

2019 USAPL Bench Press Committee Report

Submission by Steve Petrencak – Committee Chair

Meeting: 3rd Annual USAPL Bench Press Committee

Date: September 9, 2018

Location/Event: Scranton, PA / 2018 USAPL Bench Press Nationals

Presenter: Steve Petrencak

I. Committee Members and Terms:

- Steve Petrencak – Chairman (2016-2019)
 - Tim Anderson (2017-2019)
 - Dave Doan (2017-2019)
 - Kevin Farley (2017-2019)
 - Dana Rosenzweig (2017-2019)
 - Jennifer Thompson (2017-2019)
 - Tammy Walker (2017-2019)
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- 3 Year Term for the Chairman; 2 Year Terms for the remaining Committee Members.
 - Terms End at the Annual Bench Press National Competitions.
 - The next voting for Committee Members will take place at the 2019 Bench Press Nationals.

II. Updated National Team Coaches and International Qualification Criteria

Main Page:

All Teams:

<http://coaching.usapowerlifting.com/international-team-selection-process-qualifying-criteria/>

Detailed Team Selection Pages:

Men's & Women's IPF Open (Classic & Equipped):

- Head Coach Classic: Bill Hennessey
 - Head Coach Equipped: Jill Arnow
- <http://coaching.usapowerlifting.com/bench-press-open/>

Men's & Women's IPF Sub Jr and Jr (Classic & Equipped):

- Head Coach Classic: Bill Hennessey
 - Head Coach Equipped: Jill Arnow
- <http://coaching.usapowerlifting.com/bench-press-sub-juniors-juniors/>

Men's & Women's IPF Masters (Classic & Equipped):

- Head Coach Classic: Steve Petrencak
 - Head Coach Equipped: Dana Rosenzweig
- <http://coaching.usapowerlifting.com/bench-press-masters/>

Men's & Women's NAPF Regional (Classic & Equipped):

- Head Coach: Mike Burns
- <http://coaching.usapowerlifting.com/napf-bench-press/>

**III. USAPL Bench Press Nationals Attendance over the last 6 years
(Data derived from unique lifter counts – excludes multiple divisions):**

2018 saw the greatest attendance in USAPL Bench Press Nationals history

- 2018 – Scranton, PA: 262 (173 Men, 89 Women)
- 2017 – Killeen, TX: 168 (118 Men, 50 Women)
- 2016 – Aurora, CO: 199 (145 Men, 54 Women)
- 2015 – Scranton, PA: 176 (140 Men, 36 Women)
- 2014 – San Antonio, TX: 157 (122 Men, 35 Women)
- 2013 – Atlanta, GA: 171 (144 Men, 27 Women)

IV. 2018 USAPL Bench Press Nationals Classic/Equipped Entries:

168 (64%) - Classic Only (50% previous year – Up 14%)
 45 (17%) - Equipped Only (36% previous year – Down 19%)
 49 (19%) - Both (14% previous year – Up 5%)

V. 2018 IPF World Bench Competition Results:

	2018 IPF Equipped		2018 IPF Classic	
	Potchefstroom, South Africa		Vantaa, Finland	
U.S.A Team Results	Women	Men	Women	Men
Sub Junior	2nd	4th	6th	9th
Junior	3rd	5th	8th	16th
Open	DNP	6th	7th	5th
Masters 1	DNP	DNP	5th	2nd
Masters 2	DNP	4th	3rd	1st
Masters 3	DNP	5th	5th	2nd
Masters 4	DNP	2nd	6th	5th

VI. Current Calendar for the annual USAPL Bench Press Nationals

- 2019 – Sioux Falls, SD – Jonathan (Jona) Leo
- 2020 – The National Office has not opened bidding yet for 2020

VII. Next Committee Meeting:

August 30, 2019 – Sioux Falls, SD