.0	227.5	227.5	475.0	210.0	225.0	240.0	715.0	440.2970
2	Shane Secrist	Masters (50-54)	101.8	105	202.5	210.0	210.0	165.0	175.0	185.0	377.5	202.5	220.0	227.5	605.0	365.6620
3	Jason Julian	Masters (50-54)	103.2	105	207.5	207.5	227.5	155.0	165.0	175.0	382.5	207.5	220.0	227.5	602.5	362.2833
4	Brian Birchmeier	Masters (50-54)	99.3	105	235.0	235.0	235.0	137.5	142.5	147.5	377.5	205.0	227.5	227.5	582.5	355.4998
	Gary Pamplin	Masters (54-59)	104.4	105	295.0	295.0	295.0	232.5	245.0	265.0		230.0	245.0	272.5		
	Sergey Shadyun	Masters (54-59)	105.0	105	220.0	240.0	250.0	170.0	170.0	170.0		200.0	215.0	215.0		
1	Daryl Haskew	Masters (65-69)	99.5	105	125.0	140.0	140.0	92.5	97.5		222.5	137.5	147.5	160.0	370.0	225.6260
1	Al Williamson	Masters (70-74)	98.8	105	175.0	190.0	197.5	137.5	137.5	137.5	335.0	197.5	202.5	210.0	545.0	333.3220
2	Bill Helmich	Masters (70-74)	100.1	105	165.0	172.5	177.5	120.0	127.5	132.5	310.0	205.0	217.5	217.5	527.5	320.8782
1	Jeff Robison	Masters (40-44)	119.6	120	305.0	325.0	332.5	145.0	182.5		507.5	255.0	282.5	305.0	812.5	467.5125
	Al Fritz	Masters (40-44)	112.3	120	317.5	317.5	317.5	222.5	230.0	237.5						
1	Jon Briggs	Masters (50-54)	119.5	120	230.0	277.5	287.5	220.0	242.5	242.5	507.5	225.0	250.0	262.5	770.0	443.1350
2	Tim Womack	Masters (50-54)	110.3	120	247.5	262.5	277.5	185.0	195.0	205.0	472.5	235.0	245.0	250.0	722.5	424.8300
	Domenick Fonio	Masters (50-54)	118.8	120	240.0	240.0	240.0									
1	Curtis Wainwright	Masters (54-59)	119.3	120	247.5	262.5	275.0	177.5	187.5	192.5	462.5	230.0			692.5	398.6722
2	Dave Schneider	Masters (54-59)	109.4	120	210.0	222.5	232.5	130.0	137.5	140.0	372.5	250.0	277.5	280.0	622.5	366.9638
1	Bill Sindelar	Masters (60-64)	115.5	120	240.0	252.5	257.5	180.0	180.0	182.5	435.0	232.5	242.5	252.5	687.5	399.0250
1	Crayton Taylor	Masters (65-69)	117.2	120	240.0	245.0	252.5	155.0	165.0	177.5	410.0	240.0	250.0	275.0	660.0	381.6120
1	Thomas Arrington	Masters (70-74)	113.7	120	175.0	185.0	192.5	127.5	137.5	145.0	322.5	165.0	180.0	190.0	512.5	298.6850
2	Robb Grisham	Masters (70-74)	113.4	120	185.0	185.0	195.0	77.5	77.5	77.5	262.5	160.0	170.0	177.5	432.5	252.2772
3	Robert Rood	Masters (70-74)	106.2	120	102.5	102.5	112.5	102.5	102.5	107.5	210.0	102.5	137.5	150.0	360.0	214.2720
	Floyd Hayes III	Masters (70-74)	110.7	120	160.0	162.5	162.5	137.5								
1	Steve Davenport	Masters (40-44)	133.4	120+	322.5	340.0	340.0	237.5	252.5	260.0	600.0	275.0	305.0	320.0	920.0	518.0520

Place	Name	Division	Body Weight	Weight Class	Squat			Bench Press			Sub Total	Deadlift			Total	Wilks Total
					1	2	3	1	2	3		1	2	3		
2	Patrick Anderson	Masters (40-44)	137.4	120+	325.0	325.0	342.5	240.0	255.0	262.5	580.0	250.0	272.5	312.5	852.5	477.7410
1	Gary Allen	Masters (45-49)	146.5	120+	317.5	342.5	342.5	257.5	270.0	297.5	615.0	277.5	290.0	302.5	892.5	495.4268
2	Michael Ricker	Masters (45-49)	131.9	120+	140.0	185.0	200.0	150.0	172.5	172.5	335.0	227.5	250.0	272.5	562.5	317.3625
1	Daniel Gaudreau	Masters (50-54)	154.8	120+	335.0	350.0	350.0	282.5	320.0	320.0	632.5	272.5	282.5	287.5	915.0	503.9820
2	Randy Earle	Masters (50-54)	139.9	120+	300.0	320.0	320.0	205.0	217.5	217.5	537.5	265.0	280.0	290.0	817.5	456.9007
3	Robert Keyes	Masters (50-54)	141.5	120+	247.5	265.0	277.5	207.5	215.0	220.0	485.0	260.0	280.0	292.5	777.5	433.7673
4	Jim Weiss	Masters (50-54)	134.4	120+	272.5	305.0	305.0	150.0	160.0	165.0	470.0	272.5	292.5	307.5	762.5	428.8300
5	Steve Johnson	Masters (50-54)	127.6	120+	227.5	227.5	227.5	187.5	187.5	195.0	422.5	240.0	250.0	250.0	662.5	375.9687
1	Ted Stewart	Masters (54-59)	124.4	120+	215.0	227.5	232.5	140.0	145.0		372.5	215.0	230.0		602.5	343.6660
1	Steve Green	Masters (60-64)	146.0	120+	260.0	260.0	277.5	212.5	225.0	225.0	485.0	250.0	275.0		735.0	408.2190
2	Robert Crawford	Masters (60-64)	134.5	120+	175.0	225.0	245.0	165.0	195.0	217.5	462.5	175.0	230.0	230.0	637.5	358.4663