

21st USAPL Military National Powerlifting Championships

Powerlifting Results Name	Team	Div	Bwt (kg)	WtCls (kg)	lot#	Wilks Coeff	Age	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	Sub Total	DL-1	DL-2	DL-3	Best DL	(1) PL Total	(2) Wilks Pts	Pl-Div- WtCls-Evt
Women																							
Kristine G. Poirier	USA	F-RO	58.90	60.00	1	1.131	36	70	75	80	80	45	-50	50	50	130	90	100	110	110	240.0	271.440	1-F-RO-60-PL
Elizabeth Houle	USA	F-RJR	63.30	67.50	2	1.0701	23	90	97.5	102.5	102.5	57.5	-62.5	62.5	62.5	165	130	142.5	152.5	152.5	317.5	339.757	1-F-RJR-67.5-PL
Savannah Gentry	USAF	F-RO	71.70	75.00	3	0.9788	29	-117.5	120	125	125	-70	70	72.5	72.5	197.5	127.5	140	145	145	342.5	335.239	1-F-RO-75-PL
Rhonda Clark	USA	F-M1	73.80	75.00	4	0.9604	47	155	165	-172.5	165	75	80	85	85	250	195	205	220	220	470.0	451.388	1-F-M1-75-PL
Tina Robinson	USAF	F-RM1	87.30	90.00	5	0.8755	45	137.5	150	0	150	102.5	115	0	115	265	157.5	170	0	170	435.0	380.843	1-F-RM1-90-PL
Tina Robinson	USAF	F-RO	87.30	90.00	5	0.8755	45	137.5	150	0	150	102.5	115	0	115	265	157.5	170	0	170	435.0	380.843	1-F-RO-90-PL
Keli Young	USA	F-RO	109.50	90.00+	6	0.8139	30	130	137.5	-145	137.5	77.5	82.5	-87.5	82.5	220	165	177.5	187.5	187.5	407.5	331.664	1-F-RO-90+-PL
Men																							
Joseph Jefferson	USAF	M-RO	71.10	75.00	11	0.7406	36	125	137.5	142.5	142.5	110	115	-122.5	115	257.5	205	215	-227.5	215	472.5	349.933	1-M-RO-75-PL
Juan Meza	USA	M-RO	72.40	75.00	10	0.7307	31	122.5	132.5	137.5	137.5	92.5	100	-102.5	100	237.5	157.5	165	175	175	412.5	301.414	2-M-RO-75-PL
Larry Banks	USA	M-RO	82.40	82.50	14	0.6704	25	137.5	-147.5	152.5	152.5	100	107.5	-112.5	107.5	260	190	202.5	-210	202.5	462.5	310.060	1-M-RO-82.5-PL
Troy Saunders	USAF	M-RO	91.30	100.00	20	0.6338	44	230	240	245	245	152.5	157.5	-162.5	157.5	402.5	275	285	290	290	692.5	438.907	1-M-RO-100-PL
John Stevens	Guest	M-RO	123.50	125.00	30	0.5713	32	227.5	250	260	260	142.5	152.5	160	160	420	250	265	280	280	700.0	399.910	1-M-RO-125-PL
Marlon Bhoorasingh	Guest	M-RO	121.50	125.00	31	0.5733	29	165	182.5	0	182.5	-197.5	215	-227.5	215	397.5	200	217.5	227.5	227.5	625.0	358.313	2-M-RO-125-PL
Brandon Stout	USAF	M-RJR	73.50	75.00	8	0.7228	22	207.5	212.5	0	212.5	152.5	-157.5	-157.5	152.5	365	-227.5	227.5	0	227.5	592.5	428.259	1-M-RJR-75-PL
Troy Cross	USA	M-RJR	73.00	75.00	9	0.7264	22	177.5	190	-197.5	190	137.5	-145	-145	137.5	327.5	205	-217.5	-222.5	205	532.5	386.808	2-M-RJR-75-PL
DeMonta Simmons	USA	M-RJR	92.10	100.00	26	0.6311	23	180	187.5	-195	187.5	137.5	142.5	147.5	147.5	335	192.5	205	212.5	212.5	547.5	345.527	1-M-RJR-100-PL
Jared Seaman	USA	M-RJR	107.00	110.00	29	0.5937	23	172.5	185	190	190	142.5	147.5	152.5	152.5	342.5	175	187.5	197.5	197.5	540.0	320.598	1-M-RJR-110-PL
Kyle Buol	USA	M-RJR	104.30	110.00	28	0.599	22	137.5	147.5	-152.5	147.5	102.5	110	115	115	262.5	175	185	192.5	192.5	455.0	272.545	2-M-RJR-110-PL
Troy Saunders	USAF	M-RM1	91.30	100.00	20	0.6338	44	230	240	245	245	152.5	157.5	-162.5	157.5	402.5	275	285	290	290	692.5	438.907	1-M-RM1-100-PL
Michael Ricker	Guest	M-RM1	130.40	125+	32	0.5653	47	100	150	-182.5	150	100	150	170	170	320	100	200	227.5	227.5	547.5	309.502	1-M-RM1-125+-PL
Stephen "Wally" Seibel	USA	M-RM2	88.60	90.00	18	0.6436	56	150	162.5	175	175	100	110	-115	110	285	172.5	187.5	202.5	202.5	487.5	313.755	1-M-RM2-90-PL
Brandon Foisy	USN	M-O	89.00	90.00	15	0.6421	27	245	250	-257.5	250	-145	145	-152.5	145	395	-250	262.5	-272.5	262.5	657.5	422.181	1-M-O-90-PL
Troy Saunders	USAF	M-O	91.30	100.00	20	0.6338	44	230	240	245	245	152.5	157.5	-162.5	157.5	402.5	275	285	290	290	692.5	438.907	1-M-O-100-PL
David Banker	USAF	M-O	98.70	100.00	24	0.6118	50	-217.5	217.5	227.5	227.5	-140	140	147.5	147.5	375	217.5	227.5	237.5	237.5	612.5	374.728	2-M-O-100-PL
Timothy Helton	USN	M-O	104.90	110.00	21	0.5978	24	155	-160	-165	155	145	152.5	162.5	162.5	317.5	165	180	200	200	517.5	309.362	1-M-O-110-PL
Demetrius Blackmon	USN	M-O	108.70	110.00	22	0.5907	22	105	110	117.5	117.5	102.5	112.5	117.5	117.5	235	110	117.5	137.5	137.5	372.5	220.036	2-M-O-110-PL
Blaise Badway	USA	M-T3	77.20	82.50	13	0.6987	19	170	180	-187.5	180	112.5	120	-127.5	120	300	220	227.5	232.5	232.5	532.5	372.058	1-M-T3-82.5-PL
Blaise Badway	USA	M-C	77.20	82.50	13	0.6987	19	170	180	-187.5	180	112.5	120	-127.5	120	300	220	227.5	232.5	232.5	532.5	372.058	1-M-C-82.5-PL
Troy Saunders	USAF	M-M1	91.30	100.00	20	0.6338	44	230	240	245	245	152.5	157.5	-162.5	157.5	402.5	275	285	290	290	692.5	438.907	1-M-M1-100-PL
Robert Geyer	USA	M-M1	90.90	100.00	23	0.6352	43	-175	175	-185	175	120	-125	125	125	300	195	207.5	220	220	520.0	330.304	2-M-M1-100-PL
Mark Goto	USN	M-M2	87.50	90.00	16	0.6479	51	180	-185	187.5	187.5	110	115	-117.5	115	302.5	205	210	-212.5	210	512.5	332.049	1-M-M2-90-PL
David Banker	USAF	M-M2	98.70	100.00	24	0.6118	50	-217.5	217.5	227.5	227.5	-140	140	147.5	147.5	375	217.5	227.5	237.5	237.5	612.5	374.728	1-M-M2-100-PL
Push Pull Results																							
Powerlifting Results Name	Team	Div	Bwt (kg)	WtCls (kg)	lot#	Wilks Coeff	Age	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	Sub Total	DL-1	DL-2	DL-3	Best DL	(1) PP Total	(2) Wilks Pts	Pl-Div- WtCls-Evt
Michael J. Sapudar	USAF	M-RO	88.10	90.00	17	0.6459	27					125	137.5	-147.5	137.5	137.5	212.5	227.5	237.5	237.5	375.0	242.212	1-M-RO-90-PP
Troy Saunders	USAF	M-RO	91.30	100.00	20	0.6338	44					152.5	157.5	-162.5	157.5	157.5	275	285	290	290	447.5	283.625	1-M-RO-100-PP
Troy Saunders	USAF	M-RM1	91.30	100.00	20	0.6338	44					152.5	157.5	-162.5	157.5	157.5	275	285	290	290	447.5	283.625	1-M-RM1-100-PP
Troy Saunders	USAF	M-O	91.30	100.00	20	0.6338	44					152.5	157.5	-162.5	157.5	157.5	275	285	290	290	447.5	283.625	1-M-O-100-PP
Troy Saunders	USAF	M-M1	91.30	100.00	20	0.6338	44					152.5	157.5	-162.5	157.5	157.5	275	285	290	290	447.5	283.625	1-M-M1-100-PP

Side Referee

Chief Referee

Side Referee

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Bench Press Results																							
Name	Team	Div	Bwt (kg)	WtCls (kg)	lot#	Wilks Coeff	Age	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	Sub Total	DL-1	DL-2	DL-3	Best DL	(1) Best BP	(2) Wilks Pts	PI-Div- WtCls-Evt
Rebekah Lair	USA	F-O	81.90	82.50	7	0.9034	37					92.5	97.5	102.5	102.5						102.5	92.599	1-F-O-82.5-BP
Willaim Doc Bauer	USMC	M-RM4	73.40	75.00	12	0.7235	72					70	75	-77.5	75						75.0	54.263	1-M-RM4-75-BP
Lutz Anhaus	USA	M-M3	93.30	100.00	19	0.6272	68					-405	105	-442.5	105						105.0	65.856	1-M-M3-100-BP
Troy Saunders	USAF	M-RO	91.30	100.00	20	0.6338	44					152.5	157.5	-462.5	157.5						157.5	99.823	1-M-RO-100-BP
Troy Saunders	USAF	M-RM1	91.30	100.00	20	0.6338	44					152.5	157.5	-462.5	157.5						157.5	99.823	1-M-RM1-100-BP
Troy Saunders	USAF	M-O	91.30	100.00	20	0.6338	44					152.5	157.5	-462.5	157.5						157.5	99.823	1-M-O-100-BP
David Banker	USAF	M-O	98.70	100.00	24	0.6118	50					-140	140	147.5	147.5						147.5	90.241	2-M-O-100-BP
Troy Saunders	USAF	M-M1	91.30	100.00	20	0.6338	44					152.5	157.5	-462.5	157.5						157.5	99.823	1-M-O-100-BP
Deadlift Results																							
Name	Team	Div	Bwt (kg)	WtCls (kg)	lot#	Wilks Coeff	Age	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	Sub Total	DL-1	DL-2	DL-3	Best DL	(1) Best DL	(2) Wilks Pts	PI-Div- WtCls-Evt
Troy Saunders	USAF	M-RO	91.30	100.00	20	0.6338	44										275	285	290	290	290	183.802	1-M-RO-100-DL
Troy Saunders	USAF	M-RM1	91.30	100.00	20	0.6338	44										275	285	290	290	290	183.802	1-M-RM1-100-DL
Troy Saunders	USAF	M-O	91.30	100.00	20	0.6338	44										275	285	290	290	290	183.802	1-M-O-100-DL
Troy Saunders	USAF	M-M1	91.30	100.00	20	0.6338	44										275	285	290	290	290	183.802	1-M-M1-100-DL

Side Referee

Chief Referee

Side Referee