

20-NOV-15

10th Annual NAPF North American Regional Bench Press Championships

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Bench Press Results Name	Team	Div	Bwt (kg)	WtCls (kg)	lot#	Wilks Coeff	YOB	BP-1	BP-2	BP-3	(1) Best BP	(2) Wilks Pts	Pl-Div- WtCls-Evt
Masters 2 Classic													
Lynne Renshaw	USA	F-MCI	66.7	72	25	1.02939999	1956	70	75	77.5	77.5	79.778	1-F-MCI-BP
Sherry Weaver	USA	F-MCI	112.1	84+	12	0.80989999	1964	62.5	70	77.5	77.5	62.767	2-F-MCI-BP
Rosa Taveras	PUR	F-MCI	80.2	84	7	0.91369998	1961	47.5	52.5	-55	52.5	47.969	3-F-MCI-BP
Junior Classic													
Valeria Pacheco	PUR	F-JCI	59.1	63	20	1.12810004	1997	-50	55	-70	55	62.046	1-F-JCI-BP
Sub-junior Classic													
Andrea Flores	PUR	F-SjCI	62.2	63	18	1.08440006	1999	42.5	47.5	-52.5	47.5	51.509	1-F-SjCI-BP
Open Classic - 52 kg													
Adriana Moreno	CRC	F-Ocl	51.4	52	8	1.25779998	1976	55	60	62.5	62.5	78.612	1-F-Ocl-52-BP
Katty Navarro	CRC	F-Ocl	51.2	52	9	1.26160002	1983	25	27.5	-30	27.5	34.694	2-F-Ocl-52-BP
Open Classic - 57 kg													
Kimberly Muñiz	USA	F-Ocl	55.3	57	12	1.18830001	1979	70	75	-77.5	75	89.123	1-F-Ocl-57-BP
Karen Backenstose	USA	F-Ocl	56.2	57	14	1.17330003	1976	57.5	62.5	-67.5	62.5	73.331	2-F-Ocl-57-BP
Open Classic - 63 kg													
Karina Campos Murillo	CRC	F-Ocl	61.7	63	19	1.09109998	1978	70	-75	75	75	81.832	1-F-Ocl-63-BP
Valeria Pacheco	PUR	F-Ocl	59.1	63	20	1.12810004	1997	-50	55	-70	55	62.046	2-F-Ocl-63-BP
Andrea Flores	PUR	F-Ocl	62.2	63	18	1.08440006	1999	42.5	47.5	-52.5	47.5	51.509	3-F-Ocl-63-BP
Open Classic - 72 kg													
Ericka Cespedes Marozzi	CRC	F-Ocl	70.2	72	24	0.99290001	1984	72.5	77.5	80	80	79.432	1-F-Ocl-72-BP
Open Classic - 84 kg													
Marjorie Mesen Porras	CRC	F-Ocl	82.3	84	6	0.90109998	1986	72.5	77.5	80	80	72.088	1-F-Ocl-84-BP
Mariel Mercado	PUR	F-Ocl	74.3	84	4	0.95630002	1980	70	75	-77.5	75	71.723	2-F-Ocl-84-BP
Rosa Taveras	PUR	F-Ocl	80.2	84	7	0.91369998	1961	47.5	52.5	-55	52.5	47.969	3-F-Ocl-84-BP

Side Referee: Alex Alvarado

Chief Referee: Don McElarvy

Side Referee: Robert Massey

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Masters 3&4 Equipped													
Helen White	USA	F-M	61.5	63	21	1.09389997	1945	65	70	-75	70	76.573	1-F-M-BP
Norma Rodriguez	PUR	F-M	50	52	7	1.28460002	1949	37.5	42.5	45	45	57.807	2-F-M-BP
Master 1 Equipped													
Norma Nieves	PUR	F-M	81.8	84	5	0.90399998	1970	125	130	135	135	122.040	1-F-M-BP
Junior Equipped													
Kristzia Nieves	PUR	F-J	64	72	27	1.06130004	1996	70	-75.5	-75.5	70	74.291	1-F-J-BP
Open Equipped - 47 kg													
Maria Luisa Vasquez Sique	PUR	F-O	46.8	47	4	1.34899998	1983	93	97.5	-100.5	97.5	131.527	1-F-O-47-BP
Open Equipped - 52 kg													
Adriana Moreno	CRC	F-O	51.4	52	8	1.25779998	1976	55	60	62.5	62.5	78.612	1-F-O-52-BP
Norma Rodriguez	PUR	F-O	50	52	7	1.28460002	1949	37.5	42.5	45	45	57.807	2-F-O-52-BP
Open Equipped - 57 kg													
Mariselys Chaparro	PUR	F-O	56.4	57	13	1.17009997	1989	85	90	92.5	92.5	108.234	1-F-O-57-BP
Open Equipped - 63 kg													
Nora Montilla	CRC	F-O	62	63	17	1.08710003	1977	35	55	57.5	57.5	62.508	1-F-O-63-BP
Open Equipped - 72 kg													
Ericka Cespedes Marozzi	CRC	F-O	70.2	72	24	0.99290001	1984	72.5	77.5	80	80	79.432	1-F-O-72-BP
Kristzia Nieves	PUR	F-O	64	72	27	1.06130004	1996	70	-75.5	-75.5	70	74.291	2-F-O-72-BP
Open Equipped - 84 kg													
Norma Nieves	PUR	F-O	81.8	84	5	0.90399998	1970	125	130	135	135	122.040	1-F-O-84-BP
Marjorie Mesen Porras	CRC	F-O	82.3	84	6	0.90109998	1986	72.5	77.5	80	80	72.088	2-F-O-84-BP
Open Equipped - 84+ kg													
Joan Baez	PUR	F-O	100.6	84+	11	0.83109999	1986	-117.5	122.5	130	130	108.043	1-F-O-84+-BP

Best Lifters Awards			
Name	Div	Team	Wilks Pts
Valeria Pacheco	Classic Junior	PUR	62.046
Lynne Renshaw	Classic Master	USA	79.778
Kimberly Muñiz	Classic Open	USA	89.123
Kristzia Nieves	Equipped Junior	PUR	74.291
Norma Nieves	Equipped Master	PUR	122.040
Maria Luisa Vasquez Sique	Equipped Open	PUR	131.527

Team Awards					
Open Classic			Open Equipped		
Team	Position	Points	Team	Position	Points
CRC	1	57=12+12+12+12+9	PUR	1	57=12+12+12+12+9
PUR	2	34=9+9+8+8	CRC	2	45=12+12+12+9
USA	3	21=12+9			

Countries	
CRC	Costa Rica
PUR	Puerto Rico
USA	United States of America

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