

North American Powerlifting Federation
10th Annual NAPF North American Regional Bench Press Championships
Puerto Rico, Ponce, 19-22.11.2015
Nominations on 01st of November 2015

	Name/Firstname/B.Year	Nation	Benchpress
- 59 kg			
	1 Cancel Iván /82	Puerto Rico	162.5
- 66 kg			
	1 Rodriguez Cruz /59	Puerto Rico	157.5
- 74 kg			
	1 Serrano Christian /95	Puerto Rico	160.0
	2 Rios Leonardo /81	Puerto Rico	155.0
	3 Mejia Alvaro Mauricio /81	Costa Rica	150.0
- 83 kg			
	1 Kipp Wesley /62	United States of America	212.5
	2 Rojas Luis /61	Costa Rica	140.0
	3 Santiago Héctor /72	Puerto Rico	135.0
	4 Fonseca Lopez Jorge Alonso /95	Costa Rica	130.0
- 93 kg			
	1 Cencich Thomas /60	United States of America	215.0
	2 Matarrita Cristian /84	Costa Rica	162.5
- 105 kg			
	1 Wilson Don /68	United States of America	220.0
	2 Fernandez Barrantes Michael /82	Costa Rica	200.0
	3 Campos Carlos Manuel /79	Costa Rica	192.5
	4 Hernández Brian J. /97	Puerto Rico	140.0
- 120 kg			
	1 Rivera Carlos /82	Puerto Rico	285.0
	2 Gill Ryan /76	United States of America	262.5
	3 Shadyun Serhey /57	United States of America	182.5
120+ kg			
	1 Matarrita Montenegro Victor /79	Costa Rica	210.0
	2 Sanchez Angel /76	Puerto Rico	210.0

In the Competitions were participating 20 lifters

Subjuniors

Group A - 53kg to 83kg

	1 Rodriguez Obryan /97	Puerto Rico	130.0
	2 Crespo Eliot /98	Puerto Rico	100.0
	3 Rodríguez Angel /97	Puerto Rico	72.5

Group B - 93kg to 120+kg

	1 Hernández Brian J. /97	Puerto Rico	140.0
	2 Correa Michael J. /97	Puerto Rico	132.5

In the Competitions were participating 5 lifters

Juniors

	1 Serrano Christian /95	Puerto Rico	160.0
	2 Fonseca Lopez Jorge Alonso /95	Costa Rica	130.0

In the Competitions were participating 2 lifters

Masters 1**Group A - 59kg - 105kg**

1 Santiago Héctor /72	Puerto Rico	135.0
2 Wilson Don /68	United States of America	220.0

Group B - 120kg - 120+kg

1 Rodríguez Antonio P. /68	Puerto Rico	220.5
2 Alvarado Alex /74	Puerto Rico	200.5

In the Competitions were participating 4 lifters

Masters 2**Group A - 59kg - 83kg**

1 Kipp Wesley /62	United States of America	212.5
2 Rodriguez Cruz /59	Puerto Rico	157.5
3 Rojas Luis /61	Costa Rica	140.0

Group B - 93kg - 120+kg

1 Cencich Thomas /60	United States of America	215.0
2 Shadyun Serhey /57	United States of America	182.5

In the Competitions were participating 5 lifters

Masters 3

1 Torres Isidro C. /53	Puerto Rico	120.0
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In the Competitions were participating 1 lifters

North American Powerlifting Federation

10th Annual NAPF North American Regional Bench Press Classic Championships,

Puerto Rico, Ponce, 19-22.11.2015

Nominations on 01st of November 2015

	Name/Firstname/B.Year	Nation	Benchpress
- 59 kg			
	1 DeCarlo Michael /72	United States of America	105.0
	2 Cotte Doel /81	Puerto Rico	92.2
	3 Tatsumi Mel /48	United States of America	72.5
- 66 kg			
	1 Díaz Raymond /85	Puerto Rico	125.0
	2 Cuevas Kristian /92	Puerto Rico	80.0
	3 Friel Ben /00	United States of America	72.5
- 83 kg			
	1 Settles Thomas M. /44	United States of America	137.5
	2 Viera Nelson /91	Puerto Rico	135.0
	3 Lara Francisco /79	Costa Rica	130.0
	4 Penner Samuel /30	United States of America	83.0
- 93 kg			
	1 Cieri Dennis /68	United States of America	233.0
	2 McClain LS /78	United States of America	220.0
	3 Ramirez Vindas Kevin /90	Costa Rica	150.0
	4 Lopez Prendas Adrian /93	Costa Rica	140.0

- 105 kg

1 Gehrt Roger Kevin /64	United States of America	167.5
2 Campos Carlos Manuel /79	Costa Rica	160.0
3 Padilla Luis A. /94	Puerto Rico	142.5
4 Moore John /37	United States of America	120.0

- 120 kg

1 Ramirez Jonathan /79	Mexico	170.0
2 Melendez Angel /91	Puerto Rico	145.0

120+ kg

1 Méndez Gabriel /89	Puerto Rico	192.5
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In the Competitions were participating 21 lifters

Subjuniors**Group A - 53kg - 59kg**

1 Crespo Germán /98	Puerto Rico	45.0
2 Torres Javier /99	Puerto Rico	45.0

Group B - 66kg - 83kg

1 Echevarría Wilarmando /97	Puerto Rico	75.0
2 Friel Ben /00	United States of America	72.5

In the Competitions were participating 4 lifters

Juniors**Group A - 53kg - 83kg**

1 Torres Jesús /95	Puerto Rico	92.5
2 Cuevas Kristian /92	Puerto Rico	80.0

Group B - 93kg - 120+kg

1 Padilla Luis A. /94	Puerto Rico	142.5
2 Lopez Prendas Adrian /93	Costa Rica	140.0

In the Competitions were participating 4 lifters

Masters 1

1 Cieri Dennis /68	United States of America	233.0
2 DeCarlo Michael /72	United States of America	105.0

In the Competitions were participating 2 lifters

Masters 2

1 Gehrt Roger Kevin /64	United States of America	167.5
2 Rojas Luis /61	Costa Rica	120.0
3 Torres Anthony /64	Puerto Rico	70.0
4 Bairon Guillermo /61	Puerto Rico	80.0

In the Competitions were participating 4 lifters

Masters 3

1 Tatsumi Mel /48	United States of America	72.5
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In the Competitions were participating 1 lifter

Masters 4

- 1 Settles Thomas M. /44
- 2 Moore John /37
- 3 Penner Samuel /30

United States of America	137.5
United States of America	120.0
United States of America	83.0

In the Competitions were participating 3 lifters

Referees

I Robert Keller	United States of America	All Except women 63kg
I Bill Clayton	United States of America	All (Jury)
I Elliot Feldman	United States of America	All
I Onix Rivera	Puerto Rico	All (Jury)
I Joan Baez	Puerto Rico	All
II Alex Alvarado	Puerto Rico	All
II Robert Massey	US Virgin Islands	All