

**5th North American Powerlifting Federation Congress
Clarion Suites Hotel – Guatemala City, Guatemala
Wednesday, June 20, 2007 / 2:00 – 5:00 pm**

I. Call Meeting to Order

- a. Robert Keller, General Secretary of the NAPF called the meeting to order, with Dr. Maile presiding over the Congress.
- b. Mr. Wos Belle and his team of assistants served as the official translators for the congress and championship. All discussions at the congress were translated from English to Spanish.

II. Role Call of Voting Members & Delegates

- a. Aruba – Mr. William Woodley
- b. Bahamas – Not present
- c. British Virgin Islands – Mr. Enius Pickering
- d. Canada – Not Present
- e. Cayman Islands – Not present
- f. Costa Rica – Dr. Hugo Velasquez
- g. El Salvador – Alex Dimas and Carlos Recinos
- h. Guatemala – Mr. Edgar Galvez
- i. Honduras – Mr. Juan F. Sanedra
- j. Mexico – Mr. Gabriel Garcia
- k. Nicaragua – Not Present
- l. Puerto Rico – Mr. Nestor Gregory and Mr. Onix Rivera
- m. Trinidad & Tobago – Mr. Vasant Saith, Mr. Carlos Greene, Mr. Lawrence Belfon and Mr. Kerwyn Boyce.
- n. United States of America – Mr. Johnny Graham
- o. United States Virgin Islands – Mr. Robert Massey
- p. NAPF President – Dr. Larry Maile
- q. NAPF General Secretary – Mr. Robert Keller
- r. NAPF Technical Chairman – Mr. Bill Clayton

III. Approval of the Past Minutes

- a. Approve the 2006 Congress minutes -- Dorado, Puerto Rico [Passed 14-0].

IV. NAPF President's Address [Dr. Larry Maile]

- a. Welcomed everyone to the championship to the largest NAPF Championship ever.
- b. Thanked Sergio Castro, the Chief Executive of the Guatemala Sports Ministry, for his kind and generous support of the championship.
- c. Thanked Mr. Felix Bol for directing this year's championship.
- d. Thanked the member federations for their great support in developing the NAPF Region.
- e. Dr. Maile discussed the importance of member federations attending this year's IPF Congress as it is an election year.
- f. Encouraged more volunteers from the member federations to take part in the NAPF.

- g. As of June 01, 2006, the NAPF now lists twenty-three [23] countries as either permanent or provisional members of the NAPF. Welcomed the delegates from the British Virgin Islands Powerlifting Federation.

V. General Secretary Address [Robert Keller]

- a. Thanked the Guatemala Powerlifting Federation, the Ministry of Sport, and the National Olympic Committee of Guatemala for all of their hard work and preparation of this championship.
- b. Thanked Sergio Castro, the Chief Executive of the Guatemala Sports Ministry, and Felix Bol for their kind and generous hospitality.
- c. Thanked the following sponsors for their very kind and continued donations to the NAPF. Those sponsors being: Titan Support Systems, Inzer Advance Designs, Ivanko Barbell and ER Equipment. The logos for these sponsors will proudly be displayed on the NAPF webpage.
- d. The WADA – Anti-doping Seminar held earlier today was a great success with nearly 200 athletes, administrators, and officials attending, Special thanks to the Guatemala National Olympic Anti-doping Organization for attending and taking part in the seminar.
- e. Guatemala National Olympic Anti-doping Organization will be performing the collection of the samples of the championships this weekend.
- f. Costa Rica and Guatemala were accepted as full members at last year's IPF Congress in Stavanger, Norway.
- g. Aruba and the Virgin Islands will be presented to the IPF Congress as full members of the International Powerlifting Federation. Both have been accepted as full members of the NAPF. Aruba and the Virgin Islands have also paid the IPF Membership fee for 2007 and the U.S. Virgin Islands for 2006 as well.
- h. Most member federations ever to attend the congress and the most ever athletes will take part in the championships.

VI. NAPF Financial Report to June 01, 2007 -- [See attachment A]

- a. Auditor will be appointed to review finances and the end of each year, beginning December 01, 2007. Hereafter, the auditors Report will be finalized by the first of February of each year.

VII. Agenda Items

- a. Central American & Caribbean Games [Gregory/Keller]
 - i. On behalf of the NAPF, the Puerto Rico Powerlifting Federation made application to the 21st IOC Central America and Caribbean Games. The Central American and Caribbean Games will be held in the city of Mayaguez, Puerto Rico during August 2010.
 - ii. Special thanks to Nestor Gregory, President of the Puerto Rico Powerlifting Federation for spearheading this effort.
 - iii. Central American & Caribbean Games is recognized by the IOC.
 - iv. The event will be directed by the Puerto Rico Powerlifting Federation, the NAPF, Puerto Rico Ministry of Sport, and the Puerto Rico Olympic Committee.
- b. CAC Games Conference – Fall2007 or Winter 2008 [Keller]
 - i. Robert Keller will coordinate with Nestor Gregory and the Puerto Rico Olympic Committee.

- ii. All NAPF member federations will be requested to take part and attend this meeting.
- c. Youth Development [Maile/Keller]
 - i. In accordance to the IOC Charter, allow and encourage IPF member federations to pursue youth development clinics, contests, seminars, demonstrations and programs. [Passed 11-3]
- d. IPF Membership Dues [Keller]
 - i. All full members of the NAPF are required to pay the fee.
 - ii. Thank you for paying the membership dues on a timely and consistent basis.
- e. NAPF Membership Dues [Keller]
 - i. Member federations of the NAPF are paying this fee on time and it is greatly appreciated.
- f. NAPF Member Federation National Championships [Maile/Keller]
 - i. As discussed in years past, it is important that member federations direct a national championship, so as to begin to develop their programs.
- g. NAPF Member Federation Sanction Fees for Championships [Keller]
 - i. As a reminder, the NAPF Sanction Fee will be paid by the federation at the end of the championship. A contract for all NAPF Championships will be instituted for 2008.
- h. NAPF Member Federation Constitutions [Keller]
 - i. If you have not already done so, please forward a copy of your constitution and the IOC Questionnaire to the NAPF Office.
- i. Review of WADA Code – Standards and Guidelines [Maile/Keller]
 - i. The WADA – Anti-doping Seminar held earlier today was a great success with nearly 150 athletes, administrators, and officials attending, Special thanks to the Guatemala National Olympic Anti-doping Organization for attending and taking part in the seminar.
 - ii. This is the first ever IPF Regional Seminar for Anti-doping.
 - iii. Guatemala National Olympic Anti-doping Organization will be performing the collection of the samples of the championships this weekend.
 - iv. Special thanks to the IPF Executive for the payment of the drug-tests for this year' NAPF Regional Bench Press and Powerlifting Championships.
- j. NAPF Hall of Fame [Maile/Keller]
 - i. Voted in and accepted by the Congress [14-0]
 - ii. Criteria will be posted onto the NAPF Hall of Fame.
 - iii. Nestor Gregory, Giselle Costas, Priscilla Ribic, Brad Gillingham and Fernando Baez were recognized as the first inductees into the NAPF Hall of Fame. Recipients will be placed onto the NAPF Hall of Fame.
- k. Creation of NAPF Records and Certificates [Keller]
 - i. A certificate template was created last year.
 - ii. Cost for each certificate is: \$5.00 to cover supplies, printing and postage.
 - iii. Several certificates were ordered and distributed to NAPF lifters last year.
- l. 2009 World Games Selection Guidelines [Maile]
 - i. Selections will be made from the 2008 World and Regional Championships.

- m. IPF Code of Conduct [Keller/Maile]
 - i. Develop, adopt and implement an IPF Code of Ethics, modeled after the IOC Code of Ethics.
 - ii. Rationale: As an emerging and future IOC recognized sport, it will be essential and important for the IPF to play a significant role in the direction of powerlifting world-wide. As part of this development, a set of [core values] must be constituted that focuses on dignity, integrity, and respect for member federations officials, athletes, coaches, and referees. The IOC Code of Ethics shall provide the IPF with a framework of conduct for appropriate professional standards, laws, regulations and internal policies, and most importantly behavior guidelines for officers of the IPF, and leaders of our regional and member federations. [Passed 14-0]
- n. Federation Webpage [Keller]
 - i. All member federations of the NAPF are encouraged to develop a webpage.

VIII. IPF/NAPF Calendar of Events

- a. 2007 Championship of the Caribbean Islands
 - i. Oranjestad, Aruba – Contest was very well directed by Mr. William Woodley, of the Aruba Powerlifting Federation.
- b. 2007 North American Regional Powerlifting
 - i. Guatemala City, Guatemala - Championship was very well directed by the Guatemala Powerlifting Federation.
- c. 2007 Pan-Am Powerlifting Championships
 - i. San Paulo, Brazil [August 7-11, 2007] – All member federations of the NAPF are encouraged to support this championship.
- d. 2007 North American Regional Bench Press
 - i. Initially awarded to San Jose Costa Rica, moved to Oranjestad, Aruba.
 - ii. Costa Rica will direct 2008 NAPF Bench Press Championships instead of Oranjestad, Aruba.
- e. 2008 North American Regional Powerlifting
 - i. Originally awarded to Trinidad & Tobago. However, on October 01, 2007, the bid was rescinded by the TT Powerlifting Federation.
 - ii. Due to the short notice of location of assigning the competition, the NAPF Executive assigned it to Oranjestad, Aruba.
 - iii. Will be directed on June 18 – 21, 2008.
- f. 2008 North American Regional Bench Press
 - i. Championship will take place in San Jose, Costa Rica during October 2008.
- g. 2009 North American Regional Powerlifting
 - i. Originally awarded to Mexico City, Mexico
 - ii. Moved to Guatemala City, Guatemala to be directed in conjunction with the 2009 NAPF/FESUPO Pan-American Powerlifting Championships.
- h. 2009 Pan-American Powerlifting Championships
 - i. Championships is confirmed for Guatemala City, Guatemala
- i. 2009 North American Regional Bench Press
 - i. Championship moved from Mexico City to Acapulco
- j. 2010 Central American & Caribbean Games – Puerto Rico
 - i. See Paragraph XII a.b. of this report.

- IX. Bids for Future Championships
 - a. 2008 Championship of the Caribbean Islands
 - i. Awarded to Charlotte Amalie, US Virgin Islands
 - ii. Competition will take place on March 14-16, 2008.
 - b. 2009 Championship of the Caribbean Islands
 - i. Awarded to George Town, Grand Cayman. Cayman Islands.
 - c. 2010 Championship of the Caribbean Islands
 - i. Currently Bid remains Open
 - ii. Port of Spain, Trinidad & Tobago a potential location.
 - d. 2010 North American Regional Powerlifting
 - i. Awarded to Oranjestad, Aruba
 - 1. Revised after 2007 Pan-American Championships and awarded to Acapulco, Mexico.
 - e. 2010 North American Regional Bench Press
 - i. Awarded to San Juan, Puerto Rico
- X. NAPF Appointments
 - a. Media Representative
 - i. Mr. Wos Belle of the Guatemala Federation will become our new media officer. [Accepted by Congress 14-0]
 - b. Efforts again, during 2008 will be to establish a quarterly newsletter.
 - i. Pending
- XI. New Member Federations
 - a. Belize [Accepted by Congress 14-0]
 - b. British Virgin Islands [Accepted by Congress 14-0]
- XII. Disciplinary
 - a. Nothing to report.
- XIII. Motions from the Floor/New Business
 - a. No motions were brought to the congress floor.
- XIV. Adjournment
 - a. At the conclusion of the meeting, Mr. Wos Belle was commended and thanked by the delegates for his outstanding job in translating the comments and discussion points. The 5th NAPF Congress adjourned with a big round of applause at 5:15pm.

Signed, prepared and certified: October 01, 2007 – Miami, Florida

Robert Keller

**Robert Keller
General Secretary
North American Powerlifting Federation**