

North America Powerlifting Federation
7th Caribbean Islands Powerlifting Championships, USA, Orlando, Fla, 01-06.07.2013
Nominations on 25 of June 2013

Name/Firstname/B.Year	Nation	Squat	Bench press	Dead lift	Sum	Total
Open						
- 59 kg						
1 Cancel Iván /82	Puerto Rico	232.5	155.0	212.5	600.0	600.0
2 Avilés Jesús /93	Puerto Rico	180.0	120.0	170.0	470.0	470.0
- 66 kg						
1 Rahim Vijai /91	Guyana	245.0	125.0	250.0	620.0	620.0
2 Rodríguez Cruz /53	Puerto Rico	212.5	145.0	200.0	557.5	557.5
3 Mathura Brandon /93	Trinidad and Tobago	132.5	82.5	155.0	370.0	370.0
- 74 kg						
1 Stoby Winston /59	Guyana	255.0	140.0	272.5	667.5	667.5
2 Adams Paul /86	Guyana	230.0	137.5	230.0	597.5	597.5
3 Melendez Carlo /83	Puerto Rico	185.0	180.0	190.0	555.0	560.0
4 Jack Michael /91	Trinidad and Tobago	142.5	105.0	187.5	435.0	435.0
- 83 kg						
1 Morgan Randolph /78	Guyana	300.0	220.0	330.0	850.0	850.0
2 Thomas Anis Ade /89	Guyana	265.0	132.5	295.0	692.5	692.5
3 Donastorg Lorenzo /83	United States Virgin Island	185.0	142.5	205.0	532.5	532.5
- 93 kg						
1 Burgos Ramon /87	Puerto Rico	320.0	180.0	337.5	837.5	837.5
2 Johnson Mark /75	Trinidad and Tobago	237.5	142.5	260.5	640.5	640.5
3 Walker Ronald /59	United States Virgin Island	165.0	130.0	227.5	522.5	522.5
- 105 kg						
1 Brown Adrian /75	Trinidad and Tobago	310.0	195.0	310.0	815.0	815.0
2 Mars Karel /79	Guyana	327.5	200.0	282.5	810.0	810.0
3 Gonzalez Antonio /71	Puerto Rico	325.0	200.0	280.0	805.0	805.0
4 Plaskett Christian /67	United States Virgin Island	192.5	95.0	195.0	482.5	582.5
- 120 kg						
1 Edwards John /67	Guyana	325.0	200.0	275.0	800.0	800.0
2 Chesney Colin /74	Guyana	292.5	182.5	285.0	760.0	760.0
120+ kg						
1 Schouten William /75	United States Virgin Island	422.5	240.0	320.0	982.5	982.5
2 Nieves Lazaro /77	Puerto Rico	317.5	235.0	317.5	870.0	870.0
3 Greene Carlos /68	Trinidad and Tobago	255.0	190.0	275.0	720.0	720.0

In the Competitions were participating 24 lifters