



SEE YOU IN

SPOKANE

WASHINGTON

FEBRUARY 16, 2018



# WELCOME TO SPOKANE

Spokane extends a warm welcome to athletes and fans of the 2018 USA Powerlifting Youth Nationals. This event is held in conjunction with the 2018 USA Weightlifting National Junior Championships—creating an epic celebration of youth strength sports.

## Hip Hotel

### HOTEL RL SPOKANE AT THE PARK

This newly-remodeled riverfront hotel is less than a quarter-mile walk through the park to the convention center. Each room is outfitted with free WIFI and 55-inch flat screen televisions. Trendy design, free breakfast, free airport shuttles, and free on-site parking makes this hotel a hit with traveling athletes.

**\$119 PER NIGHT**  
**SINGLE-QUAD OCCUPANCY**

Reservation Cut-off Date: Jan. 26

Call 800-RED LION (733-5466) and provide the group code: 20180216

## A City for Athletes

Traveling to Spokane is easier than ever before with 16 non-stop flights from major cities across the western half of the United States. From the airport, downtown is just a short ten minute drive via shuttle, uber, taxi or rental car. Step outside your hotel and you'll be only a few blocks away from Riverpark Square shopping center, AMC Theaters with IMAX, and Mobius Science Center. In between activities, grab a bite to eat at any of our foodie-worthy restaurants located throughout the downtown core.

## Winter Wonderland

We don't shy away from snow in Spokane—in fact we embrace winter! Skiing, snowboarding, sledding, and snowshoeing are all within reach. With five regional ski resorts, the most convenient is Mt. Spokane Ski and Snowboard Park, just 35 minutes from downtown. Easy equipment rentals allow travelers to explore Mount Spokane's tubing hill, terrain park, or take a ski lesson. Pack warm and make the most of it!

# FEBRUARY 16

## Spokane Convention Center

The Spokane Convention Center campus sits along the banks of the Spokane River and the 100-acre Riverfront Park and is located in the heart of downtown Spokane. Since the recent state-of-the-art renovation, the Convention Center has home to a variety of national and international sports championships from volleyball to judo to wrestling. This worry-free setting allows athletes to focus on achieving their personal best.

REGISTER ONLINE AT: [WWW.USAPOWERLIFTING.COM/YOUTH-NATIONALS/](http://WWW.USAPOWERLIFTING.COM/YOUTH-NATIONALS/)





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## Spokane, Washington

Spokane is located on the eastern edge of Washington, just 30 miles from the Idaho border. As the second largest city in Washington State, Spokane is an energetic city offering activities appropriate for the whole family.

Spokane is famous for sports with college teams such as Eastern Washington Eagles, Washington State Cougars and the winning Gonzaga Bulldogs. We are also home to Bloomsday, the nation's largest road race, and Spokane Hoopfest, the world's largest 3-on-3 basketball tournament.

Learn more at [www.spokanesports.org](http://www.spokanesports.org).