

North American Powerlifting Federation  
 5th NAPF / FESUPO Pan-American Regional Bench Press Championships  
 Mexico, Acapulco, 20-23.11.2014  
 Nominations on 05th of October 2014

## Panamerican Championship Nominations

Name/Firstname/B.Year	Nation	Benchpress
<b>Open</b>		
<b>- 59 kg</b>		
1 Cancel Iván /82	Puerto Rico	163.5
2 Garcia Trelles Neil /73	Peru	160.0
R. Avilés Jesús /93	Puerto Rico	152.5
<b>- 66 kg</b>		
1 Nguyen Kenny /94	United States of America	212.5
2 Rodriguez Cruz /59	Puerto Rico	157.5
3 Lopez Oscar /77	Mexico	145.0
4 Sakamoto Haroldo /83	Brazil	140.0
<b>- 74 kg</b>		
1 Melendez Carlo /83	Puerto Rico	185.0
2 Salgado David /74	Mexico	157.5
<b>- 83 kg</b>		
1 Narolskyy Volodymyr /77	United States of America	250.0
2 Cencich Thomas /60	United States of America	210.0
3 Tapia Luis /68	Puerto Rico	195.0
4 Quintín Israel /75	Mexico	150.0
5 Rocha Luis /88	United States of America	132.5
<b>- 93 kg</b>		
1 Pena Richard /94	United States of America	215.0
2 Clay John /80	United States of America	192.5
3 Gonzalez Joel /87	Puerto Rico	190.0
4 Manzano Adir /78	Mexico	185.0
5 Santos Gerardo /87	Mexico	170.0
6 Sinclair Chad /91	Canada	160.0
7 Ramirez Vindas Kevin /90	Costa Rica	—
<b>- 105 kg</b>		
1 Pardo Ildelfonso /73	Mexico	245.0
2 Campos Carlos Manuel /79	Costa Rica	230.0
R. Blás Orlando /69	Puerto Rico	197.5
3 Fernandez Barrantes Michael /82	Costa Rica	180.0
4 Muñoz David /85	Mexico	170.0
<b>- 120 kg</b>		
GL Hirvonen Marcus /76	Sweden	302.5
1 Orantes Gabriel /82	Mexico	260.0
2 Zaccarias Joao Carlos /68	Brazil	200.0
3 Pessoa Edmur /67	Brazil	200.0
4 Brenes Aguilar Jonathan /78	Costa Rica	—
<b>120+ kg</b>		
1 Sumner Blaine /87	United States of America	380.5
2 Nieves Lazaro /77	Puerto Rico	270.0
3 Leite Eumenes /72	Brazil	210.0
4 Matarrita Montenegro Victor /79	Costa Rica	135.0

**In the Competitions were participating 33 lifters and 1 Guest Lifter ( In reserve there are 2 lifters )**

**Subjuniors**

**- 83 kg**

1 Marin Irving /97 Mexico 132.5

**- 93 kg**

1 Quiñones Cesar /96 Mexico 182.5

**In the Competitions were participating 2 lifters**

**Juniors**

**- 59 kg**

R. Avilés Jesús /93 Puerto Rico 152.5

**- 66 kg**

1 Nguyen Kenny /94 United States of America 212.5

2 Pichardo Jonathan /94 Mexico 125.0

**- 74 kg**

1 Fonseca Lopez Jorge Alonso /95 Costa Rica 110.0

**- 83 kg**

1 Rojas Grijalba Johnny /94 Costa Rica 130.0

**- 93 kg**

1 Pena Richard /94 United States of America 215.0

2 Macias Guillermo /91 Mexico 147.5

3 Lara Francisco /95 Mexico 117.5

**In the Competitions were participating 7 lifters ( In reserve there is 1 lifter )**

**Masters 1**

**- 59 kg**

1 Garcia Trelles Neil /73 Peru 160.0

**- 74 kg**

1 Salgado David /74 Mexico 157.5

2 You Bill /69 Canada 140.0

**- 83 kg**

1 Tapia Luis /68 Puerto Rico 195.0

**- 105 kg**

1 Pardo Ildelfonso /73 Mexico 245.0

R. Blás Orlando /69 Puerto Rico 197.5

2 Rodriguez Enrique /73 Mexico 180.0

**- 120 kg**

1 Zaccarias Joao Carlos /68 Brazil 200.0

2 Pessoa Edmur /67 Brazil 200.0

3 Matus Carlos /71 Mexico 175.0

**120+ kg**

1 Leite Eumenes /72 Brazil 210.0

2 Cardona Victor /67 Mexico 150.0

**In the Competitions were participating 11 lifters ( In reserve there are 1 lifter )**

**Masters 2**

**- 66 kg**

1 Rodriguez Cruz /59 Puerto Rico 157.5

2 Mejia Oscar /64	Mexico	120.0
<b>- 83 kg</b>		
1 Cencich Thomas /60	United States of America	210.0
2 Rojas Luis /61	Costa Rica	150.0

In the Competitions were participating 4 lifters

### Masters 3

<b>- 66 kg</b>		
1 Zwick Ivan /39	United States of America	125.0
<b>- 93 kg</b>		
1 Harms Steve /52	United States of America	190.0
<b>- 105 kg</b>		
1 Helmich Bill /42	United States of America	150.0
<b>- 120 kg</b>		
1 Crawford Robert /51	United States of America	200.0

In the Competitions were participating 4 lifters

## Classic Championship Nominations

Name/Firstname/B.Year	Nation	Benchpress
<b>Open</b>		
<b>- 59 kg</b>		
1 Garcia Trelles Neil /73	Peru	152.5
2 Tatsumi Mel /48	United States of America	72.5
3 Acosta Miranda Jose Pablo /76	Costa Rica	—
<b>- 66 kg</b>		
1 Sakamoto Haroldo /83	Brazil	140.0
2 Rodriguez Cruz /59	Puerto Rico	125.0
3 De La Torre Alberto /90	Mexico	95.0
<b>- 74 kg</b>		
1 Kaiser Gary /60	United States of America	140.0
2 Antonio Victor /92	Mexico	135.0
3 Moreno Abelardo /73	Mexico	125.0
<b>- 83 kg</b>		
1 Barrera Héctor /76	Mexico	157.5
2 Moreno Ernesto /77	Mexico	110.0
<b>- 93 kg</b>		
1 McClain LS /78	United States of America	212.5
2 Janusz Thomas /86	United States of America	197.5
3 Mercado Alejandro /60	Mexico	150.0
<b>- 120 kg</b>		
1 Zaccarias Joao Carlos /68	Brazil	200.0
2 Pessoa Edmur /67	Brazil	200.0
3 Shadyun Serhey /57	United States of America	187.5
4 Ramirez Jonathan /79	Mexico	170.0
<b>120+ kg</b>		
1 Leite Eumenes /72	Brazil	210.0
2 Free Jorge /80	Mexico	170.0

In the Competitions were participating 20 lifters

**Juniors****- 74 kg**

1 Ramirez Diego /91	Mexico	105.0
2 Martinez Marcos /94	Mexico	80.0

**In the Competitions were participating 2 lifters**

**Masters 1****- 93 kg**

1 Cieri Dennis /68	United States of America	232.5
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**In the Competitions were participating 1 lifters**

**Masters 2****- 66 kg**

1 Rodriguez Cruz /59	Puerto Rico	125.0
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**- 74 kg**

1 Kaiser Gary /60	United States of America	140.0
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**- 93 kg**

1 Sturman Howard /58	United States of America	165.0
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**- 120 kg**

1 Shadyun Serhey /57	United States of America	187.5
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**In the Competitions were participating 4 lifters**

**Masters 3****- 59 kg**

1 Tatsumi Mel /48	United States of America	72.5
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**- 93 kg**

1 Moore John /37	United States of America	115.0
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**In the Competitions were participating 2 lifters**







