

17th Annual IPF/NAPF North American Regional Powerlifting Championship
August 5-10, 2019 – San Jose, Costa Rica
Final Nominations – July 05, 2019

North American Championship Raw / Classic Divisions

	Last, First Name / YOB	SQ	BP	DL	Total
Women Classic Open					
47 kg					
1	LEUNG, TIFFANY / 1991 / UNITED STATES OF AMERICA	122.5	60	145	327.5
2	ESPINOSA, KARLA / 1984 / MEXICO	115	57	135	307.5
3	MORENO, ANA GABRIELA / 1992 / NICARAGUA	100	50	120	270
52 kg					
1	ARIAS, AURORA / 1997 / COSTA RICA	130	65	127.5	322.5
2	GONZALEZ, ADRIANA / 1983 / MEXICO	115	62	145	322.5
3	FALCON, ALINE / 1990 / MEXICO	115	55	142.5	312.5
57 kg					
1	EARL, STEPHANIE / 1993 / CANADA	125	85	147.5	357.5
2	HALCOVITCH, JESSICA / 1988 / CANADA	130	75	137.5	342.5
3	RODRIGUEZ, KARLA / 1992 / COSTA RICA	125	55	145.5	325.5
4	MORENO, ADRIANA / 1976 / COSTA RICA	125	65	130.5	320.5
63 kg					
1	SCHWABE, MIRIAM / 1991 / CANADA	135	80	152.5	367.5
2	TRAN, CAROLYN / 1983 / CANADA	130	80	152.5	362.5
3	SOBERANIS, JANNIN / 1987 / MEXICO	142.5	65	150	357.5
4	JIMENEZ, MARLEN / 1978 / U.S. VIRGIN ISLANDS	87.5	52.5	115	255
72 kg					
1	CASTRO, CHRISTINE / 1992 / CANADA	180	85	202.5	467.5
2	PEREZ, AURORA / 1985 / MEXICO	165	90	195	450
3	LARA, KIMBERLY / 1996 / COSTA RICA	155	95	170	420
4	TODMAN, DANIELLE / 1984 / U.S. VIRGIN ISLANDS	137.5	87.5	190	415
5	PIETROWICZ, JESSICA / 1985 / UNITED STATES OF AMERICA	145	75	182.5	402.5
84 kg					
1	GRZYBOWSKI, RASHENNA / 1995 / CANADA	160	82.5	190	432.5
2	QUIROS, RAQUEL / 1985 / COSTA RICA	142.5	75	160	390
3	GALLEGOS, DANIELA / 2000 / MEXICO	140	75	165	380
4	RAMOS, SONIA / 1970 / MEXICO	135	55	147.5	337.5
84+ kg					
1	BRENNER, SARAH / 1990 / UNITED STATES OF AMERICA	237.5	105	250.5	593
2	BELANGER, EMILIE / 1987 / CANADA	185	100	217.5	502.5
3	THORNE, CHRISTINE / 1991 / CANADA	177.5	102.5	195	475

There are 26 lifters nominated

Women Classic Sub Junior

47 kg

1 BROOKESHIRE, ANGELA / 2002 / UNITED STATES OF AMERICA 95 60 127.5 282.5

52 kg

1 TRAN, LILY / 2001 / UNITED STATES OF AMERICA 117.5 50 132.5 300

63 kg

1 RAMIREZ, REBECA / 2001 / COSTA RICA 90 47.5 122.5 260

72 kg

1 NOLTE, SOMER / 2002 / UNITED STATES OF AMERICA 130 75 145 350

84+ kg

1 GREER, JASMINE / 2002 / UNITED STATES OF AMERICA 162.5 82.5 210 455

2 GUERRA, ARIANA / 2002 / UNITED STATES OF AMERICA 162.5 62.5 157.5 385

There are 6 lifters nominated

Women Classic Junior

47 kg

1 HARRIS, IMANI / 1997 / UNITED STATES OF AMERICA 110 47.5 130 277.5

52 kg

1 LAPIERRE, TORI / 2000 / CANADA 130 80.5 127.5 338

2 ARIAS, AURORA / 1997 / COSTA RICA 130 65 127.5 322.5

57 kg

1 BARQUERO, EIMY / 1998 / COSTA RICA 120 60 132.5 312.5

2 CORMIER, VERONIQUE / 1998 / CANADA 112.5 62.5 137.5 312.5

63 kg

1 ARMSTEAD, KIRSTIE / 1996 / CANADA 145 80 167.5 397.5

72 kg

1 LARA, KIMBERLY / 1996 / COSTA RICA 155 95 170 420

2 RABAH, GINANN / 1996 / CANADA 155 90 152.5 397.5

3 VARILLAS, MODESTA / 1998 / MEXICO 153 78.5 151 383

84 kg

1 GALLEGOS, DANIELA / 2000 / MEXICO 140 75 165 380

84+ kg

1 LESCHINSKY, ABBIE / 1997 / UNITED STATES OF AMERICA 175 102.5 192.5 470

There are 11 lifters nominated

Women Classic Masters I

57 kg

1 MORENO, ADRIANA / 1976 / COSTA RICA 125 65 130.5 320.5

63 kg

1 ROSEMAN, LAUREN / 1979 / UNITED STATES OF AMERICA 140 85 162.5 387.5

2 JIMENEZ, MARLEN / 1978 / U.S. VIRGIN ISLANDS 87.5 52.5 115 255

72 kg

1 IANNOTTA, JOAH / 1973 / UNITED STATES OF AMERICA 132.5 97.5 177.5 407.5

84 kg

1 RAMOS, SONIA / 1970 / MEXICO

135 55 147.5 337.5

There are 5 lifters nominated**Women Classic Masters II****47 kg**

1 MURPHY, SHYAMI / 1966 / UNITED STATES OF AMERICA

100 47.5 117.5 265

52 kg

1 SCHRAFT, HEIDI / 1961 / CANADA

70 55 100 225

84 kg

1 MARTINO TRUBITS, GINA / 1966 / UNITED STATES OF AMERICA

110 60 125 295

There are 3 lifters nominated**Women Classic Masters III****57 kg**

1 WILLIAMS, NANCY / 1956 / UNITED STATES OF AMERICA

62.5 40 90 192.5

63 kg

1 WHITMARSH, ANN / 1953 / UNITED STATES OF AMERICA

77.5 35 92.5 205

84 kg

1 MCLAUGHLIN, JILL / 1952 / UNITED STATES OF AMERICA

82.5 62.5 125 272.5

There are 3 lifters nominated**Women Classic Masters IV****47 kg**

1 ELWYN, SUSAN / 1947 / UNITED STATES OF AMERICA

70 35 120.5 225.5

52 kg

1 JOHNSON, DENISE / 1947 / UNITED STATES OF AMERICA

47.5 37.5 82.5 167.5

57 kg

1 BURNS, BEBE / 1942 / UNITED STATES OF AMERICA

47.5 32.5 82.5 162.5

72 kg

1 MOORE, GAIL / 1947 / UNITED STATES OF AMERICA

82.5 62.5 115 260

There are 4 lifters nominated

North American Championship Equipped Divisions

	Last, First Name / YOB	SQ	BP	DL	Total
Women Equipped Open					
47 kg					
1	BARQUERO, MARIA JOSE / 1997 / COSTA RICA	115	75.5	120	310.5
2	ELWYN, SUSAN / 1947 / UNITED STATES OF AMERICA	90	45	125	260
3	TALLEY, CARI / 2001 / UNITED STATES OF AMERICA	102.5	50	102.5	255
52 kg					
1	NAJERA, JUANITA / 1981 / UNITED STATES OF AMERICA	157.5	100	185	442.5
2	REYES, JESSICA / 1983 / MEXICO	135	102.5	145	382.5
57 kg					
1	TAPIA, JANNITZZI / 1994 / PUERTO RICO	160	80.5	164.5	405
2	SALAZAR, JENNIFER / 2000 / UNITED STATES OF AMERICA	140	85	155	380
3	BARQUERO, EIMY / 1998 / COSTA RICA	120	60	132.5	312.5
63 kg					
1	MORENO, ADRIANA / 1976 / COSTA RICA	135	80	150	365
2	ROSA, JOSELINE / 1992 / PUERTO RICO	142.5	70.5	125	338
3	GUERRERO, SILVIA / 1997 / COSTA RICA	100	55	95	250
72 kg					
1	DENISON, BILLIE / 1989 / UNITED STATES OF AMERICA	152.5	85	135	392.5
2	CALDERO, GENESSE / 1985 / PUERTO RICO	130	117.5	140	387.5
3	MARIN, ANGELICA / 1974 / MEXICO	140	60	130	330
4	DAVILA CARCAMO, ERIKA LILIANA / 1996 / GUATEMALA	100	50	100	250
84 kg					
1	KREGER, ABIGAIL / 2004 / UNITED STATES OF AMERICA	150	67.5	137.5	355
84+ kg					
1	TODD, KAMILAH / 1980 / UNITED STATES OF AMERICA	232.5	147.5	182.5	562.5
2	BROWN, HANNAH / 1990 / UNITED STATES OF AMERICA	205	115	200	520
There are 18 lifters nominated					
Women Equipped Sub Junior					
43 kg					
1	FALLON, BRENNAN / 2003 / UNITED STATES OF AMERICA	102.5	55	110	267.5
47 kg					
1	CLARK, XACARIA / 2002 / UNITED STATES OF AMERICA	130	62.5	142.5	335
52 kg					
1	KIRCHNER, ALYSSA / 2002 / UNITED STATES OF AMERICA	132.5	70	125	327.5
72 kg					
1	WHIPPLE, ERIN / 2001 / UNITED STATES OF AMERICA	167.5	65	165	397.5
84 kg					
1	FREDICKSON, GERI / 2001 / UNITED STATES OF AMERICA	187.5	100	162.5	450
2	SAUNDERS, ALISSA / 2003 / UNITED STATES OF AMERICA	130	65	130	325

84+ kg

1	SCURTO, CHRISTINA / 2002 / UNITED STATES OF AMERICA	172.5	92.5	155	420
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There are 7 lifters nominated

Women Equipped Junior**47 kg**

1	BARQUERO, MARIA JOSE / 1997 / COSTA RICA	115	75.5	120	310.5
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52 kg

1	ARIAS, AURORA / 1997 / COSTA RICA	130	65	127.5	322.5
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57 kg

1	SALAZAR, JENNIFER / 2000 / UNITED STATES OF AMERICA	140	85	155	380
2	BARQUERO, EIMY / 1998 / COSTA RICA	120	60	132.5	312.5

63 kg

1	RAMSEY, EMMA / 1998 / UNITED STATES OF AMERICA	155	90	165	410
2	GUERRERO, SILVIA / 1997 / COSTA RICA	100	55	95	250

72 kg

1	DAVILA CARCAMO, ERIKA LILIANA / 1996 / GUATEMALA	100	50	100	250
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There are 7 lifters nominated

Women Equipped Masters I**57 kg**

1	SHUTTLEWORTH, MAURA / 1976 / UNITED STATES OF AMERICA	125	107.5	125	365
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63 kg

1	MORENO, ADRIANA / 1976 / COSTA RICA	135	80	150	365
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72 kg

1	MARIN, ANGELICA / 1974 / MEXICO	140	60	130	330
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There are 3 lifters nominated

Women Equipped Masters IV**47 kg**

1	ELWYN, SUSAN / 1947 / UNITED STATES OF AMERICA	90	45	125	260
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52 kg

1	BURNS, BEBE / 1942 / UNITED STATES OF AMERICA	80.5	42.5	91	214
2	JOHNSON, DENISE / 1947 / UNITED STATES OF AMERICA	47.5	37.5	82.5	167.5

There are 3 lifters nominated

Referees

	Name	Nation	Cat	Availability
1	CLAUDIA NAGATA	BRAZIL	IPF CAT I	ALL
2	MIKE ARMSTRONG	CANADA	IPF CAT I	ALL
3	LARITZA ZEMANATE	COLOMBIA	IPF CAT II	AUGUST 8-AUGUST 10
4	HUGO VELASQUEZ ORMEÑO	COSTA RICA	IPF CAT I	ALL
5	JOSE MIGUEL JARAMILLO	COSTA RICA	IPF CAT II	AUGUST 7 AFTERNOON SESSION, AUGUST 10
6	MANUEL CAMPOS	COSTA RICA	IPF CAT II	AUGUST 6 AFTERNOON SESSION
7	NORA MONTILLA	COSTA RICA	IPF CAT II	AUGUST 10
8	ZELMIRA SANDI	COSTA RICA	IPF CAT II	AUGUST 10
9	ALEX ALVARADO	PUERTO RICO	IPF CAT II	UNEQUIPPED SESSIONS - CAT I EXAM
10	MICHAEL J. CORREA	PUERTO RICO	NATIONAL REFEREE	UNEQUIPPED SESSIONS - CAT II EXAM
11	GENESSE CALDERO	PUERTO RICO	NATIONAL REFEREE	AUGUST 10, AUGUST 9 MEN SESSION-CAT II EXAM
12	ONIX RIVERA	PUERTO RICO	IPF CAT I	ALL
13	STEVEN CRANE	PUERTO RICO	IPF CAT II	ONE SESSION (ANY DAY) / COMMENTATOR
14	IVAN CANCEL	PUERTO RICO	IPF CAT II	AUGUST 7 MORNING SESSION
15	ROBERT MASSEY	U.S. VIRGIN ISLANDS	IPF CAT II	ALL
16	KIMBERLY WALFORD	U.S. VIRGIN ISLANDS	IPF CAT II	TBA
17	ARIAN KHAMESI	UNITED STATES OF AMERICA	IPF CAT II	SCORING MANAGER
18	BILL CLAYTON	UNITED STATES OF AMERICA	IPF CAT I	ALL
19	PRISCILLA RIBIC	UNITED STATES OF AMERICA	IPF CAT II	ALL - CAT I EXAM
20	REBECCA STEINMAN	UNITED STATES OF AMERICA	IPF CAT II	ALL
21	ROBERT KELLER	UNITED STATES OF AMERICA	IPF CAT I	ALL
22	SUSAN ELWYN	UNITED STATES OF AMERICA	IPF CAT II	AUGUST 7, 9 & 10
23	LARRY MAILE	UNITED STATES OF AMERICA	IPF CAT I	TBA
24	PAUL STEINMAN	UNITED STATES OF AMERICA	IPF CAT II	TBA
25	EUGENE "GENO" BIANCHERI	UNITED STATES OF AMERICA	STAFF	ANNOUNCER