



USA Powerlifting

Procedures for Submitting American Record Applications (Local & State Meets)

Please help us to expedite the processing and timely posting of American Records by following the procedures listed below:

If AR Applications are batched together we will accept 1 COPY of the following:

- Meet Sanction Document
- Scale Certification
- Official Meet Results (Results must be printed and included with the rest of the paperwork)

In Addition, the application must be filled out in full and have the following information:

- Complete Name
- Age (Birth Certificate or Government Issued ID must be included if 23 and under or 40 years of age and over)
- Weight Class Competing In
- Raw / Equipped (please use the most current AR Form attached)
- Division Record is being claimed for
- Signatures of 3 National Judges or Higher
- Signature by Drug Testing Officer
- Meet Director Signature
- Lifter Signature

NOTE –

Meet Directors – Incomplete record applications will NOT be accepted. Do not send pieces of the record process to the National Office, all supporting documents must be included. Partial applications will be returned. Inquiries by the lifters on missing records will be directed back to the meet director.

Applications are to be submitted by the Meet Director (not the lifter) to the National Office.

In order to maintain the integrity of these records and insure the accuracy of the records both lifter and meet director are responsible for the applications accuracy.

Please download the most current version of the American Record form from the USAPL website for each meet.