

To whom it may concern,

This letter is being written to express my interest in becoming a member of the USAPL Executive Committee. Having been involved in USAPL/IPF powerlifting since 1999, which now includes competing or coaching in 24 IPF Worlds, I feel that I have a lot to offer to this position. I am also a past Executive Committee member.

During those years I enjoyed my experience in the world of competitive powerlifting. I enjoyed it so much that I have competed, and coached at all levels of the sport. I have trained, handled and coached every age group, at all levels of the sport from local, to international. I have also been a National Referee for almost 10 years. I have run two National meets, and more than 25 local competitions. As previously stated, I have already served on the EC in the past. Given my vast experience as an athlete, coach, referee, meet director, former EC member, as well as being a physician I believe I will be a great addition to USA Powerlifting as an EC member.

Attached is my resume.

Thank you for your consideration,

Donovan Thompson MD, FACEP, FAAEM

## Powerlifting Resume – Donovan Thompson

1. Powerlifting Coaching Experience:
  - a. World Competition – Team
    - i. 2006-2011 World Bench Press Championships
      - Head Coach
    - ii. 2013-present World Bench Press Championships
      - Assistant Coach
    - iii. 2012-present World Classic Championships
      - Session Coach
  - b. World Competition – Individual
    - i. 2015 World Classic Championships
      - Jennifer Thompson
    - ii. 2015 Masters Bench Worlds
      - Tim Anderson
      - Tammy Walker
      - JonMouzon
    - iii. 2014 World Classic Championships
      - Jennifer Thompson
    - iv. 2014 Masters Bench Worlds
      - Tim Anderson
      - Tammy Walker
      - JonMouzon
    - v. 2013 Masters Worlds
      - Jennifer Thompson
    - vi. 2012 World Classic Championships
      - Jennifer Thompson
      - Tammy Walker
      - Amanda Padget
    - vii. 2011 World Bench Press Championships
      - Dennis Cieri
      - Tim Anderson
    - viii. 2010 World Bench Press Championships
      - Dennis Cieri
      - Tim Anderson
      - Jennifer Thompson
    - ix. 2009 World Bench Press Championships
      - Dennis Cieri
      - Tim Anderson
    - x. 2008 Powerlifting World Championships
      - Jennifer Thompson
    - xi. 2008 World Bench Press Championships
      - Dennis Cieri
      - Tim Anderson
      - Gina Benton
    - xii. 2007 World Bench Press Championships
      - Jennifer Thompson
      - Dennis Cieri
      - Gina Benton

## World Competition – Individual (cont)

- xiii. 2006 World Bench Press Championships
  - Jennifer Thompson
  - Dennis Cieri
- xiv. 2004 World Bench Press Championships
  - Jennifer Thompson
  - Ralph Young
- xv. 2003 World Bench Press Championships
  - Jennifer Thompson
  - Dennis Cieri
- xvi. 2002 World Bench Press Championships
  - Jennifer Thompson
- xvii. 2001 World Bench Press Championships
  - Jennifer Thompson
- xviii. 2000 World Bench Press Championships
  - Jennifer Thompson
- xix. 1999 World Bench Press Championships
  - Jennifer Thompson

### c. Team

- i. IPF Women's Bench Press World Champion Team
- ii. IPF Men's Bench Press World Championship Team

### d. Individual

- i. Jennifer Thompson
  - IPF World Champion
  - IPF World Record Holder
  - USAPL National Champion
- ii. Dennis Cieri
  - IPF World Champion
  - IPF World Record Holder
  - USAPL National Champion
- iii. Ralph Young
  - IPF World Champion
  - IPF World Record Holder
  - USAPL National Champion
- iv. Tim Anderson
  - IPF World Champion
  - IPF World Record Holder
  - USAPL National Champion

2. Powerlifting Experience
  - a. USAPL member and competitor since 1999
  - b. Assistant State Chair USAPL-NC
  - c. USAPL National Referee
  - d. USAPL Masters National Champion
  - e. USAPL Masters Bench Press National Champion
  - f. USAPL Masters Raw National Champion
  - g. IPF Powerlifting Masters World Medalist
  - h. IPF Masters Bench Press World Medalist
  - i. USAPL EC member
3. Other
  - a. Emergency Medicine Physician
    - i. Greater than 20 years experience
    - ii. Care of acutely ill and traumatically injured patients
  - b. World Bench Press Team Physician
    - i. 2002-2009
  - c. High School Wrestling Coach
    - i. Greater than 11 years experience 1985-97
    - ii. Multiple State and National Medalists
    - iii. Multiple League and District Team Titles