



NAPF

Bringing together drug-free regional powerlifting in North America and the Caribbean nations

Calendar

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The NAPF Calendar includes the NAPF Regional and IPF World Championships Events.

IPF Calendar of Events can be viewed [here](#):

Last Updated – Friday, April 26, 2019

- 2019
- Mar 1-3 Arnold Sports Festival
Columbus, Ohio
- Aug 5 17th NAPF North American Regional Congress/General Assembly
San Jose, Costa Rica
[Robert Keller](#) - 954.790.2249
- Aug 6-10 17th NAPF North American Regional Powerlifting Championships
San Jose, Costa Rica
[Robert Keller](#) - 954.790.2249
- Sep 18-23 17th NAPF/FESUPO Pan-American Powerlifting Championships
Montevideo, Uruguay
[Robert Keller](#) - 954.790.2249
- Oct 24-26 14th NAPF North American Regional Bench Press Championships
Bid: Panama City, Panama [Robert Keller](#) - 954.790.2249
- 2020
- Mar 6-8 Arnold Sports Festival
Columbus, Ohio
- Jul/Aug 18th NAPF North American Regional Congress/General Assembly
[Robert Keller](#) - 954.790.2249
- Jul/Aug 18th NAPF North American Regional Powerlifting Championships