



USA Powerlifting
National Governing Body Meeting
Killeen, Texas
Thursday, June 20th, 2013 – 4:00PM
MINUTES – Meeting began at 4:20 PM

1) Roll call of voting members and credential check of participants

32 Voting Members at the start of the meeting

2) Reading of Minutes from NGB 2012

http://www.usapowerlifting.com/ngb/2012/2012_NGB_Minutes.pdf

Minutes approved 29 FOR, 0 AGAINST

3) President's Report – Larry Maile

National Office

The weekend of March 08, 2013 a team of 4 people (Tony Cardella, Greg Page, Priscilla Ribic, and Angela Simons) was sent to the national office to address and assess the situation. After spending numerous hours finding many items not done (meet director packets not processed, checks not sent in for deposit, membership cards not sent out, meet director packets not mailed out in a timely fashion or at all, record information not processed, etc.) the decision was made through EC conference calls to terminate Connie Strickland effective immediately, close the national office in Columbia City, IN and move it to Anchorage, AK where there could be better monitoring and control of daily operations. Although USAPL is now on better footing with 2013 membership having been successfully reconstructed, the reality of the situation at the national office means that 2012 is basically a lost year.

It was discovered then and since that a number of people who registered for USAPL did so with bad credit card information. This fact resulted in the decision to no longer accept credit card payment for membership at meets unless they are processed using the “Square” technology which has been used by some at both local and national meets. Furthermore, people that provided bad credit card information will be put on the suspended list for indebtedness to the organization and will remain on the list until the debt is paid.

It's estimated that the situation with Connie and the National Office cost the organization approximately \$10,000 (lost memberships, shipping, sending team to Columbia City, among other things). Legal proceedings with Connie are underway.

The move of the national office has also resulted in cost savings. Some of those savings have been in the following areas:

- Going to electronic membership saves approximately \$1900/year in postage
- Discontinue the use of UPS (saving ≈\$2200/year), switched to FedEx which is being paid directly using American Express

- Switch phone saving \approx \$1700/year
- Switched to Square from PNC for credit card processing – paying much less in transaction fees and the money is deposited the next day
- Now using a part time employee Cathy Deak in Alaska who has proven herself to be a lucky find and an excellent employee.
- Bills are being paid on time so that we are not having to pay late fees

National Office move has improved USAPL database – which is accessible online to those that are authorized.

Nebraska Lawsuit – Need for liability forms

Nebraska lawsuit involving an injured athlete was settled by insurer. The suit is closed and sealed. It is unknown at this time if it will affect our insurance in the future. This lawsuit illustrates that it is EXTREMELY important that meet directors ensure that the release of liability form is signed by all involved in the meet and that these forms are returned to the national office.

Atlanta – 2012 American Open

Meet Promoter/director does not have the right to use the USAPL for indemnity in terms of their contracts with vendors. The meet director for the American Open contracted as a representative of USAPL with the hotel in Atlanta. The meet director took the meet elsewhere and the hotel thereby lost money and is seeking reimbursement. Lucian Gillis is representing USAPL in Atlanta trying to negotiate a settlement to minimize the cost to USAPL.

The Arnold Sports Festival

The leadership at The Arnold Sports Festival is in transition and those that are taking a more active role have a more favorable view of the Extreme Powerlifting Coalition (XPC Powerlifting). USAPL may be on the way out in the next several years given that some of the individuals that were advocates for USAPL are no longer working with The Arnold. XPC wanted to have a raw meet in 2014 but due to a previous agreement USAPL will be the only raw powerlifting meet in 2014. XPC will however have a full meet at Veterans Memorial as they did in 2013 and in 2014 have a professional bench press competition on the expo main stage.

The International Arnold Sports Festival powerlifting (Spain, Brazil and in a year or two China) will only involve the International Powerlifting Federation (IPF).

Other Issues

Meets

Drug testing paperwork needs to be done properly. Redwood Toxicology replaced Quest based on cost. Redwood lab is on the forefront of steroid testing.

Records

Like so many other things, record forms were not being processed at the national office. Once the forms were collected and reviewed it also became clear that many people are not accurately filling out the record forms nor are they providing the correct documentation that must accompany the form for the record to be recognized.

IPF

We have seen an increased cohesiveness on the part of the IPF executive committee with the current administration at the IPF working favorably with USAPL.

4) Vice President's Report – Johnny Graham

Thanks to the crisis team that made the national office visit and to the current team that comprises the national office in Anchorage for all the work that was done and is still being done to get the organization back on track.

World Teams/Coaching Staff

Congratulations to our world teams and their coaches for outstanding performances across the board. I was especially impressed with Curt St. Romain who did what has never been done before – bring home 1st place trophies for both the Men's and Women's Junior teams.

Outstanding! The coaching staff and committee chair Matt Gary are to be complimented for a job well done. The coaches that we have right now are not only doing fantastic jobs as coaches but also as ambassadors for USA Powerlifting.

Meets/ Meet directors

In the last 10 years as vice-president I have been to all but 4 national championships. Every time I go to a meet I see great things being done by our meet directors. Our meet directors do a great job putting on good meets and above all watching out and taking care of the athletes. Athletes remember not only their total but they also remember the fact that the USAPL meets they attend are done in a professional manner.

The organization needs to get more people involved in running meets at both the local and especially national level. We need people to be willing to take a risk on a meet that they believe they can run. We need to move away from the same four or five cities and expand to the west coast and other areas as well. We need people that are willing to jump into the fire. If you are someone that is thinking of running a meet – ask those that you know that have experience, meet directors, coaches, referees, trust me you, will have help to make things happen.

We have several world meets in the United States in the next couple of years. The IPF saw fit to award us these meets because they have seen how our meets are run and also know the standards to which we hold ourselves – bottom line is that they know that the United States meet directors will put together a top notch production.

State Chairs

State Chairs need to be aware of the fact that they cannot do everything by themselves, especially those that are from the states which have the larger USAPL memberships – Texas, Pennsylvania, Wisconsin. We all need to realize that there are people within the state that are willing to help. Make it a point to ask the people within your state to help out – utilize the help you have out there and don't be afraid to beg. If you find yourself having problems, remember that all the State Chairs fall under the vice-president, give me a call, I will do everything humanly possible to help you out.

Another item that needs to concern State Chairs is the need to continue to build our membership. We are now trending toward 5000 members that we use to see 10 – 12 years ago. Part of the reason for this is that we are having meets in states that we have not had meets before. We need to keep this trend up.

This year we have seen more state chair positions filled. We now have a state chair in Connecticut (Ryan Gleason) and just this week a state chair in Delaware has come on board (Robyn Sheehan) and earlier in the year a new state chair took over in New York (Rick Scarpulla). We still have a few states without a state chair but that number is fewer than it used to be.

Lastly, State Chairs also need to make certain that all aspects of running a meet are done. I bring this up to emphasize again the need for the release of liability forms.

Thank you to sponsors

I want to take this opportunity to thank our sponsors. Every meet director can tell you that we cannot run meets without the help of the sponsors. Not only do the sponsors help out at meets but they also help our world teams. We cannot do what we do with the likes of Titan, Advocare, Inzer, EO Sportsgear and all of our sponsors who have helped us over the years and who will hopefully continue to do so. We truly cannot thank them enough.

The Arnold Sports Festival

While in Russia recently I had the opportunity to talk to people about the Arnold. It has been said that only the IPF is wanted at the International Arnold Sports Festival (currently in Spain and Brazil and likely China in the next year or two). These same people have no idea what it takes to run a powerlifting meet at The Arnold. They think they can come in, set up and there you have a powerlifting meet at The Arnold. They truly have NO idea what all has to be done to pull the meet off.

Bottom line is that what USAPL has done over the years, people talk about today and it has helped them to have the attitude that for the International Arnold only the IPF or USAPL is wanted.

World Games –

USAPL is blessed with having several of athletes representing us in the World Games next month. The IPF has been told by the World Games officials that if there is one drug test failure at the World Games then powerlifting will be OUT. There are a limited number of sports that are allowed in the World Games and there are many sports that have a desire to get in. Also there are currently two strength sports (Powerlifting and Tug of War) so if one is lost the World Games would still be in line with the Olympics which only has one strength sport (Weightlifting). Those athletes chosen for the World Games are not chosen by USAPL but rather by the IPF. Further USAPL athletes are not just representing the United States but also the North American Powerlifting Federation (NAPF) as are other athletes from other countries and territories in the region. Why does this matter? Because if there is a positive drug test by ANY powerlifting athlete regardless of the country they represent it will mean that powerlifting will no longer be in the World Games.

I want to thank each of you for giving me the opportunity and honor to work as Vice-President of USA Powerlifting for the last 10 years. USAPL is the biggest and best thing going in powerlifting in the USA which is why people are trying to get in.

5) Treasurer's Report - Geoffrey Plante

(Treasurer's Report can be viewed at <http://www.usapowerlifting.com/admin/ngb.shtml>)

6) Committee Reports

(all reports received can be viewed at <http://www.usapowerlifting.com/admin/ngb.shtml>)

- a) Coaching – Matt Gary (Received)
- b) Collegiate – Arval Bridges (Received)
- c) Disabled Athletes – Chip Hulquist (Received)
- d) Discipline – Eric Kupperstein (Received)
- e) Drug Education – Mike O'Donnell
- f) Drug Testing Committee – Mike O'Donnell IMT /Cathy Marksteiner OMT
- g) Finance and Ethics –George Shoemaker (Received)
- h) Law and Legislation – Lucian Gillis (Received)
- i) Marketing and Publicity – Priscillia Ribic (Received)
- j) Masters' – Johnny Graham
- k) Military – Lanette Lopez (Received)
- l) Police and Fire – Tim Anderson (Nothing to report)
- m) Raw – Joe Warpeha (Received)
- n) Sports Medicine Committee – Mike Hartle
- o) State Chair Committee – Christy Newman Cardella (Received)
- p) Technical and Referees' Committee – Robert Keller/Bill Clayton (Received)
- q) Teenage/Junior – Joe Lewis (Received)
- r) Therapeutic Use Exemption – Dr. Mark W Rodacker (Received)
- s) Women's Committee – Priscilla Ribic (Received)

7) Unfinished Business

None

ALL CHANGES THAT PASSED AT THE NGB MEETING WILL GO INTO EFFECT ON MONDAY JUNE 23, 2013.

Proposed By-law Amendments

BY-LAWS AMENDMENTS ONLY PASS ON A $\frac{2}{3}$ MAJORITY OF THE VOTING MEMBERS PRESENT.

- a) Submitted by Dan & Jennifer Gaudreau (voting members present 28)

Article IV Section 4.16 (Current)

Conflict of Interest. No owner, employee, representative, or agent of an athletic gear manufacturer or distributing company who may directly derive profit from the sport of powerlifting, shall be permitted to hold an office as an Officer or Executive Committee member.

Article IV Section 4.16 (Amend to read as follows)

Conflict of Interest. No owner or direct employee of an athletic gear manufacturer who may directly derive profit from the sport of powerlifting, shall be permitted to hold an office as an Officer or Executive Committee member.

14 FOR, 10 AGAINST (FAILS BASED ON $\frac{2}{3}$ OF 28.)

- b) Submitted by Dan & Jennifer Gaudreau (voting members present 29)

Article XIV Section 14.2 (Current)

Voting. Where not otherwise stated, voting on a particular matter by the National Committee or Executive Committee shall be by majority vote.

Article XIV Section 14.2 (Addition)

A. Any matter voted on and approved by the National Committee shall only be amended, retracted, or modified by another National committee vote.

3 FOR, 24 AGAINST (FAILS BASED ON $\frac{2}{3}$ OF 29.)

8) **New Business – The following motions have been submitted for consideration**

PROPOSALS PASS BASED ON A SIMPLE MAJORITY

- a) Submitted by Dan & Jennifer Gaudreau

Proposal:

Form a Meet Championship Committee whose purpose will be to create a USAPL national championship contract, championship standard criteria, championship evaluation criteria, searching out and mentoring new championship directors and to implement the contract and criteria on a continuing basis.

27 FOR, 2 AGAINST – Proposal Passes

- b) Submitted by Dan & Jennifer Gaudreau

Proposal:

Any committee not filing an annual report would be considered to be in a state of non-compliance and would be subject to restructuring, with a new committee chair to be appointed within thirty days.

13 FOR, 15 AGAINST – Proposal Fails

- c) Submitted by Dan & Jennifer Gaudreau

Proposal:

Any team that enters a USAPL National Championship must submit a roster that includes a coach that is a USAPL member (competing or non-competing).

21 FOR, 6 AGAINST – Proposal Passes

- d) Submitted by Priscilla Ribic

Proposal:

Paper Memberships (outside of High School Seasonal) be \$5 more than online.

Rationale:

- Paper membership take twice as long to process, are often unreadable, not filled out correctly, missing key components (i.e., signatures, date of birth)
- We have issues with bad check, declined credit cards or disputed credit cards
- It also reduces the amount of paperwork a meet director needs to handle at a meet
- Reduces the cost of printing membership apps and shipping costs to the meet directors
- Encourages Online membership purchases, which are easier to process, are immediate proof of membership for the lifter as they have email confirmation of both their application and payment.

26 FOR, 2 AGAINST – Proposal Passes

e) Submitted by Priscilla Ribic

Proposal:

High School Membership Upgrades be \$20 vs. \$15.

Rationale:

Encourages lifters who intend to compete an entire year to purchase the Full Year Membership initially. The upgrades require our National Office personnel to touch the membership twice each year, which is time consuming and can be avoided. With knowing the cost of involvement in other sports, this is not something that will break the bank for the lifters, they spend more on their cell phone each month than a yearly membership.

- High School Seasonal \$15
- High School Upgrade \$20
- High School Full Year \$30

16 FOR, 10 AGAINST – Proposal Passes

f) Submitted by Priscilla Ribic

Proposal:

Make drug test reimbursement 20% across the board, i.e. for both local and national meets

11 FOR, 12 AGAINST – Proposal Fails

g) Submitted by Joe Marksteiner

Based on experience since the USAPL adopted Youth Powerlifting, change the description as follows:

Youth Divisions

As of September 21, 2003, USA Powerlifting will provide opportunities for youth lifters ages 8-13 to participate. Age and weight divisions for competition may be determined by the meet director based on actual or anticipated participation.

Membership Fee

\$15.00 Youth Division fee.

Proper Identification

Any lifter registering for youth membership must provide a copy of their birth certificate to verify their age. Membership card and birth certificate should also be available upon registration at any competition.

Philosophy for Youth Lifting

The focus for USAPL Youth Lifting will be to introduce youth lifters to the life-long sport of Powerlifting. The main concern for these lifters is to learn and perform proper technique and training methods, through experience on the competition platform. Focus should continue to be on proper technique and lifting within their ability.

Lifting Equipment

Youth Lifters will participate only in raw divisions

Lighter bars and training plates may be used – however it is not the meet director's responsibility to provide them.

National Championship Divisions

Youth lifter divisions will be offered at the American Open . There will be no set qualifying total for a National competition, but lifter must have participated in a USAPL sanctioned meet and be a current USAPL member.

Qualifying Totals

Any 13 year old lifter that will turn 14 during the calendar year will have their total from the American Open considered for a spot on the Sub-Junior and/or Open World team.

Changes and Rationale for the above:

As of September 21, 2003, USA Powerlifting will provide ~~youth lifting divisions~~ opportunities for youth lifters to participate. The following guidelines will be applied:

~~Two new divisions will be added.~~

~~10-11-year old~~

~~12-13-year old~~

The USAPL encourages local meet directors to allow youths age 8 to 13 years to compete. (USAPL rule book page)

~~Weight classes~~

~~Girls: 30k (66lb), 35K (77lb), 40k (88lb), and then the already set weight classes.~~

~~Boys: 30k (66lb), 35k (77lb), 40k (88lb), 44k (97lb), 48k (105lb) and then the set classes.~~

Rationale: Eliminate age and weight divisions. 5kg Jumps in weight classes are unrealistically high for such light- weight individuals (they are greater than 10% body weight). In the men's and women's divisions jumps between the 44-60 kg classes are only 4kg. Youth lifters should not be dieting/dehydrating to make weight classes (especially in an era when youth and teens are prone to unhealthy body image issues). There is no data or history on which to base these arbitrary classes.

Age and weight divisions for competition may be determined by the meet director based on actual or anticipated participation.

~~Membership Fee~~

~~\$15.00 Youth Division fee.~~

~~Proper Identification~~

~~Any lifter registering for youth membership must provide a copy of their birth certificate to verify their age. Membership card and birth certificate should also be available upon registration at any competition.~~

~~Philosophy for Youth Lifting~~

~~The focus for USAPL Youth Lifting will be to introduce youth lifters to the life-long sport of Powerlifting. The main concern for these lifters is to learn and perform proper technique and training methods, through experience on the competition platform.~~

~~Scoring for the new divisions~~

~~10-11-year old – each lifter will add their top two lifts from each lifting category to their score. They will be adding 6 lifts for their final total. If a lifter only passes one lift in a category then they will only add that lift to the final total. The focus for these lifters should be on technique and completing each lift within their ability.~~

~~12-13-year old – these lifters will follow USAPL guidelines for scoring, adding their one best lift from each category to their final total.~~

~~Focus should continue to be on proper technique and lifting within their ability.~~

Rationale: Keep scoring the same – It's confusing and requires modifying the software for many local and national contests

~~Any lifter who does not complete any lift in a category will be allowed to complete the lifting event to gain experience on the platform. No final total shall be awarded that lifter.~~

~~Lifting Equipment –~~

Youth Lifters will participate only in raw divisions

Rationale: In keeping with stated goal: Focus should continue to be on proper technique and lifting within their ability.

~~Youth lifters will need access to a lighter lifting bar.~~

Lighter bars and training plates may be used – however it is not the meet director's responsibility to provide them.

~~It is recommended that "training plates" be provided for the youth lifters at the state level for the deadlift, so that they are pulling the weight from the same height as all other lifters. (Is also a safety concern). Training plates must be available at national meets.~~

Rationale: Eliminate the requirement for special youth equipment – It has not been present at nationals in the past several years with youth participation. There are costs associated with obtaining calibrated bars and "training" weights necessary for national championships.

~~National Championship Divisions~~

~~National Championship Youth Divisions will be included with the Teen/Junior Nationals for boys and the Women's National Championships for girls.~~

~~A separate National Championships could be considered for the future, as interest grows.~~

Youth lifter divisions will be offered at the American Open (Youth Lifter Nationals).

Rationale: There are no qualifying totals and the contest is not a direct qualifier for Worlds so youth lifters enter on the same basis as all other participants. The competition atmosphere is more suited for beginning lifters.

There will be no set qualifying total for a National competition, but lifter must have participated in a USAPL sanctioned meet and be a current USAPL member.

Records

~~Each state should add records for these age divisions.~~

~~American and National records will be established for these divisions beginning at the first national competition~~

Rationale: Eliminate records for youth lifters – it conflicts with USAPL's stated philosophy – "lifting within their ability". Record attempts require trying to exceed one's ability. There could be significant legal issues if a youth lifter is injured attempting to set a National or American record.

Qualifying Totals

Any 13 year old lifter that will turn 14 during the calendar year will have their total from Teen/Juniors for boys and Women's for girls considered for a spot on the Sub-Junior and/or Open World team.

3 FOR, 20+ AGAINST – Proposal Fails

h) Submitted by Eliot Feldman

Proposal:

All proposed changes to rules governing any committee activity must be submitted to the EC for approval. The committee specific rule will not go into effect until the EC are notified and the proposal is approved. After receiving approval, the change will be announced on the national website. If applicable, the rule will be added to the USAPL rule book by the rule book custodian.

Rationale:

There were issues at Collegiate Nationals regarding Collegiate specific rules for scoring, team selection and QTs.

18 FOR, 5 AGAINST – Proposal Passes

i) Submitted by Eliot Feldman

Proposal:

Add \$5 per lifter surcharge to National meet application to go toward general fund of USA Powerlifting. The fee can be added to the entry fee (\$65 entry fee with \$5 to USAPL by Meet Director) or it can be a separate item (\$60 entry fee and \$5 USAPL fee both paid to Meet Director)

Rationale:

USA Powerlifting receives just \$35 per National Meet. The USAPL provides insurance and athletes which bring in substantial revenue for MD but none for the federation. Other amateur organizations charge as much as \$20,000 for National Championship bids. This proposal allows the USAPL to raise revenues without burdening Meet Directors with a large upfront fee.

5 FOR, 20 AGAINST – Proposal Fails

j) Submitted by Joe Warpeha

Proposal:

All USA Powerlifting state referees must judge at least two powerlifting meets in a four-year period to maintain their referee certification. Bench-only meets will not count toward the requirement. In order for a meet to count toward the requirement, it must be a three-lift powerlifting contest and the referee must judge the entire meet or a "session" of a meet (e.g., morning session). National and international referees are not affected as they have specific recertification requirements in place already. The 4-year recertification period will begin ~~January 1, 2014~~ **January 1, 2016 (Proposal amended to read as indicated in red)**. State referees will document all contests judged in the referee log book they receive when they become certified and each documented event must be accompanied by the signature of the meet director or state chair. Referees failing to meet these requirements will need to retake the state referee exam in order to reactivate their state referee status.

Rationale:

Competent referees are crucial to upholding the high standards of competition in USA Powerlifting. High quality judging differentiates USA Powerlifting from all other powerlifting organizations. At the current time, there are no recertification requirements for USA Powerlifting state referees - the only requirement is that the referee is a current member and was certified at some point in the past. The above proposal attempts to ensure that referees are current in their knowledge of the rules and have an opportunity to continually maintain (or improve) their referee skills. The requirements of 2 meets every 4 years seems to be an appropriate compromise between maintaining competency as a referee and reasonable expectations for service in a volunteer organization.

24 FOR, 1 AGAINST – Proposal as amended Passes

k) Submitted by Joe Warpeha

Proposal:

Move the date of Raw Nationals from July/August to late October/early November starting no later than 2016 (earlier if possible depending on the flexibility of the 2014 and 2015 meet directors).

Rationale:

Moving the date of Raw Nationals from July/August to late October/early November will: 1) allow Raw World Team members a longer turnaround time from the conclusion of Raw Worlds to Raw Nationals (the current turnaround time in 2013 is less than 5 weeks) and 2) create a timetable that is more conducive to giving lifters who compete in Men's, Women's, and Masters Nationals the option to also compete in Raw Nationals (the current schedule does not preclude this option but it is not optimal). Moving Raw Nationals to late October/early November would still keep Raw Nationals about 4 months from the Arnold which would allow sufficient time for the selection process and for training for the NAPF Raw Challenge at the Arnold.

19 FOR, 5 AGAINST – Proposal Passes

l) Submitted by Josh Rohr

Proposal:

The National Office or appointed individual will be responsible for creating a "Facebook event" for each National or higher level event in the U.S from the "USA Powerlifting Facebook Group" so that all of the followers can easily be invited to each event. This shall be done at approximately 1 year out from the said event. This individual will also seek out the meet director of each event and "add them as an admin" to the event as well as update the "Facebook event" with the contact info and any other information about the meet.

18 FOR, 7 AGAINST – Proposal Passes

m) Submitted by Michael Zawilinski

Proposal:

Any athlete selected for international competition or entering into any other international event with a prior doping failure shall receive a random IOC Out-of-competition (OCT) drug test prior to competing. It will be the responsibility of the both the head coach and Drug Testing Committee to identify these athletes. The Drug Testing Committee will coordinate the random Out-of-competition (OCT) examination allowing enough time to remove the athlete from said competition prior to the federation paying said athletes fees to compete.

PROPOSAL AMENDED TO READ AS FOLLOWS:

Any athlete selected for international competition or entering into any other international event with a prior doping failure shall receive a **UNANNOUNCED FULL SPECTRUM OUT OF COMPETITION SCREEN** drug test prior to competing. It will be the responsibility of the both the head coach and Drug Testing Committee to identify these athletes. The Drug Testing Committee will coordinate the random Out-of-competition (OCT) examination allowing enough time to remove the athlete from said competition prior to the federation paying said athletes fees to compete.

Rationale:

Recently we have had several athletes with positive IOC results for agents that are not screened for in our Quest and Redwood tests. In result, this has left our federation paying large fines and in jeopardy of losing our status in the IPF.

23 FOR, 0 AGAINST – Proposal Passes

n) Submitted by Michael Zawilinski

Proposal:

Allow the use of IPF weight classes at regional or conference collegiate championships where there are no other divisions present.

Rationale:

Collegiate powerlifting is growing in both number of athletes and competitiveness. Collegiate Nationals is currently the only national that has qualifying totals based on IPF weight classes. There are many regional championships that teams use to prepare for Collegiate Nationals and it makes sense to allow these collegiate lifters to compete in their weight classes that they will lifting in at Nationals. This will also help the development of possible conference championships which is something that many schools are pushing for.

26 FOR, 3 AGAINST – Proposal Passes

9) Elections

- A. Vice-President
 - a. Johnny Graham (Incumbent) - ELECTED
 - ~~b. Robert Keller~~ (Candidate withdrew)

- B. Two (2) Executive Committee Positions
 - a. Eliot Feldman (Incumbent) – ELECTED (25)
 - b. Dan Gaudreau (11)
 - c. Joe Marksteiner (Incumbent) – ELECTED (20)
 - d. Dave Schneider (6)

10) Honorary Awards

- A. Brother Bennett Award
 - a. Tony Cardella
 - b. Joe Marksteiner
 - c. Greg Page - ELECTED
 - d. Wes Zunker

- B. Coach of the Year
 - a. Steve Petrencak
 - b. Curt St. Romain - ELECTED

- C. Athlete of the Year
 - a. Ian Bell - ELECTED
 - b. Suzanne Hartwig-Gary

- D. Referee of the Year
 - a. Kim Beckwith
 - b. Eliot Feldman
 - c. Bill Helmich - ELECTED

11) Meet Bids/ Current USAPL Schedule

2013 Meet Schedule

Meet	Host	Location	Date
Military/Armed Forces			
Collegiate Nationals	Johnny Graham	Killeen, TX	
High School Nationals	Dan Gaudreau	Denver, CO	
Masters Nationals	Robert Keller	Orlando, FL	May 3 – 5
Women's Nationals	Robert Keller	Orlando, FL	May 19 – 20
Deadlift/Push-Pull	Robert Keller	Ft. Lauderdale, FL	September 21
Teen/Junior Nationals Men's Nationals	Johnny Graham	Killeen, TX	
Raw Nationals	Robert Keller	Orlando, FL	July 19 – 21
Bench Press Nationals	Josh Rohr	Atlanta, GA	August 17 – 18
American Open Police & Fire Nationals	Robert Keller	Philadelphia, PA	Nov 30 – Dec 1

2014 Meet Schedule:

Meet	Host	Location	Date
Military/Armed Forces	Johnny Graham	Killeen, TX	March 8
High School Nationals	Johnny Graham	Killeen, TX	March 28 – 30
Collegiate Nationals	Robert Keller	Orlando, FL	April 11 – 13
Masters Nationals	Johnny Graham	Killeen, TX	May 2 – 4
Women's Nationals	Paul Fletcher	Baton Rouge, LA	May 17 – 18
Deadlift/Push-Pull	Robert Keller	Ft. Lauderdale, FL	September 20
Teen/Junior Nationals Men's Nationals	Robert Keller	Philadelphia, PA	June 20 – 22
Raw Nationals	Dan Gaudreau	Denver, CO	
Bench Press Nationals	Wes & Molly Zunker	San Antonio, TX	August 23 – 24
American Open Police & Fire Nationals	Robert Keller	Boston, MA	December 6 – 7

2015 Meet Schedule: * Meets Selected by Committees and awaiting approval by the NGB

Meet	Host	Location	Date
Military/Armed Forces	Dave Goodwin	Atlanta, GA	March
High School Nationals	Tonya Lambeth	Milwaukee, WI	March 20 – 22
Collegiate Nationals	Josh Rohr	Atlanta, GA	April 12 – 15
Masters Nationals	Robert Keller	Orlando, FL	1 st weekend of May
Women's Nationals	Wes & Molly Zunker	San Antonio, TX	May 16 – 17
Deadlift/Push-Pull	Johnny Graham	Killeen, TX	
Teen/Junior Nationals Men's Nationals	Dan & Jen Gaudreau	Aurora, CO	June
Raw Nationals	Steve Mann	Scranton, PA	November
Bench Press Nationals	Steve Mann	Scranton, PA	
American Open Police & Fire Nationals	Robert Keller	King of Prussia, PA	1 st weekend of December

12) Open Meet Bids:

2015 American Open, Police and Fire Nationals

Robert Keller – King of Prussia, PA (AWARDED)

2015 Bench Press Nationals

~~Johnny Graham – Killeen, TX (withdrawn)~~

Steve Mann – Scranton, PA (AWARDED)

2015 Deadlift and Push/Pull Nationals

Johnny Graham – Killeen, TX (Submitted from the floor) (AWARDED)

2015 Raw Nationals

Robert Keller – Orlando, FL (10)

Steve Mann – Scranton, PA (AWARDED) (19)

2015 Teen/Jr/Men's Nationals

Daniel and Jennifer Gaudreau – Aurora, CO (AWARDED) (19)

Hector Munoz – Corpus Christi, TX (8)

Meets chosen above reflected in item 12 above.

13) Items from the floor

- a) Submitted by Tim Anderson and Donovan Thompson (Received via email 6/19/2013)

Proposal:

Where a lifter is found to have committed an Anti-Doping Rule Violation and the penalty for that violation is confirmed by the Doping Hearing Panel as 2 years or more suspension, that lifter shall suffer the loss of all Records set by them since “Date rule Enacted”. If the lifter returns after completing their term of suspension, they will not be allowed to break any American, National, or State Records.

Rationale:

The IPF already has a rule similar to this and we should not allow lifters returning from suspension to break American or State records if they are not allowed to break world records.

3 FOR, 25 AGAINST – Proposal Fails

- b) Submitted by Tim Anderson and Donovan Thompson (Received via email 6/19/2013)

Proposal:

Where a lifter is found to have committed an Anti-Doping Rule Violation and the penalty for that violation is confirmed by the Doping Hearing Panel as 2 years or more suspension. After completing the term of suspension and is reinstated by USA Powerlifting. The lifter shall serve a term of probation of 2 years before being allowed on any World Team or allowed to compete in any NAPF or IPF sanctioned event.

Rationale:

With the severe penalties issued by the IPF, and possible probation and/or suspension of our national federation, lifters that have failed drug tests in the past should serve a term of probation where they are subject to drug testing to make sure they are clean before being allowed to compete at the international level. Currently lifters on suspension are not being tested. Only after their term is up and they are reinstated are they drug tested.

Failed for lack of a 2nd

c) Submitted by Steve Mann

Advisory Proposal: (Proposal must go through the coaching committee per a proposal passed at 2012 NGB)

World Games team members would be considered alternates for World Teams based on their World Games total.

22 FOR, 3 AGAINST – Proposal Passes (must be reviewed by coaching committee)

d) Submitted by Women's Committee

Proposal:

Combine the entire women's Nationals with Men's Open, Teen/Junior Nationals in May or early June.

**22 FOR, 5 AGAINST – Proposal Passes
(Year of implementation to be 2016 since there have been meets awarded through 2015)**

e) Submitted by Women's Committee

Proposal:

Pattern our national meets after the IPF world meets, i.e. Masters Men and Women, Open Men and Women and so on. **(The proposal was tabled to be sent to the concerned committees for review per the proposal passed at the 2012 NGB.)**

f) Submitted by Jennifer Rey-Gaudreau

Proposal:

Add the Coaching Committee chair as a voting committee member.
(Change cannot be accepted from the floor at this time as it is a by-law change which must be submitted 60 days prior to the meeting.)

g) Submitted by Mike Zawilinski

Proposal:

Change sanction fees for meets

Change the current sanction fee of \$35 for a local meet to \$50.

Change the current sanction fee of \$50 for a local meet to \$100.

27 FOR, 0 AGAINST – Proposal Passes

h) Submitted by Jim Battenfield

Proposal:

Include a second option on the team sanction at the rate of \$50 that would include a non-compete membership for a team coach

4 FOR, 22 AGAINST – Proposal Fails

i) Submitted by Mike Zawilinski

Proposal:

Discontinue the state chair reimbursements.

5 FOR, LOTS AGAINST – Proposal Fails

j) Submitted by Jennifer Rey-Gaudreau

Proposal:

On a monthly basis, a list of topics to be discussed by the EC will be sent to all voting members. The topics will be open for a period to be no less than seven days and not to exceed 21 days. At the time after the EC's deliberation, the decisions with the vote count will be sent to the voting members. Judicial or quasi-judicial matters may be allowed discretion on the inclusion.

4 FOR, 18 AGAINST – Proposal Fails

k) Submitted by Christy Newman-Cardella

Proposal:

Have the updated rule-book and by-laws, and lifters' handbook be posted no later than 6 weeks after the NGB meeting.

It was agreed that updates should be done in a timely fashion.

1) Submitted by Christy Newman-Cardella

Proposal:

All state records to be kept on the USA Powerlifting website.

It was agreed that should be done.

Meeting adjourned at 11:38 pm.