

**3<sup>rd</sup> Annual  
North American Powerlifting Federation (NAPF) Congress  
Hyatt Regency Hotel – Miami, Florida [USA]  
1:00 – 4:00pm / June 13, 2005**

**MEETING MINUTES**

- I. Call Meeting to Order**
  - a. Meeting called to order by Robert Keller, General Secretary for the North American Powerlifting Federation at 1:00pm. Dr. Larry Maile, President of the NAPF to preside over the meeting. Officers and delegates of the Congress to be introduced.
  - b. Brenda Lemus served as translator for the congress. All agenda items and comments were translated from English to Spanish, and vice-versa.
  
- II. Role Call of Voting Members & Delegates**
  - a. Please see list of attendees on page five [5] of this document
  
- III. Approval of minutes from 2004 NAPF Congress**
  - a. Approved unanimously 11-0
  
- IV. NAPF President's Address [Dr. Larry Maile]**
  - a. Welcomed all lifters, coaches, administrators and guests to the 3<sup>rd</sup> Annual Congress and Championships.
  - b. Thanked Robert Keller (NAPF), and Nestor Gregory (Puerto Rico) and Jeff Butt for there work in developing the region.
  - c. As of June 01, 2005, the NAPF now lists twenty-one [21] countries as members of the NAPF. Now the 2<sup>nd</sup> largest region in the world behind Europe.
  
- V. General Secretary Address [Robert Keller]**
  - a. Welcomed all lifters, coaches, administrators, and guests to the 3<sup>rd</sup> Annual Congress & Championships.
  - b. Thanked Dr. Maile, Nestor Gregory (Puerto Rico) and Jeff Butt for their assistance in developing the region. Also, acknowledged and thanked Brenda Lemus for all of her work in assisting with translation leading up to the championship, as well as to include the championship. Brenda's translation work played a significant and instrumental role in having Honduras attend this championship.
  - c. As of June 01, 2005, the NAPF now lists [21] countries as members of the NAPF. Concentration for the first 2 years was directed on the [width] of the federation. Plans for the next two [2] years will be to work on the [depth] of the NAPF, by assisting member federations with their [internal] development of their organizations to include the following:
    - i. National Championships
    - ii. Regional/Sub-regional Championship
    - iii. WADA Doping Clinics

- iv. Training Seminars
- v. Referee Certifications
- vi. Volunteers for NAPF Region Positions

## **VI. Agenda Items**

- a. NAPF Constitution
  - i. Adopt NAPF Constitution, as is, which was provisionally recognized at the IPF Congress in Akita, Japan on November 18, 2000. Adopted and passed by a vote of 11-0.
  
- b. IPF Membership Dues – Paid to IPF Treasurer
  - i. Countries that owe monies to IPF will forward monies to IPF via bank transfer. NAPF General Secretary/Treasurer shall assist the IP Treasurer and General Secretary in the collection of these fees.
  
- c. NAPF Membership Dues – Determine and vote on amount to be collected
  - i. Motion was presented and discussed amongst member countries. Tiger Smith [Cayman Islands] recommended that we vote on the three proposals brought to the floor. 1<sup>st</sup> – \$50.00; 2<sup>nd</sup> - \$100.00; 3<sup>rd</sup> \$150.00 as the initial sum to collect from all participating NAPF countries. All countries voted on and agreed on \$100.00 to be paid to the NAPF. Provisional countries of the NAPF are not required to pay a fee to the IPF for two years. Afterwards, they shall be required to pay the fee. Passed by a vote of 11-0.
  
- d. Acceptance of the WADA Code – Standards and Guidelines
  - i. Dr. Maile provided a summary of the current guidelines and expectations with regards to the WADA Code. A vote was taken by the NAPF member countries to accept the WADA code at the national and international region level championships. Dr. H. Castellanos [Guatemala] is involved extensively with the IWF Pan-American Regional Federation WADA Commission for doping control has volunteered to assist us with future drug-testing matters. It was agreed upon by members of the NAPF Congress to include Dr. Castellanos to the Doping Committee for the NAPF. Accepted and passed unanimously 11-0.
  
- e. Future World Games Selection Guidelines [2009]
  - i. The 2008 IPF/NAPF North American Regional Championships shall tentatively serve as one of the selection championships for lifters to attend the World Games that will be held Taiwan during July 2009. Announcements will be made in advance to advertise the selection guidelines.

- f. NAPF North American Regional Junior Championship – Add to Calendar
  - i. Motion presented by Keller that we include a Junior Championship with the NAPF North American Championships. The NAPF Junior shall NOT be sub-divided (sub-junior 14-18/Junior 19-23), until there is an adequate amount of sub-junior/junior lifters to do so. Until such time, all juniors 14-23 shall compete in one age group. Masters level championships will be reviewed at the 2006 NAPF Congress. Expectations are that a masters Regional Championships will be in place by 2007/ or 2008. In accordance to IPF Rules, the NAPF shall not pursue youth divisions [10-11, and 12-13]. Accepted and passed 11-0.

## **VII. IPF/NAPF Calendar of Events**

- a. 2005 IPF World Junior Championships – Ft. Wayne, Indiana [USA]
  - i. Encouraged all countries of the NAPF to support this championship. El Salvador, Guatemala, and Puerto Rico shall send lifters to this championship.
- b. 2005 NAPF Central American Championships – El Progreso, Honduras
  - i. Guatemala also proposed a bid. Guatemala, El Salvador and Honduras representatives shall decide on the location and date of event. Once secured will notify NAPF via written correspondence. Keller and Marcus to attend this championship.
- c. 2005 IPF World Men's Powerlifting Championships – Miami, Florida [USA]
  - i. Robert Keller discussed and presented the information and provided each delegate with an official invitation for the championship.
- d. 2005 IPF Pan-American Powerlifting Championships – Miami, Florida [USA]
  - i. Robert Keller discussed and presented the information and provided each delegate with an official invitation for the championship. Provided overview of the championship and how it will coincide with the Men's World Championships.
- e. 2006 NAPF Central American Powerlifting Championships – El Salvador
  - i. Will host the championship in San Salvador, El Salvador
- f. 2006 NAPF Championship of the Caribbean Islands – Bahamas
  - i. Proposed by Keller. Championship shall be in the Bahamas. Rex Burnside, President of the Bahamas Powerlifting Championships will serve as the meet director. This sub-regional championship shall serve to further develop the Caribbean Region. Structure of the championship is still under discussion. May initially take the form of a bench press championship instead of a powerlifting championship.

**VIII. Bids for Future NAPF Championships**

- a. 2006 NAPF North American Regional Championships – San Juan, Puerto Rico
  - i. Accepted/passed 11-0
  - ii. Proposed by Keller that this championship shall have a training seminar/clinic and Anti-doping Clinic. Passed and accepted 8-0.
- b. 2007 NAPF North American Regional Championships – Guatemala City, Guatemala
  - i. Accepted/passed 11-0
- c. 2008 NAPF North American Regional Championships – Trinidad & Tobago
  - i. Accepted/passed 11-0

**IX. NAPF Elections/Appointments**

- a. Determine Terms of Office and Elect Officers [Congress Members]
  - i. Three [3] year terms for current officers Dr. Larry Maile, Robert Keller and Nestor Gregory were agreed to and voted on by the Congress. Each were accepted unanimously by a vote of 8-0.**
- b. Elect / Appoint Records Chairman [Vacant]
  - i. Mr. Julio Rodrigo Castillo Contreras [Guatemala] was nominated and elected as the NAPF records keeper. Approved 11-0 by the NAPF Congress.
- c. Elect /Appoint Webmaster [Vacant]
  - i. Tony Cardella [USA] was nominated and elected as the NAPF Webmaster. Approved 11-0 by the NAPF Congress.
- d. Elect / Appoint Championship Secretary [Vacant]
  - i. Jack Marcus as the nominated an elected as the NAPF Championship Secretary. Approved 11-0 by the NAPF Congress.
- e. Vote of Confidence for NAPF Administration
  - i. Unanimous 11-0; members were VERY pleased with current administration efforts in developing the NAPF.

**X. New Member Nations (21 Total Countries)**

- a. Cayman Islands
  - i. Accepted 11-0
- b. Trinidad & Tobago
  - i. Accepted 11-0
- c. Barbados
  - i. Accepted 11-0
- d. Nicaragua
  - i. Accepted 11-0
- e. Aruba
  - i. Accepted 11-0
- f. St. Vincent & The Grenadines
  - i. Accepted 11-0

**XI. Disciplinary**

- a. No disciplinary matters were placed onto the agenda or discussed.

**XII. Motions from the Floor**

- a. No Motions from the floor were presented.

**XIII. Acknowledgements**

- a. Special thanks go to Mr. Pete Alinez, President of Titan Support Systems and John Inzer, President of Inzer Advance Designs for their kind and generous financial support of the federation. Most notably Mr. Pete Alinez's financial gifts to the treasury in the amount of \$1000.00 and gift certificates to all of the new member federations of the NAPF. Special thanks are in order to Inzer Advance Designs for paying a portion of the UCLA doping fees for this year's NAPF Championship.

**XIV. Adjournment**

- a. NAPF Congress adjourned at 4:00pm.

**Delegates to IPF/NAPF Congress**

|                    |                     |   |
|--------------------|---------------------|---|
| Dr. Larry Maile    | President           | USA Powerlifting/NAPF                     |
| Robert Keller      | General Secretary   | North American Powerlifting Federation    |
| Nestor Gregory     | President           | Puerto Rico Powerlifting Federation       |
| Jeff Butt          | President           | Canadian Powerlifting Union               |
| Moses Barbour      | President           | Trinidad & Tobago Powerlifting Federation |
| Allen Chahin       | President           | Honduras Powerlifting Federation          |
| Saul Salazar       | President           | Colombian Powerlifting Federation         |
| Dr. H. Castellanos | Vice-president      | Guatemala Powerlifting Federation         |
| Johnny Graham      | Vice-president      | USA Powerlifting                          |
| Tiger Wilson       | Vice-president      | Cayman Islands Powerlifting Federation    |
| Patrick Bolens     | Executive Director  | El Salvador Powerlifting Federation       |
| Diana Chang        | General Secretary   | Trinidad & Tobago Powerlifting Federation |
| Mary Barbour       | Federation Official | Trinidad & Tobago Powerlifting Federation |
| Nina Miller        | General Secretary   | Bahamas Powerlifting Federation           |
| Dr. Bernie Miller  | Medical Officer     | International Powerlifting Federation     |
| Dr. Liz Contreras  | Team Physician      | Guatemala Powerlifting Federation         |

Signed, prepared and certified: July 01, 2005 – Miami, Florida

*Robert Keller*

Robert Keller  
General Secretary  
North American Powerlifting Federation