



UTSA

CAMPUS RECREATION

POWERLIFTING CLUB CONSTITUTION

Article I: Club Name: Powerlifting Club

Article II: Date of Creation / Revision: Created- October 2005/Revised- January 2025

Article III: Purpose:

To form an organization composed of students, faculty and staff members of UTSA who are interested in competing in powerlifting. As an organization, we want to afford UTSA students the opportunity to join a collegiate organization. We want to gain recognition of The University of Texas at San Antonio. Overall, our goal is to incorporate lifters who add value in pursuit of rebuilding our championship culture.

Article IV: Membership

○ Requirements*:

- Must be student, faculty or staff at the University of Texas at San Antonio.
- Undergraduate members must maintain a 2.0 GPA or higher.
- Officers must maintain a 2.25 GPA or higher.
- Graduate Students must maintain a 3.0 GPA or higher.
 - Must not miss more than 3 mandatory practices* a semester, unless because of extenuating circumstances or previously discussed with secretary.
 - Must not miss more than 1 team meeting per semester, unless because of extenuating circumstances.
 - Must train under club parameters and use club programming, unless approved by officers; however, the officers also reserve the right to revoke that privilege if the member is not making advancements in training for 3 or more weeks.
- Must follow posted weight room policy when training at the designated team training facilities
- Must engage with the team and be a team player.
 - Must participate club sponsored events* being (at least): 2 team socials, 1 fundraiser (not including t-shirt fundraiser), sponsorship mandated meets (3 USAPL meets, 5 THSPA weekday meets and at least 1 weekend THSPA meets), 2 team service event over the fall and spring semesters.
 - If all requirements are not met for any given part of both the fall and spring semesters, assuming no extenuating circumstance, the member will be removed from the team and/or placed on a probationary period depending on the offense (*ARTICLE XIV*). This document serves as every member's first warning and no refunds will be given at any point.
 - Must conduct self in person and on social media as a representative of this team and the university.
 - Any member involved in any sort of illegal activity will be removed from the team.

○ Team selection process:

- There will be a one week long tryout period with a non refundable \$30 fee covering the cost of gym usage, normally beginning the first Sunday following the first general meeting.

- During the tryout period, candidates are required to adhere to the requirements of the constitution.

■ **Selection Criteria for Candidates:**

- * Chosen candidates will display excellent character, coachability, work ethic, and ability to meet strength criteria. * Candidates must be present during all practice sessions. Failing to communicate conflicts in practice availability to the secretary will result in the candidate not being considered for membership. Additionally, a no call-no show to the first UTSAPL staffed meet will result in the candidate not being considered for membership.
- * Any misconduct involving team members, mistreatment of gym equipment, or dangerous behavior will result in immediate dismissal from practice and removal from consideration for membership at any witnessing officer's discretion.
 - Late Induction: Late tryouts will be accepted. Any candidate who wishes to tryout at a later date may do so upon both recruiting officer's unanimous approval. The recruiting officers will decide on a week for their tryout period to begin. All normal tryout rules and selection criteria apply.
 - Selected candidates will be required to pay dues at the end of the tryout period.

Article V: Legal Agreement Statement:

- This organization agrees to abide by all university policies and local, state, and federal laws. ○ As a club, there will be no discrimination based on, but not limited to, race, gender, nationality, disability, veteran status, or sexual orientation. Those who cannot physically perform the lifts can still participate in many ways in the club if they choose to do so.

Article VI: Officers:

- President
 - Overseeing and organizing all club activities/events
 - Organize & run meetings
 - Delegating responsibilities to other officers
 - Registering the club for each semester
 - Obtain CPR & First Aid certification as required by Rec
 - Organizing and running practices & tryouts
 - Organizing all club sponsored events and activities
 - Securing venues for club sponsored events
 - Prepare club budget for upcoming school year
 - Organizing club sponsored events, such hosting powerlifting meets and fundraisers
 - Organizing travel processes for club events requiring travel
 - Booking hotels for club travel events
- Vice President:
 - Attend required school meetings with or in place of the club president
 - Assist the President with their duties
 - Organize and run meetings in the President's absence
 - Take over as President should the President no longer be able to perform his duties
 - Collecting and sending off entries for meets
 - Ordering team t-shirts or apparel
 - Obtain CPR & First Aid certification as required by Rec
 - Assist in organizing club sponsored events, such hosting powerlifting meets and fundraisers
- Secretary
 - Collecting new member paperwork, including but not limited to: waiver form, participant information form, copy of health insurance & student ID
 - Fill out & turn in activity report forms and practice forms

- Inform members of all events and event cancellations
 - Take attendance at meetings and practice
 - Obtain CPR & First Aid certification as required by Rec
 - Assist in preparing club budget for upcoming school year
 - Assist in organizing club sponsored events, such hosting powerlifting meets and fundraisers
- Treasurer
 - Collecting dues & distributing receipts
 - Depositing money in club account
 - Keeping the balance on club account
 - Collecting money from outside sources before/after fundraising events ■
 - Assist in preparing club budget for upcoming school year
 - Obtain CPR & First Aid certification as required by Rec
- Public Relations
 - Managing the spread of information between the organization and the public ■
 - Manage social media accounts
 - Set up and plan community service and social events
- Recruiting Officer(s)
 - Publicizing the club on and off campus in an effort to recruit new members
 - Contacting high school senior powerlifters in regards to attending UTSA and joining the club
 - Attend high school regional & state meets to recruit new lifters
 - Assist in organizing club sponsored events, such hosting powerlifting meets and fundraisers
 - Obtain CPR & First Aid certification as required by Rec
- Officer Eligibility
 - Must be in good standing with the school
 - Must have been on the team at least one semester
 - Officers must maintain a 2.25 GPA or higher
- Election Process
 - Officer positions, for new and returning officers, are selected by nomination and then a majority vote
 - Elections take place in late April or early May, before the end of the school year. They take place through a series of Google Forms.
 - All members & officers except for the current president place a vote for each position. In the event of a tie, the officers re-vote with the president as the deciding vote. The executive committee has the power to overturn an election under extenuating circumstances.
- Means of Losing an Officer Position:
 - Mishandling or abusing responsibilities
 - Failure to meet any officer and/or membership requirements
 - Special meeting 5/8 vote by other officers for any reason (to be specified in meeting)
- Filling a Vacant Officer Position Following an Officer Removal
 - Officer position may be filled by a nominated individual who meets the Officer Eligibility criteria.
 - An individual can nominate themselves or another member.
 - If there are multiple replacement candidates, the officers vote, and a ¾ majority wins. In the event of a tie, the President will vote as a tiebreaker

Article VII: Procedures for Decision Making:

- Anyone can make a nomination and nominations are decided on by a majority vote.
- Quorum is a percentage or fraction of members that must be present to conduct

business requiring a 5/8 vote.

Article VIII: Disbursement of Organization Assets:

- Should the student organization become defunct, the assets would be donated to the family of Christian Morales, the founding VP of the club, in his memory.

Article XIX: Executive Board:

- The Executive Board is made up of the officers, head coach and assistant coaches.

Article X: Committees:

- Officers can form temporary committees as needed to fit team needs.
- The Executive Committee can vote by majority to veto any committee formed if it is deemed unnecessary.

Article XI: Team Meetings

- To be held as requested by the officers with at least a two weeks' notice.
- There will be a monthly team evaluation meeting lead by officers, time TBD
- At least 60% of club members must be present in order for any business to be conducted. ○

Special Meetings

- Any officer can call a special meeting and club members must be given 2 days' notice. These are only to be used in cases of emergencies and/or for brief informational notices.
- Attendance requirements
 - Only allowed to miss 1 meeting per semester, unless extenuating circumstances exist. This excludes the first general team meeting.

Article XII: Parliamentary Authority:

- The secretary begins by taking attendance to ensure 60% of club members are present. The secretary also is to keep meeting minutes.
- The president makes opening remarks to the team.
 - Any officers with business needed to be conducted speaks to the team.
- If a vote takes place, the secretary and VP are responsible for collecting and counting responses.
- The floor is opened to the team for any questions or concerns
- The meeting is closed by the president.

Article XIII: Finances

- Treasurer reports on account activity, although the President, Vice President, Secretary and Treasurer will all have access to the team bank account and can report in Treasurer's absence.
- Payments are collected via cash, check, and Zelle.
- Established coaches can be paid a stipend per semester based on a percentage of team membership dues.

Article XIV: Amendments

- Amendments can be proposed by any member or officer. Amendments will be made through a majority vote by the officers. In the case of a tie, the President's vote will act as a tiebreaker.

Article XV: Consequences for Failing to abide by Club Rules

- Probation/Suspension: Suspension consists of being unable to be involved with some of the Club Powerlifting events for the remaining *portion of the current semester*, in particular travel and competition. So, for example, if someone is put on suspension at any point during the fall they are on suspension for the remainder of that semester. The student can opt for full termination, and then reinstatement via another "trial period", in which instance they would be required to repay membership fees.

■ **Membership:** Refer to late induction and failing the tryout section in *ARTICLE IV* of this constitution.

■ **Team Socials:** Team socials are for team bonding; partners, friends, and other potential non-club members are not permitted to join in at team socials unless agreed upon by officers. Failure to attend at least 1 event during the semester will result in removal from the team, and bringing an uninvited party will result in probation.

■ **Fundraising:** Fundraising is imperative especially when we have to travel. The fundraising officer and Treasurer will work together to come up with a balance that each member needs to cover with fundraising over the fall and spring semesters. Any portion of the balance can be paid out of pocket by the student if preferred, but failure to pay that balance, no matter how big or small, will result in the member not traveling with the team, and being on probation.

■ **Team Service:** Failure to complete the required team service will result in probation

○ **Removal:** Removal from the team includes a void sponsorship, retraction of special gym membership and access, and the inability to be involved with Club Powerlifting events. **Two or more** probationary causes will lead to removal.