

USA Powerlifting National Referee Exam - Practical Scoresheet

Candidate Name: _____ Email: _____

Candidate Address (City, State): _____ Phone: (____) _____

Practical Exam Date: ____/____/____ Written Exam Complete Member #: _____ Member Exp. Year: ____

Event Name: _____ Event Sanction #: _____

Examiner **agrees** with decision:

Examiner **disagrees** with decision:

Notes: 1) Only completed attempts where a referee judgment is required are to be scored on this exam sheet. 2) Exam is to take place in the side referee position or close vicinity.

Squat (40 attempts)

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	
21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40	

Examiner: _____ Int. Sr. Int.

Bench Press (30 attempts)

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
16	17	18	19	20	21	22	23	24	25	26	27	28	29	30

Examiner: _____ Int. Sr. Int.

Deadlift (30 attempts)

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
16	17	18	19	20	21	22	23	24	25	26	27	28	29	30

Examiner: _____ Int. Sr. Int.

Enter the number of attempts examiner disagreed with [X] candidate's call as "# Missed" below:

Missed SQ: _____ + # Missed BP: _____ + # Missed DL: _____ = Total missed: _____

National Practical Exam

Must Submit Results Within 24 Hours At: usapowerlifting.com/technical