



National Record (NR) Form for Event Sanction # _____ - _____ - _____

The rules governing national records (NRs) in USA Powerlifting are described in Section 7.3 of the Rulebook. For state and regional meets only, this form must be completed (including signatures) for the NR(s) to be validated. This completed form (scan, picture) must be emailed to <tech@usapowerlifting.com> within 7 days.

Event Name: _____ Date of NR attempt(s): ____/____/____

Lifter Name: _____ Sex: F M Lifter Member #: _____

Lifter Email: _____ Body Weight: _____ kg NR Weight Class: _____ kg

NR Division: Y1 Y2 Y3 T1 T2 T3 JR Open M1 M2 M3 M4 M5 M _____

Session #: _____ Platform #: _____ Lift: SQ | Attempt #: 1 2 3 | Attempt: _____ kg | raw equip.

Level of Event:
 state
 regional

Meet type:
 full meet
 single lift

Lift: BP | Attempt #: 1 2 3 | Attempt: _____ kg | raw equip.
Lift: DL | Attempt #: 1 2 3 | Attempt: _____ kg | raw equip.
Lift: TOT | Attempt #: 1 2 3 | Attempt: _____ kg | raw equip.

By signing below, we the adjudicating referees confirm that all of the requirements as described in Section 7.3 of the rulebook were met for a valid NR.

Referee (printed name & signature)	Position		Rank				Adjudicated Lift(s)			
	Chief	Side	Nat.	Sr. Nat.	Int.	Sr. Int.	SQ	BP	DL	TOT
_____	<input type="checkbox"/>									
_____	<input type="checkbox"/>									
_____	<input type="checkbox"/>									
_____	<input type="checkbox"/>									
_____	<input type="checkbox"/>									

↓ To Be Completed By Meet Director or Event Technical Secretary (TS) ↓

- If an open NR (equipped or raw) was set, lifter was drug tested. (circle one): Y N N/A (not applicable)
- If an age-based NR was set, proof of age confirmed (see below). (circle one): Y N N/A (not applicable)

DOB: ____ / ____ / ____ Age: ____ Driver's License Passport Other: _____

Official's Name: _____ Official's Signature: _____