

2011 USAPL Master's Nationals

Atlanta, GA

Name	Div(s)	Body Wt	Wt cls	SQ1	SQ2	SQ3	New Records	Best Squat	BP1	BP2	BP3	New Records	Best Bench	SUB	DL1	DL2	DL3	New Records	Best Deadlift	Total	PI-Div-Cls	Wilks Total
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56kg

Kupperstein, Eric	M-M1b	55.8	56	182.5	205	215	M-O A-M-M1b	215	115	120	122.5	M-O	122.5	337.5	215	237.5	250	M-O A-M-M1b	250	587.5	1-M-M1b-56	536.6813
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60kg

Washington, Hennis	M-M1a	59.2	60	230	245	250	M-O A-M-M1a	250	135	142.5	-147.5	M-O A-M-M1a	142.5	392.5	220	232.5	-240		232.5	625	1-M-M1a-60	539.6875
Cochran, Michael	M-M1a	59.9	60	125	142.5	-152.5		142.5	125	132.5	-137.5	M-O	132.5	275	160	172.5	182.5		182.5	457.5	2-M-M1a-60	390.7965
Smith, Tim	M-M1b	59.6	60	185	195	202.5	M-O A-M-M1b	202.5	102.5	107.5	-110		107.5	310	210	220	-227.5		220	530	1-M-M1b-60	454.793
Kavarnos, Jimi	M-M2b	59.6	60	145	157.5	-165		157.5	85	92.5	-102.5		92.5	250	170	182.5	-192.5		182.5	432.5	1-M-M2b-60	371.1282
Galant, Alex	M-M3a	58.4	60	-137.5	-137.5	137.5		137.5	47.5	-67.5	-67.5		47.5	185	130	140	145		145	330	1-M-M3a-60	288.585
Blaize, Michael	M-M3a	58.4	60	97.5	-107.5	107.5		107.5	55	60	62.5		62.5	170	112.5	-127.5	-127.5		112.5	282.5	2-M-M3a-60	247.0462
Maier, Dillon	M-M4b	59	60	90	97.5	112.5	A-M-M4b	112.5	42.5	52.5	57.5		57.5	170	-112.5	-112.5	112.5		112.5	282.5	1-M-M4b-60	244.7015

67.5kg

Simmons, Greg	M-M1b	67	67.5	215	230	235	M-O	235	145	150	-155.5		150	385	210	222.5	-230		222.5	607.5	1-M-M1b-67.5	471.177
Sato, Brian	M-M1b	67.2	67.5	205	215	-222.5		215	127.5	-140	-140		127.5	342.5	205	-222.5	-222.5		205	547.5	2-M-M1b-67.5	423.6555
Esposito, Rick	M-M2a	64.7	67.5	175	180	-182.5		180	112.5	117.5	-122.5		117.5	297.5	195	202.5	205		205	502.5	1-M-M2a-67.5	401.1458
Marksteiner, Joe	M-M2b	66.6	67.5	182.5	197.5	-205		197.5	105	-112.5	112.5		112.5	310	170	182.5	192.5		192.5	502.5	1-M-M2b-67.5	391.6485
Jacobs, Jeff	M-M3a	66.5	67.5	-192.5	-192.5	192.5		192.5	107.5	115	-117.5		115	307.5	200	217.5	230	M-O A-M-M3a	230	537.5	1-M-M3a-67.5	419.465
Coleman, Bob	M-M3a	61.3	67.5	130	135	142.5		142.5	55	60	-62.5		60	202.5	110	125	-137.5		125	327.5	2-M-M3a-67.5	273.9537
Nolan, Richard	M-M4c	66.3	67.5	62.5	67.5	-70		67.5	57.5	60	-62.5		60	127.5	110	117.5	122.5		122.5	250	1-M-M4c-67.5	195.575

75kg

Dalessio, John	M-M1a	74.8	75	237.5	255	-260	M-O	255	152.5	160	167.5	M-O	167.5	422.5	237.5	255	260	M-O	260	682.5	1-M-M1a-75	487.2368
Page, Greg	M-M1b	74.5	75	255	267.5	277.5	M-O	277.5	160	165	-170	M-O	165	442.5	245	260	265	M-O	265	707.5	1-M-M1b-75	506.4993

Fronzaglia, Damian	M-M1b	74	75	215	225	235	M-O	235	200	210	215	M-O	215	450	190	210	230		230	680	2-M-M1b-75	489.124
Pollard, Robert	M-M1b	74.9	75	180	-190	192.5		192.5	125	132.5	140		140	332.5	185	200	207.5		207.5	540	3-M-M1b-75	385.128
Lewis, Carlos	M-M2a	74.2	75	235	255	265	M-O A-M-M2a	265	125	-135	135		135	400	210	220	-227.5		220	620	1-M-M2a-75	445.098
Horne, Chester	M-M2a	75	75	172.5	192.5	-205		192.5	-145	145	155		155	347.5	187.5	202.5	212.5		212.5	560	2-M-M2a-75	399.056
Mears, Paul	M-M2b	74.3	75	-175	-175	0		0	102.5	-107.5	107.5		107.5	0	0				0	0		0
Cucinella, Mark	M-M3a	74.2	75	190	-200	200		200	127.5	-132.5	-135		127.5	327.5	192.5	202.5	210		210	537.5	1-M-M3a-75	385.8712
Katzman, Jay	M-M4a	73.6	75	132.5	-142.5	-147.5		132.5	97.5	100	-102.5		100	232.5	142.5	-170	-170		142.5	375	1-M-M4a-75	270.7875
Martin, Dan	M-M4a	74.6	75	-195	-195	-195		0	0				0	0	0				0	0		0
Goodwin, Dan	M-M4b	73.9	75	62.5	-75	-75		62.5	60	67.5	-72.5		67.5	130	125	137.5	142.5		142.5	272.5	1-M-M4b-75	196.2

82.5kg

Hooper, Wade	M-M1a	82.1	82.5	310	332.5	0	M-O A-M-M1a	332.5	235	242.5	250	M-O A-M-M1a	250	582.5	245	260	0		260	842.5	1-M-M1a-82.5	566.0757
Pardue, Travis	M-M1a	82	82.5	227.5	250	-255	M-O	250	177.5	-182.5	-182.5	M-O	177.5	427.5	250	-272.5	272.5		272.5	700	2-M-M1a-82.5	470.68
Macri, Michael	M-M1a	79	82.5	240	252.5	-260	M-O	252.5	125	-132.5	-132.5		125	377.5	227.5	-252.5	-252.5		227.5	605	3-M-M1a-82.5	416.361
Sokoloski, Kurt	M-M1a	81	82.5	160	182.5	192.5		192.5	105	137.5	-167.5		137.5	330	192.5	215	-227.5		215	545	4-M-M1a-82.5	369.183
Thompson, Donovan	M-M1b	81.3	82.5	255	260	-265	M-O	260	192.5	-200	-200	M-O	192.5	452.5	220	240	-247.5		240	692.5	1-M-M1b-82.5	468.0607
Legarreta, Ronald	M-M1b	80.8	82.5	215	225	-235		225	145	152.5	-157.5		152.5	377.5	207.5	227.5	235		235	612.5	2-M-M1b-82.5	415.5812
Austin, Dan	M-M2a	82.1	82.5	277.5	295	305	M-O A-M-M2a	305	145	152.5	-160		152.5	457.5	277.5	292.5	0		292.5	750	1-M-M2a-82.5	503.925
Garofalo, Ron	M-M2a	82.5	82.5	255	272.5	-287.5	M-O	272.5	162.5	-172.5	-172.5		162.5	435	260	290	-317.5		290	725	2-M-M2a-82.5	485.6775
Clark, Russell	M-M2a	81.8	82.5	237.5	257.5	-262.5	M-O	257.5	-160	160	-167.5		160	417.5	240	265	-272.5		265	682.5	3-M-M2a-82.5	459.5955
Scully, Bill	M-M2a	82.4	82.5	245	-257.5	-257.5	M-O	245	-155	155	-165		155	400	245	-260	-260		245	645	4-M-M2a-82.5	432.408
Kellett, William	M-M2a	80.5	82.5	137.5	145	-150		145	100	105	-110		105	250	175	185	-192.5		185	435	5-M-M2a-82.5	295.8
Brown, Corey	M-M2b	82.4	82.5	137.5	147.5	165		165	95	102.5	105		105	270	182.5	205	220		220	490	1-M-M2b-82.5	328.496
Rizza, Joe	M-M3a	79.1	82.5	170	182.5	192.5		192.5	67.5	72.5	77.5		77.5	270	170	182.5	192.5		192.5	462.5	1-M-M3a-82.5	318.015
Bienvenu, Robert	M-M3a	79.4	82.5	72.5	-85	-85		72.5	85	-90	-90		85	157.5	117.5	-135	-135		117.5	275	2-M-M3a-82.5	188.65
Singh, Nairanjan	M-M3b	81.6	82.5	132.5	145	150		150	-105	110	112.5		112.5	262.5	167.5	175	177.5		177.5	440	1-M-M3b-82.5	296.736

Sauls, Howard	M-M3b	78.5	82.5	97.5	105	110		110	-82.5	82.5	87.5		87.5	197.5	140	145	150		150	347.5	2-M-M3b-82.5	240.1225
Paugh, Michael	M-M4a	78.1	82.5	82.5	-87.5	87.5		87.5	47.5	50	0		50	137.5	147.5	155	-162.5		155	292.5	1-M-M4a-82.5	202.7903
Bastianelli, Tito	M-M4b	81.6	82.5	147.5	152.5	-155	A-M-M4b	152.5	47.5	0	0		47.5	200	65	0	0		65	265	1-M-M4b-82.5	178.716

90kg

Grohoski, Pete	M-M1a	89.5	90	232.5	242.5	250		250	-232.5	-232.5	232.5	M-O A-M-M1a	232.5	482.5	227.5	242.5	-250		242.5	725	1-M-M1a-90	464.145
Fowler, Rick	M-M1a	89.9	90	230	242.5	-250		242.5	165	-172.5	172.5		172.5	415	230	240	245		245	660	2-M-M1a-90	421.608
Gallmeier, Jonathan	M-M1a	88.1	90	185	205	220		220	90	-92.5	0		90	310	197.5	212.5	-217.5		212.5	522.5	3-M-M1a-90	337.2738
Vining, John	M-M1a	88.4	90	182.5	-235	-235		182.5	-232.5	-235	-237.5		0	0	0	0	0		0	0		0
Terry, Craig	M-M1b	86.4	90	260	280	290	M-O	290	142.5	155	-160		155	445	310	327.5	332.5	M-O A-M-M1b	332.5	777.5	1-M-M1b-90	507.1633
Johnson, Rick	M-M1b	89.3	90	197.5	210	-222.5		210	107.5	115	120		120	330	225	-245	245		245	575	2-M-M1b-90	368.575
Zion, Scott	M-M1b	88.4	90	157.5	175	177.5		177.5	117.5	130	-135		130	307.5	200	215	-220		215	522.5	3-M-M1b-90	336.699
Ricks, David	M-M2a	87.8	90	317.5	337.5	-357.5	M-O A-M-M2a	337.5	215	225	-230	M-O	225	562.5	295	315	-335		315	877.5	1-M-M2a-90	567.4793
Fuller, Ron	M-M2a	89.7	90	260	277.5	-287.5	M-O	277.5	180	190	-197.5		190	467.5	220	237.5	-252.5		237.5	705	2-M-M2a-90	450.8475
Whiting, Scott	M-M2a	90	90	225	237.5	-242.5		237.5	-192.5	192.5	0		192.5	430	225	237.5	242.5		242.5	672.5	3-M-M2a-90	429.324
Falcone, Ron jr.	M-M2a	89.1	90	227.5	-240	-240		227.5	-172.5	-175	175		175	402.5	187.5	200	-210		200	602.5	4-M-M2a-90	386.6243
Penland, Ray	M-M2b	89.1	90	175	-185	185		185	120	125	-127.5		125	310	185	195	-205		195	505	1-M-M2b-90	324.0585
Reiss, Al	M-M2b	89.3	90	165	175	182.5		182.5	120	125	-155		125	307.5	165	-175	-175		165	472.5	2-M-M2b-90	302.8725
Brady, Michael	M-M3a	86.7	90	195	210	215		215	132.5	135	137.5		137.5	352.5	210	227.5	-232.5		227.5	580	1-M-M3a-90	377.638
Worley, Delvan	M-M3a	89.1	90	-235	240	247.5		247.5	85	90	-95		90	337.5	-230	-230	0		0	0		0
Rice, Fred	M-M3b	89.6	90	205	220	0		220	100	105	-110		105	325	240	-260	-260		240	565	1-M-M3b-90	361.487
Drake, Larry	M-M4a	89.2	90	125	137.5	147.5		147.5	-105	105	115		115	262.5	135	155	170		170	432.5	1-M-M4a-90	277.3623

100kg

Gack, Kenneth	M-M1a	99.5	100	287.5	305	-310	M-O	305	227.5	237.5	-242.5	M-O	237.5	542.5	260	277.5	295		295	837.5	1-M-M1a-100	510.7075
Wood, Rodney	M-M1a	99.3	100	280	295	310	M-O	310	217.5	230	-240	M-O	230	540	245	260	-270		260	800	2-M-M1a-100	488.24
Ulvang, Julian	M-M1b	97.9	100	280	295	305	M-O	305	-217.5	217.5	227.5	M-O	227.5	532.5	270	-287.5	-305		270	802.5	1-M-M1b-100	492.6548

Shaw, Gerald	M-M1b	91.3	100	197.5	217.5	230		230	142.5	155	-460		155	385	200	217.5	230		230	615	2-M-M1b-100	389.787
Leger, Lonnie	M-M1b	95.1	100	160	170	182.5		182.5	115	120	-125		120	302.5	160	172.5	182.5		182.5	485	3-M-M1b-100	301.5245
Waits, Scott	M-M1b	99.8	100	-345	322.5	332.5	M-O A-M-M1b	332.5	-240	-240	-240		0	0	0	0	0		0	0		0
Hare, John	M-M2a	98.2	100	262.5	285	-300	M-O	285	165	215	227.5	M-O	227.5	512.5	227.5	260	-282.5		260	772.5	1-M-M2a-100	473.6197
Harris, Robert	M-M2a	97.3	100	192.5	215	-247.5		215	-465	165	-205		165	380	215	250	-265		250	630	2-M-M2a-100	387.765
Bell, James	M-M2b	98.8	100	225	235	250		250	135	142.5	-450		142.5	392.5	220	230	-235		230	622.5	1-M-M2b-100	380.721
Clark, David	M-M3a	97.6	100	-497.5	-497.5	200		200	167.5	172.5	-175		172.5	372.5	250	-255	0		250	622.5	1-M-M3a-100	382.6508
Mc Afee, John	M-M3a	94.7	100	117.5	132.5	-145		132.5	102.5	-405	107.5		107.5	240	142.5	157.5	165		165	405	2-M-M3a-100	252.2745
Slavens, Steve	M-M3a	98.6	100	185	200	-240		200	-455	0	0		0	0	-222.5	0	0		0	0		0
Yanoscik, Denny	M-M3b	90.9	100	145	162.5	170		170	102.5	115	130		130	300	150	165	-482.5		165	465	1-M-M3b-100	295.368
Chatis, Stanley	M-M4a	99	100	115	142.5	-470		142.5	120	127.5	-430		127.5	270	200	207.5	212.5		212.5	482.5	1-M-M4a-100	294.8558
Curtis, Raymond	M-M4b	93.8	100	107.5	122.5	-130		122.5	-405	105	107.5		107.5	230	142.5	147.5	160		160	390	1-M-M4b-100	244.023

110kg

Douglas, Jeff	M-M1b	109	110	360	370	380	M-O A-M-M1b	380	237.5	-247.5	247.5	M-O	247.5	627.5	310	317.5	-325		317.5	945	1-M-M1b-110	557.739
Harris, Tony	M-M1b	109.7	110	380	-400	-400	M-O A-M-M1b	380	200	215	-222.5	M-O	215	595	325	-345	-352.5	M-O	325	920	2-M-M1b-110	541.88
White, Ennis	M-M1b	105.8	110	272.5	-282.5	282.5		282.5	240	-245	-245	M-O	240	522.5	277.5	-282.5	-282.5		277.5	800	3-M-M1b-110	476.8
Nucci, Greg	M-M1b	108.5	110	260	-275	275		275	192.5	200	207.5	M-O	207.5	482.5	230	-242.5	245		245	727.5	4-M-M1b-110	429.9525
Martinez, Wilson	M-M1b	107	110	260	-280	280		280	172.5	-480	180		180	460	260	-275	-275		260	720	5-M-M1b-110	427.464
Currence, Doug	M-M2a	107.8	110	285	300	310		310	207.5	217.5	-225	M-O	217.5	527.5	265	292.5	-295		292.5	820	1-M-M2a-110	485.686
Pamplin, Gary	M-M2a	107.8	110	292.5	310	322.5	M-O	322.5	237.5	250	257.5	M-O	257.5	580	237.5	-250	-250		237.5	817.5	2-M-M2a-110	484.2052
Pares, Segismundo "Picky"	M-M2a	107.7	110	255	-265	-272.5		255	145	182.5	200		200	455	262.5	270	277.5		277.5	732.5	3-M-M2a-110	433.933
Womack, Tim	M-M2a	107.2	110	237.5	252.5	262.5		262.5	182.5	192.5	-200		192.5	455	230	250	255		255	710	4-M-M2a-110	421.243
Patrick, Mark	M-M2a	107.7	110	-227.5	-240	240		240	182.5	-200	-200		182.5	422.5	227.5	-240	-240		227.5	650	5-M-M2a-110	385.06
Sindelar, Bill	M-M3a	109.9	110	232.5	240	-245		240	167.5	175	180		180	420	227.5	252.5	-260		252.5	672.5	1-M-M3a-110	395.9007
Gonzalez, Joseph	M-M3a	102.4	110	137.5	150	-460		150	-425	137.5	-445		137.5	287.5	185	195	205		205	492.5	2-M-M3a-110	296.9775

Helmich, Bill	M-M3b	103.5	110	175	187.5	200		200	125	135	145		145	345	227.5	245	-260		245	590	1-M-M3b-110	354.354
Rood, Robert	M-M4a	106.9	110	112.5	132.5	147.5		147.5	100	112.5	-125		112.5	260	135	155	172.5		172.5	432.5	1-M-M4a-110	256.8618

125kg

Mastrean, Michael	M-M1a	113.7	125	375	390	400	M-O	400	215	240	-250	M-O	240	640	282.5	-305	-317.5		282.5	922.5	1-M-M1a-125	537.633
McFadden, Kenneth	M-M1a	117.4	125	277.5	295	325	M-O	325	237.5	-250	250	M-O	250	575	295	305	-307.5		305	880	2-M-M1a-125	508.64
Fritz, Al	M-M1a	112	125	330	337.5	342.5	M-O	342.5	222.5	-230	-230		222.5	565	272.5	295	-315		295	860	3-M-M1a-125	503.358
Stewart, Walter	M-M1a	123.7	125	245	260	275		275	227.5	237.5	250	M-O	250	525	192.5	210	227.5		227.5	752.5	4-M-M1a-125	429.7527
Bruce, Travis	M-M1a	124.1	125	-120	120	-125		120	100	-110	-110		100	220	170	-180	-180		170	390	5-M-M1a-125	222.573
Lewis, Joe	M-M1b	118.2	125	267.5	-282.5	-282.5		267.5	157.5	165	-170		165	432.5	230	250	-262.5		250	682.5	1-M-M1b-125	393.8025
Gonzales, Dave	M-M2a	123.2	125	310	320	332.5	M-O	332.5	227.5	232.5	235	M-O A-M-M2a	235	567.5	280	-300	-305		280	847.5	1-M-M2a-125	484.431
Capps, Jeff	M-M2a	121.4	125	267.5	297.5	312.5	M-O	312.5	142.5	220	-230		220	532.5	275	295	-310		295	827.5	2-M-M2a-125	474.4885
Briggs, Jon	M-M2a	118.9	125	290	292.5	-315		292.5	200	230	-235	M-O	230	522.5	265	-280	-280		265	787.5	3-M-M2a-125	453.7575
Wainwright, Curtis	M-M2b	121.4	125	-242.5	242.5	255		255	-175	182.5	190		190	445	230	240	245		245	690	1-M-M2b-125	395.646
Sumner, Preston	M-M2b	119.3	125	-250	250	-265		250	170	182.5	-190		182.5	432.5	227.5	242.5	-257.5		242.5	675	2-M-M2b-125	388.5975
Taylor, Crayton	M-M3b	116.5	125	235	-242.5	-247.5		235	-162.5	162.5	-170	A-M-M3b	162.5	397.5	235	250	257.5	A-M-M3b	257.5	655	1-M-M3b-125	379.3105
Hayes, Floyd	M-M3b	112.9	125	-192.5	192.5	-207.5		192.5	-147.5	147.5	-155		147.5	340	227.5	240	242.5	A-M-M3b	242.5	582.5	2-M-M3b-125	340.18
Grisham, Robb	M-M4a	116.2	125	-195	195	210	A-M-M4a	210	107.5	115	-120	A-M-M4a	115	325	165	175	182.5	A-M-M4a	182.5	507.5	1-M-M4a-125	294.0963
Collins, Bill	M-M2a	124.3	125	292.5	317.5	332.5	M-O	332.5	227.5	237.5	242.5	M-O A-M-M2a	242.5	575	272.5	292.5	297.5		297.5	DISQ - Doping Failure		

125+kg

Gholson, Andre	M-M1a	125.2	125+	332.5	345	-350	M-O	345	252.5	260	267.5	M-O	267.5	612.5	267.5	285	-295		285	897.5	1-M-M1a-125+	511.3058
Anderson, Dr. Patrick	M-M1a	131.5	125+	305	330	345	M-O	345	247.5	260	-267.5	M-O	260	605	257.5	277.5	-295		277.5	882.5	2-M-M1a-125+	498.083
Chantler, James	M-M1a	155	125+	290	300	-310		300	-217.5	-217.5	-217.5		0	0	-300	0	-300		0	0	0	0
Nichols, Byron	M-M1b	125.7	125+	300	327.5	-335	M-O	327.5	242.5	-267.5	-272.5	M-O	242.5	570	282.5	292.5	-300		292.5	862.5	1-M-M1b-125+	490.935
Earle, Randy	M-M1b	146.4	125+	287.5	300	310		310	212.5	-227.5	-227.5		212.5	522.5	275	-290	-295		275	797.5	2-M-M1b-125+	442.772

Pirtle, Randy	M-M1b	132.3	125+	-230	230	250		250	192.5	-242.5	-242.5		192.5	442.5	242.5	265	-275		265	707.5	3-M-M1b-125+	398.9592
Connors, Darryl	M-M1b	130.5	125+	-272.5	-295	-295		0	-192.5	0	0		0	0	0				0	0		0
Gaudreau, Daniel	M-M2a	155.6	125+	340	348	365	M-O A-M-M2a	365	-280	-280	280	M-O A-M-M2a	280	645	282.5	300	-317.5		300	945	1-M-M2a-125+	520.128
Keyes, Rob	M-M2a	141.3	125+	265	280	290		290	220	-227.5	-232.5		220	510	255	272.5	285		285	795	2-M-M2a-125+	443.61
Johnson, Steve	M-M2a	130.6	125+	227.5	237.5	242.5		242.5	175	192.5	-195		192.5	435	232.5	247.5	0		247.5	682.5	3-M-M2a-125+	385.6808
Stewart, Ted	M-M2b	127.4	125+	215	225	230		230	135	142.5	147.5		147.5	377.5	215	237.5	250		250	627.5	1-M-M2b-125+	356.2318
Green, Steven	M-M3a	146.5	125+	285	310	-320	A-M-M3a	310	170	185	0		185	495	260	-290	290	A-M-M3a	290	785	1-M-M3a-125+	435.7535
Crawford, Robert	M-M3a	146.5	125+	-205	-205	-205		0	175	200	-225		200	0	125	200	227.5		227.5	0		0